

24ème COURSE PEDESTRE POPULAIRE Sâles 2018

Coupe " La Gruyère " & " Coupe Fribourgeoise "

Course à pieds "À TRAVERS SÂLES"

Résultats scratch 8,030 Km

Clf	Dos.	Nom et prénom	AN	Domicile/Club	(Clf)	CAT	Temps	Ecart
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Scratch mixte 8,030 Km

1	274	SCHOUWEY Jérémy	1991	CS Hauteville / Team Scott	(1)	M20	26:02.4	
2	486	JENNY Adrian	1979	TV Wünnewil	(2)	M20	26:16.9	14.5
3	153	HUBER Erich	1981	LAT Sense	(3)	M20	26:34.3	31.9
4	17	BERSET Pascal	1985	CAG Farvagny	(4)	M20	26:43.2	40.8
5	164	JUILLERAT Romain	1996	CS Le Mouret	(5)	M20	26:52.0	49.6
6	376	GIRARD Damien	1992	CARC Romont	(6)	M20	26:55.1	52.7
7	203	MORGADO Mário	1975	CA Portugais Fribourg	(1)	M40	26:58.7	56.3
8	13	BAGHIN Fabio	1984	trilogie sport tri fribourg	(7)	M20	27:11.3	1:08.9
9	139	GRIVEL Robin	1996	CS Hauteville	(8)	M20	27:16.5	1:14.1
10	537	CARDINAUX Pierre-Yves	1986	CS Vallée du Flon	(9)	M20	27:33.1	1:30.7
11	510	BOUZON Daniel	1972	Team Bouzon	(2)	M40	27:34.4	1:32.0
12	303	TORCHE Julien	1999	Athletic Team Rechthalten	(1)	M19	27:37.3	1:34.9
13	34	BRÜGGER Werner	1975	Athletic Team Rechthalten	(3)	M40	27:42.4	1:40.0
14	496	PERRET Jean-Jacques	1999	B3 Bulle Triathlon	(2)	M19	28:04.4	2:02.0
15	91	DEMIERRE Stéphane	1990	Romont	(10)	M20	28:16.8	2:14.4
16	240	REICHENBACH Hans	1979	LAT Sense	(11)	M20	28:21.5	2:19.1
17	282	SIMONET David	1994	CA Belfaux	(12)	M20	28:22.4	2:20.0
18	383	MINNIG Hugo	1993	CS Hauteville	(13)	M20	28:30.4	2:28.0
19	226	PINELA Mario	1969	CA Portugais Fribourg	(4)	M40	28:38.9	2:36.5
20	179	MARCHON Thierry	1993	CAG Farvagny / Trilogie Sport	(14)	M20	28:40.2	2:37.8
21	125	GLANNAZ Olivier	1977	CAG Farvagny	(5)	M40	28:42.0	2:39.6
22	306	UDRY Matthias	1988	LAT Sense	(15)	M20	28:43.4	2:41.0
23	490	GREMAUD Simon	1998	Athletic Team Rechthalten	(16)	M20	28:45.2	2:42.8
24	524	L'HOMME Jean-.Joseph	1965	Team Castella Sports	(1)	M50	28:59.2	2:56.8
25	518	MAURON Vincent	1984	CARC Romont	(17)	M20	29:02.8	3:00.4
26	345	PASQUIER Max	1998	FSG Sâles	(18)	M20	29:08.0	3:05.6
27	368	PERISSET Claude	1981	Estavayer-le-Lac	(19)	M20	29:10.8	3:08.4
28	317	VONLANTHEN Mario	1971	Athletic Team Rechthalten	(6)	M40	29:15.6	3:13.2
29	6	ALMEIDA Carlos	1979	Vuadens	(20)	M20	29:17.3	3:14.9
30	266	SAVARY Antonin	2002	CS Marsens	(1)	MCA	29:25.6	3:23.2
31	305	TSCHOPP Sebastian	1985	LAT Sense	(21)	M20	29:26.7	3:24.3
32	564	STURNY Florian	1982	LAT Sense	(22)	M20	29:27.7	3:25.3
33	542	DOISNEAU Alexandre	1987	Castella-Sports	(23)	M20	29:29.0	3:26.6
34	61	COLLIARD Laura	1988	ADN Coaching	(1)	F20	29:32.0	3:29.6
35	525	BOURQUI Benoît	1974	CARC Romont	(7)	M40	29:36.3	3:33.9
36	222	PICCAND Cédric	1975	CAG Farvagny	(8)	M40	29:37.4	3:35.0
37	386	L'HOMME Yan	1999	Team VTT BMC Fribourg	(3)	M19	29:38.1	3:35.7
38	481	SCHALLER Marc	1994	CA Marly	(24)	M20	29:38.6	3:36.2
39	124	GINDRAT-KELLER Isabell	1989	LAT Sense	(2)	F20	29:39.5	3:37.1
40	288	STOTZER Sylvain	1972	Fribourg	(9)	M40	29:41.8	3:39.4
41	221	PHILIPONA Tristen	1998	Athletic Team Rechthalten	(25)	M20	29:45.9	3:43.5
42	409	GREMAUD Lucas	1997	CS Hauteville	(26)	M20	29:47.9	3:45.5
43	70	CURRAT Marie	2004	cloros team	(1)	FCB	29:53.1	3:50.7
44	53	CHAUDOYE Fabien	1983	B3 Bulle Triathlon	(27)	M20	29:54.5	3:52.1
45	41	BULLIARD Thibault	2002	CS Hauteville	(2)	MCA	29:55.6	3:53.2

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Cl	Dos.	Nom et prénom	AN	Domicile/Club	(Cl)	CAT	Temps	Ecart
46	511	GUILLAUME Gilles	1977	Gâteau du Vully	(10)	M40	29:58.1	3:55.7
47	479	PITTET André	1961	CS Vallée du Flon	(2)	M50	29:59.4	3:57.0
48	246	RIME Didier	1978	Fournitech Running Team	(11)	M40	30:01.2	3:58.8
49	18	BERSET Julien	1981	Bulle	(28)	M20	30:02.1	3:59.7
50	72	CURRAT Nicolas	2001	cloros team	(3)	MCA	30:03.0	4:00.6
51	154	HULLIGER Regula	1979	Athletic Team Rechthalten	(3)	F20	30:05.2	4:02.8
52	475	BARRAS François	1998	La Berra	(29)	M20	30:06.8	4:04.4
53	130	GOETSCHMANN Tobias	1996	CA Farvagny Gibloux	(30)	M20	30:07.3	4:04.9
54	57	CLERC Florian	1977	CAGF Farvagny	(12)	M40	30:08.4	4:06.0
55	279	SEYDOUX Laurent	1985	FSG Sâles	(31)	M20	30:10.8	4:08.4
56	485	ROUILLER David	1978	Champéry	(13)	M40	30:11.5	4:09.1
57	166	KESSLER Nicolas	1974	CARC Romont	(14)	M40	30:12.4	4:10.0
58	242	REPOND Ambroise	2001	Marsens	(4)	MCA	30:13.8	4:11.4
59	255	ROUBATY Quentin	1997	CS Le Mouret	(32)	M20	30:14.7	4:12.3
60	191	MESOT Jean-Pierre	1969	CS Vallée du Flon	(15)	M40	30:15.3	4:12.9
61	272	SCHNYDER Simon	1976	CA Gibloux-Farvagny	(16)	M40	30:16.4	4:14.0
62	149	HEIMLICHER Teres	1985	LAT Sense	(4)	F20	30:19.1	4:16.7
63	171	KOLLY Eric	1966	Rossens	(3)	M50	30:19.7	4:17.3
64	122	GIANELLA Fabio	1965	Gateau du Vully	(4)	M50	30:23.6	4:21.2
65	243	RIBEIRO Albino	1968	CA Portugais Fribourg	(5)	M50	30:24.3	4:21.9
66	119	GAY Bastien	1998	SC Grattavache - Le Crêt	(33)	M20	30:26.0	4:23.6
67	143	GUILLET Laurent	1967	CA Marly	(6)	M50	30:35.7	4:33.3
68	207	NOTTURNO Pietro	1985	Les RunArts	(5)	F20	30:37.9	4:35.5
69	526	OBERSON Robin	1998	Team sans pression	(34)	M20	30:38.8	4:36.4
70	199	MORARD Quentin	2001	CS Marsens	(5)	MCA	30:40.2	4:37.8
71	400	FROSSARD Maverik	1994	FSG Charmey	(35)	M20	30:45.7	4:43.3
72	515	PACHE Jean-Claude	1965	Team Castella Sports	(7)	M50	30:48.6	4:46.2
73	233	PORÕES Benjamim	1966	CA Portugais Fribourg	(8)	M50	30:50.9	4:48.5
74	284	SONNEY Jean-Pierre	1969	CS Vallée du Flon	(17)	M40	30:51.8	4:49.4
75	196	MONTEIRO Filipe	1974	LAT Sense	(18)	M40	30:53.2	4:50.8
76	126	GLARDON Denis	1965	Bulle	(9)	M50	30:57.3	4:54.9
77	229	POCHON Frédéric	1973	CS Hauteville	(19)	M40	30:59.0	4:56.6
78	392	PILLOUD Olivier	1978	SABulle	(20)	M40	31:03.4	5:01.0
79	528	MERCIER Yoann	1990	CS Le Pâquier	(36)	M20	31:11.9	5:09.5
80	467	SCAIOLA Jean-Philippe	1975	Vuadens	(21)	M40	31:24.8	5:22.4
81	372	SCHUWEY Mylène	1995	SABulle	(6)	F20	31:29.4	5:27.0
82	128	GOBET Gilles	1983	FSG Sâles	(37)	M20	31:30.0	5:27.6
83	462	PASQUIER Christophe	1980	CS Marsens	(38)	M20	31:33.9	5:31.5
84	52	CHASSOT Sebastien	1974	la Sportiva	(22)	M40	31:36.1	5:33.7
85	19	BERSET Xavier	1978	CA Belfaux	(23)	M40	31:37.3	5:34.9
86	175	KRUMMEN Thomas	1987	TV Bösingen	(39)	M20	31:37.9	5:35.5
87	399	DARDANO Florian	1995	FSG Charmey	(40)	M20	31:39.4	5:37.0
88	155	ILLAN Emile	1999	Bulle	(4)	M19	31:49.2	5:46.8
89	393	GREMAUD Maxime	1991	Les Coureurs du dimanche	(41)	M20	31:50.3	5:47.9
90	267	SCHALLER Damien	1992	CA Marly	(42)	M20	31:53.3	5:50.9
91	493	NYDEGGER Beat	1961	Athletic Team Rechthalten	(10)	M50	31:54.0	5:51.6
92	210	OBERSON Cyril	1999	FC La Sionge	(5)	M19	31:54.8	5:52.4
93	459	THOMAS BERNARDO Camille	1986	SABulle	(7)	F20	31:56.2	5:53.8
94	141	GROGNOZ Vincent	1994	CS Vallée du Flon	(43)	M20	31:57.6	5:55.2

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95	534	ULDRY Augustin	1998	UHC Treyvaux	(44)	M20	31:58.3	5:55.9
96	148	HAYOZ Erwin	1963	CA Portugais Fribourg	(11)	M50	31:59.8	5:57.4
97	298	TERREAUX Bernard	1952	CAG Farvagny	(1)	M60	32:03.0	6:00.6
98	375	YERLY Simon	1988	La Dza Running Club	(45)	M20	32:04.5	6:02.1
99	12	BACHMANN Jean-Bernard	1962	CA Marly	(12)	M50	32:05.0	6:02.6
100	506	LIARD Arnaud	1992	FSG Sâles	(46)	M20	32:05.5	6:03.1
101	336	OLIVEIRA Paulo	1975	Trail TTT	(24)	M40	32:06.7	6:04.3
102	501	OBERSON DERVEY Laetitia	1982	Fournitech Running Team	(8)	F20	32:16.3	6:13.9
103	314	VOLERY Hervé	1997	Bulle	(47)	M20	32:19.0	6:16.6
104	530	SPICHER David	1970	LAT Sense	(25)	M40	32:21.5	6:19.1
105	498	TRAINA Manuela	1982	Athletic Team Rechthalten	(9)	F20	32:24.1	6:21.7
106	260	SANTOS Paulo	1977	CA Portugais Fribourg	(26)	M40	32:25.1	6:22.7
107	470	COSTA Albino		CA Fribourg	(13)	M50	32:26.7	6:24.3
108	495	GENDRE Quentin	1994	Run like a fake slow	(48)	M20	32:28.0	6:25.6
109	500	PITTET Rodolphe	1990	La Dza Running Club	(49)	M20	32:30.6	6:28.2
110	371	SUGNAUX Juliane	1986	Les Diablerets	(10)	F20	32:33.2	6:30.8
111	499	FONTANA Stephan	1975	Athletic Team Rechthalten	(27)	M40	32:41.6	6:39.2
112	559	CAMP Zacary	1999	Payerne	(6)	M19	32:42.6	6:40.2
113	80	DEILLON Anthony	1996	CS Vallée du Flon	(50)	M20	32:43.4	6:41.0
114	382	MINNIG Maëlle	1995	CS Hauteville	(11)	F20	32:45.1	6:42.7
115	220	PHILIPONA Alec	2000	Athletic Team Rechthalten	(7)	M19	32:48.1	6:45.7
116	142	GUILLEBEAU Michel	1974	LAT Sense	(28)	M40	32:48.9	6:46.5
117	295	TERCIER Frédéric	1977	Ethèvenin Running	(29)	M40	32:49.5	6:47.1
118	410	MORAND Arthur	2000	Vuippens	(8)	M19	32:50.1	6:47.7
119	253	ROSSI Etienne	2004	CS Hauteville	(1)	MCB	32:51.7	6:49.3
120	227	PITTET Céline	1993	CS Vallée du Flon	(12)	F20	32:52.8	6:50.4
121	522	BERSET Philippe	1978	CAG Farvagny	(30)	M40	32:58.4	6:56.0
122	37	BUCHS Marco	1985	CS Marsens	(51)	M20	32:59.2	6:56.8
123	1	GUISOLAN David	1975	FSG Sales	(31)	M40	33:01.1	6:58.7
124	367	ALONSO Hugo	1998	Sâles	(52)	M20	33:02.4	7:00.0
125	294	SUDAN Nadia	1974	SABulle	(1)	F40	33:03.6	7:01.2
126	178	LIARD Bruno	1998	FSG Sâles	(53)	M20	33:04.8	7:02.4
127	98	DESPRÉS Florent	2000	Pédale bulloise	(9)	M19	33:09.4	7:07.0
128	202	MORGADO Madalena	1978	CA Portugais Fribourg	(2)	F40	33:11.0	7:08.6
129	412	ANDREY Fabien	1999	Vuippens	(10)	M19	33:15.7	7:13.3
130	182	MARTINEZ Jean	1958	SABulle	(2)	M60	33:17.2	7:14.8
131	144	GUISAN Thibaud	1983	Fribourg	(54)	M20	33:19.4	7:17.0
132	68	CRAUSAZ Yann	2001	CS Hauteville	(6)	MCA	33:20.4	7:18.0
133	167	KOLLY Kevin	1995	CS Hauteville	(55)	M20	33:22.1	7:19.7
134	563	SAVARY Léo	2002	FSG Sâles	(7)	MCA	33:23.4	7:21.0
135	460	CURRAT Cédric	1973	Cloros team	(32)	M40	33:24.2	7:21.8
136	108	FLORIO Nicolas	1994	CS Marsens	(56)	M20	33:25.6	7:23.2
137	51	CHAPPUIS Michel	1954	CAGF Farvagny	(3)	M60	33:26.5	7:24.1
138	2	AEBISCHER Adrian	1974	TSV Heitenried	(33)	M40	33:27.4	7:25.0
139	520	DROUX Daniel	1979	CS Marsens	(57)	M20	33:29.6	7:27.2
140	478	MOOSER Alexandre	1973	Fribourg	(34)	M40	33:31.5	7:29.1
141	219	PETITE Xavier	1970	ACP Matran	(35)	M40	33:33.2	7:30.8
142	304	TRABA Fatima	1966	LAT Sense	(1)	F50	33:38.3	7:35.9
143	531	LUNEAU Joël	1991	Les Coureurs du dimanche	(58)	M20	33:39.2	7:36.8

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144	529	BÜRGISSER Beat	1971	LAT Sense	(36)	M40	33:40.4	7:38.0
145	223	PICCAND Gabriel	1954	CAG Farvagny	(4)	M60	33:42.7	7:40.3
146	553	TCHEAU Alain	1969	La Tour de Trême	(37)	M40	33:45.0	7:42.6
147	100	DUFFEY Cedric	1982	La Tour-de-Treme	(59)	M20	33:49.2	7:46.8
148	36	BRÜLHART Benoît	1965	CAG Farvagny	(14)	M50	33:50.9	7:48.5
149	352	SALAMIN Colin	2003	Triviera Kids	(2)	MCB	33:53.7	7:51.3
150	261	SANTOS Amadeu	1964	CA Portugais Fribourg	(15)	M50	33:55.9	7:53.5
151	158	JENNY Peter	1951	LAT Sense	(5)	M60	33:57.9	7:55.5
152	89	DELACRÉTAZ Christian	1972	Roche	(38)	M40	33:58.5	7:56.1
153	482	PANCHAUD Norbert	1975	CS Hauteville	(39)	M40	33:59.7	7:57.3
154	483	GRANGER Raphaël	1974	Muraz	(40)	M40	34:04.7	8:02.3
155	332	PASQUIER Vincent	1987	UHC Sâles	(60)	M20	34:08.0	8:05.6
156	173	KOLLY Thomas	2003	CS Hauteville	(3)	MCB	34:08.6	8:06.2
157	11	AYER Serge	1965	CAG Farvagny	(16)	M50	34:10.0	8:07.6
158	192	METTRAUX Loris	2002	Neyruz	(8)	MCA	34:13.3	8:10.9
159	195	MONNEY Maxime	1990	Bulle	(61)	M20	34:16.4	8:14.0
160	532	FAHRNI Michaël	1986	Rapide La Sionge	(62)	M20	34:19.3	8:16.9
161	138	GREMION Lionel	1996	Pringy	(63)	M20	34:20.1	8:17.7
162	320	WEISSMÜLLER Markus	1960	TV Bösinggen	(17)	M50	34:20.9	8:18.5
163	461	GAMEIRO Tiago	1990	Marsens	(64)	M20	34:23.2	8:20.8
164	521	PURRO Adrien	1989	CA Treyvaux	(65)	M20	34:24.1	8:21.7
165	566	ULRICH Marjorie	1975	CSVF	(3)	F40	34:24.6	8:22.2
166	4	AEBY Patrik	1972	Giffers	(41)	M40	34:25.1	8:22.7
167	247	RISSE Lucas	2004	SABulle	(4)	MCB	34:25.6	8:23.2
168	512	DOUSSE Kevin	1991	Avry-devant-Pont	(66)	M20	34:26.0	8:23.6
169	109	FRAGNIÈRE Noémie	1990	SABulle	(13)	F20	34:27.9	8:25.5
170	212	ODY Damien	1971	CS Marsens	(42)	M40	34:31.4	8:29.0
171	117	GAVILLET Philippe	1966	CAG Farvagny	(18)	M50	34:37.1	8:34.7
172	337	PROGIN Michel	1987	Vuadens	(67)	M20	34:40.8	8:38.4
173	163	JOYE Philippe	1964	CARC Romont	(19)	M50	34:43.0	8:40.6
174	78	DE PAUW Kurt	1971	CAGF Farvagny	(43)	M40	34:44.1	8:41.7
175	494	VALLELIAN Danick	1991	Les Coureurs du dimanche	(68)	M20	34:45.9	8:43.5
176	31	BRODARD GUILLET Nathalie	1978	Echarlens	(4)	F40	34:47.0	8:44.6
177	275	SCHOUWEY Yoann	2004	CS Hauteville	(5)	MCB	34:49.7	8:47.3
178	369	BOUCHU Aude	1986	ADN Coaching	(14)	F20	34:51.3	8:48.9
179	58	CLERC Thierry	1973	Vuadens	(44)	M40	34:52.7	8:50.3
180	45	CARVALHO Conceição	1973	CA Portugais Fribourg	(5)	F40	34:53.7	8:51.3
181	225	PILLONEL Sylvie	1972	A Travers Cugy	(6)	F40	34:54.5	8:52.1
182	268	SCHALLER Claude	1967	La Tour-de-Trême	(20)	M50	34:55.5	8:53.1
183	187	MENOUD Sébastien	1992	Maules	(69)	M20	34:56.3	8:53.9
184	519	MAURON Gérard	1956	CARC Romont	(6)	M60	35:01.6	8:59.2
185	290	STRITT Karl	1950	LAT Sense	(7)	M60	35:06.7	9:04.3
186	350	COURTIN Brigitte	1973	Grandvillard	(7)	F40	35:07.7	9:05.3
187	509	CHOLLET Léon	2000	Les Ours	(11)	M19	35:13.6	9:11.2
188	406	RICHOZ Nicolas	1983	Vuistemens-devant-Romont	(70)	M20	35:14.4	9:12.0
189	538	WISSMÜLLER Baptiste	2002	CS Marsens	(9)	MCA	35:15.6	9:13.2
190	44	CARRILLO José Jésus	1957	SABulle	(8)	M60	35:23.8	9:21.4
191	251	ROMANENS Daniel	1966	CS Marsens	(21)	M50	35:24.9	9:22.5
192	536	BUCLIN Simon	2002	CS Marsens	(10)	MCA	35:28.0	9:25.6

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193	206	NEVES Geraldo	1975	CA Portugais Fribourg	(45)	M40	35:29.1	9:26.7
194	209	OBERSON Nicolas	2000	Sorens	(12)	M19	35:30.0	9:27.6
195	156	ISAAK-MAURON Evelyne	1973	LAT Sense	(8)	F40	35:30.8	9:28.4
196	140	GRIVEL Jean-Louis	1964	CS Marsens	(22)	M50	35:31.8	9:29.4
197	473	SCHUWEY Laurent	1974	SC Im Fang	(46)	M40	35:32.3	9:29.9
198	213	PASQUIER Loïc	2000	CS Marsens	(13)	M19	35:32.8	9:30.4
199	224	PILLER David	1996	Pont-la-ville	(71)	M20	35:33.3	9:30.9
200	338	GIMENEZ Arnaud	2002	Sâles	(11)	MCA	35:35.7	9:33.3
201	484	TURIN Daniel	1973	Swiss Facilities	(47)	M40	35:36.8	9:34.4
202	71	CURRAT Sarah	2003	cloros team	(2)	FCB	35:38.9	9:36.5
203	161	JORDAN Michel	1964	CS Marsens	(23)	M50	35:41.0	9:38.6
204	228	PITTET Mireille	1978	Chézard	(9)	F40	35:42.6	9:40.2
205	414	SCHORNOZ Alison	2000	Avenches	(1)	F19	35:49.2	9:46.8
206	106	FLEURY Jeanine	1967	CARC Romont	(2)	F50	35:51.1	9:48.7
207	324	YERLY Elsa	2003	Sâles	(3)	FCB	35:56.8	9:54.4
208	411	PASQUIER Arnaud	1997	Estavannens	(72)	M20	35:58.0	9:55.6
209	492	GACHOUD Frederic	1966	CSVF	(24)	M50	35:59.5	9:57.1
210	497	FROSSARD Chantal	1973	SABulle	(10)	F40	36:00.0	9:57.6
211	162	JOYE Denis	1973	CARC Romont	(48)	M40	36:00.5	9:58.1
212	59	CLÉMENT Georges	1971	CS Hauteville	(49)	M40	36:01.3	9:58.9
213	550	MENOUD Florian	1987	Romanens	(73)	M20	36:04.0	10:01.6
214	407	SCHAER Joris	1997	Avry	(74)	M20	36:05.0	10:02.6
215	281	SILVA Anabela	1973	CA Portugais Fribourg	(11)	F40	36:05.6	10:03.2
216	541	BEAUD Kévin	1992	Etoile Sport de Vuivui	(75)	M20	36:06.2	10:03.8
217	111	FREIBURGHaus Philippe	1964	ACP Matran	(25)	M50	36:07.3	10:04.9
218	181	MARET Stéphane	1966	CA Belfaux	(26)	M50	36:08.2	10:05.8
219	540	CHARRIERE Florent	1991	La Dza Running Club	(76)	M20	36:09.9	10:07.5
220	200	MORET Baptiste	1987	Bulle	(77)	M20	36:10.9	10:08.5
221	404	MAUROUX Patrice	1961	ACP Matran	(27)	M50	36:12.1	10:09.7
222	69	CUENI Peter	1953	Bösingen	(9)	M60	36:13.8	10:11.4
223	174	KOLLY Arnaud	2002	CS Hauteville	(12)	MCA	36:15.0	10:12.6
224	169	KOLLY Jacques	1972	ACP Matran	(50)	M40	36:16.1	10:13.7
225	328	ZUEBLIN Boris	1987	Riaz	(78)	M20	36:17.1	10:14.7
226	322	WYSSMÜLLER Martin	1969	CS Marsens	(51)	M40	36:18.6	10:16.2
227	256	ROULET Vincent	1977	Fiaugères	(52)	M40	36:19.6	10:17.2
228	84	DELABAYS Marc	1972	CARC Romont	(53)	M40	36:20.6	10:18.2
229	159	JOLLIET Julien	1986	SABulle	(79)	M20	36:22.7	10:20.3
230	413	GAPANY Clément	1997		(80)	M20	36:24.6	10:22.2
231	145	HANK Babette	1974	FSG Bulle	(12)	F40	36:25.7	10:23.3
232	302	TOLLENAAR Camille	1999	B3 Bulle Triathlon	(2)	F19	36:29.1	10:26.7
233	327	ZBINDEN Josef	1948	LAT Sense	(1)	M70	36:32.9	10:30.5
234	391	LEVRAT Marie	1998	Team sans pression	(15)	F20	36:33.6	10:31.2
235	278	SCIBOZ WICHT Janique	1969	SABulle	(13)	F40	36:35.1	10:32.7
236	297	TERRAPON Georgette	1961	Csvf	(3)	F50	36:36.7	10:34.3
237	539	ROBADEY Jacques		FSG Bulle	(28)	M50	36:40.1	10:37.7
238	33	BRUNISHOLZ Patrick	1987	LAT Sense	(81)	M20	36:43.0	10:40.6
239	238	RAST Jacques	1948	CA Portugais Fribourg	(2)	M70	36:45.5	10:43.1
240	150	HERMANN Jean-Michel	1956	Givisiez	(10)	M60	36:46.4	10:44.0
241	329	ZURKINDEN Andreas	1965	LAT Sense	(29)	M50	36:47.4	10:45.0

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242	277	SCHWARTZ Valérie	1998	Athletic Team Rechthalten	(16)	F20	36:48.3	10:45.9
243	239	REGLI Dena	1993	Bulle	(17)	F20	36:49.0	10:46.6
244	270	SCHEURER Isabelle	1972	CARC Romont	(14)	F40	36:49.8	10:47.4
245	477	MEYER Emile	2001	Sâles	(13)	MCA	36:53.9	10:51.5
246	177	L'HOMME Emma	1994	GLOBULL	(18)	F20	36:54.5	10:52.1
247	263	SANTOS Celestino	1955	CA Portugais Fribourg	(11)	M60	36:57.4	10:55.0
248	548	KOLLY Carole	1988	Vuisternens-en-Ogoz	(19)	F20	36:59.2	10:56.8
249	146	HASSLER Adrien	2003	FC La Sionge	(6)	MCB	37:01.1	10:58.7
250	347	CHOLLET Michel	1969	FSG Sâles	(54)	M40	37:04.1	11:01.7
251	514	MOOSER André	1965	CARC Romont	(30)	M50	37:05.7	11:03.3
252	46	CASTELLA Valentin	1984	Pringy	(82)	M20	37:07.6	11:05.2
253	315	VON DER FORST Alexander	1967	ÇA Gibloux Farvagny	(31)	M50	37:10.6	11:08.2
254	107	FLEURY Jacques	1963	CARC Romont	(32)	M50	37:11.4	11:09.0
255	137	GREMAUD Mathilde	2003	CS Marsens	(4)	FCB	37:12.0	11:09.6
256	472	MARRO Olivier	1975	CS Marsens	(55)	M40	37:12.5	11:10.1
257	325	ZBINDEN Hermann	1953	LAT Sense	(12)	M60	37:13.1	11:10.7
258	48	CASTELLA Joseph	1962	CS Neirivue	(33)	M50	37:13.6	11:11.2
259	273	SCHOUWEY Mathilde	1995	SABulle	(20)	F20	37:14.3	11:11.9
260	280	SIGRIST Frédéric	1975	La Tour-de-Trême	(56)	M40	37:15.1	11:12.7
261	471	SOARES Augusto		CAPF	(34)	M50	37:15.7	11:13.3
262	348	FAHRNI Sébastien	1991	Sâles	(83)	M20	37:16.4	11:14.0
263	349	ESPOSTO Jeremy (2005)	2004	Chavannes Les Forts	(7)	MCB	37:18.1	11:15.7
264	545	FABBRO Maxime	1993	Blonay	(84)	M20	37:18.8	11:16.4
265	42	BURNET Eric	1960	ACP Matran	(35)	M50	37:19.4	11:17.0
266	517	SUCHET Denis	1981	Cottens	(85)	M20	37:24.6	11:22.2
267	245	RICHOZ Pascal	1971	CARC Romont	(57)	M40	37:25.7	11:23.3
268	455	SAUTEUR Laurent	1971	Semsales	(58)	M40	37:27.9	11:25.5
269	565	YERLY David	1991	La Tour-de-Trême	(86)	M20	37:29.1	11:26.7
270	554	CRAUSAZ Sven	2003	CS Hauteville	(8)	MCB	37:30.0	11:27.6
271	341	SEYDOUX Matthieu	1994	Sâles	(87)	M20	37:31.1	11:28.7
272	188	MENOUD Kevin	1980	Les RunArts	(88)	M20	37:32.5	11:30.1
273	50	CAVILLIER Claudine	1967	CS Vallée du Flon	(4)	F50	37:33.7	11:31.3
274	131	GOLLIARD Olivier	1988	UHC Sâles	(89)	M20	37:36.6	11:34.2
275	555	PONCET Pierre-Yves	1970	FSG Sâles	(59)	M40	37:38.2	11:35.8
276	147	HASSLER Nicolas	1971	FSG Sâles	(60)	M40	37:40.3	11:37.9
277	480	PITTET Lionel	2000	FC La Sionge	(14)	M19	37:43.8	11:41.4
278	504	GENOUD Christophe	1968	SABulle	(36)	M50	37:46.0	11:43.6
279	269	SCHALLER Anita	1962	CA Marly	(5)	F50	37:48.6	11:46.2
280	549	MAGNIN Pascal	1970	Broc	(61)	M40	37:51.3	11:48.9
281	66	CRAUSAZ Dunia	2003	CS Hauteville	(5)	FCB	37:53.0	11:50.6
282	265	SAVARY Maëlle	2003	CS Marsens	(6)	FCB	37:55.1	11:52.7
283	373	SAVARY Lauriane	1992	Sâles	(21)	F20	37:56.3	11:53.9
284	343	COMTE Pierre	1967	FSG Broc	(37)	M50	37:58.6	11:56.2
285	194	MICHEL Rémy	1957	CA Portugais Fribourg	(13)	M60	38:00.2	11:57.8
286	8	ANGÉLOZ Henri	1964	CA Portugais Fribourg	(38)	M50	38:03.1	12:00.7
287	99	DUBEY Nadia	1981	Club A Travers Cugy	(22)	F20	38:04.2	12:01.8
288	216	PAUCHARD Bruno	1949	TV Bösingen	(14)	M60	38:05.4	12:03.0
289	394	AUDERGON Monique	1982	La Joux	(23)	F20	38:06.1	12:03.7
290	351	ARNAUD Raphaëlle	1976	SABulle	(15)	F40	38:06.9	12:04.5

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291	205	NEUHAUS Brigitte	1971	Athletic Team Rechthalten	(16)	F40	38:09.7	12:07.3
292	104	ESPOSTO Giacomo	1978	Chavannes Les Forts	(62)	M40	38:10.4	12:08.0
293	354	GRECA Josef	1957	CAG Rossens	(15)	M60	38:13.3	12:10.9
294	551	SAVARY Laurent	1971	CS Marsens	(63)	M40	38:15.5	12:13.1
295	190	MERTENAT Emmanuel	1989	Marsens	(90)	M20	38:17.7	12:15.3
296	468	WALDMEYER Jana	1956	CAG Farvagny	(1)	F60	38:18.2	12:15.8
297	184	MAURON Pierre	1972	Sâles	(64)	M40	38:24.6	12:22.2
298	183	MAURON Romain	2004	Sâles	(9)	MCB	38:26.0	12:23.6
299	93	DEMIERRE Richard	1972	Châtel-St-Denis	(65)	M40	38:26.5	12:24.1
300	360	RUFFIEUX Thibault	2004	Maules	(10)	MCB	38:27.1	12:24.7
301	97	DESCLOUX Marcel	1948	CS Marsens	(3)	M70	38:27.7	12:25.3
302	113	GABAGLIO Emilia	1975	CA Belfaux	(17)	F40	38:28.3	12:25.9
303	507	GIRARD Jean-Daniel	1960	Lieffrens	(39)	M50	38:31.7	12:29.3
304	39	BUCLIN Hyun	1971	Marsens	(66)	M40	38:32.8	12:30.4
305	3	AEBISCHER Marie-Madeleine	1965	Heitenried	(6)	F50	38:33.7	12:31.3
306	326	ZBINDEN Marius	1950	LAT Sense	(16)	M60	38:36.7	12:34.3
307	231	PORCHET Frédéric	1975	Vaulruz	(67)	M40	38:37.8	12:35.4
308	527	RAEMY Nadia	1979	La Joux	(24)	F20	38:39.4	12:37.0
309	110	FRAGNIÈRE Ursula	1968	CS Marsens	(7)	F50	38:40.4	12:38.0
310	457	PASQUIER Brigitte	1969	FSG Sâles	(18)	F40	38:43.9	12:41.5
311	508	WENGER Roland	1989	Ponthaux	(91)	M20	38:49.6	12:47.2
312	94	DESCHENAUX Amandine	2000	Sansoucis-Echarlens	(3)	F19	38:53.6	12:51.2
313	476	CUENNET Yvon	1971	Procap Sport Broye	(68)	M40	38:56.1	12:53.7
314	35	BRÛLHART Cédric	1972	Les Lions	(69)	M40	38:58.6	12:56.2
315	116	GAUDARD Olivier	1981	Sâles	(92)	M20	38:59.4	12:57.0
316	296	TERCIER Michel	1949	La Villette	(17)	M60	39:00.1	12:57.7
317	235	PROGIN Karin	1977	Vuadens	(19)	F40	39:01.0	12:58.6
318	252	ROMANENS SCAIOLA Nathalie	1976	Vuadens	(20)	F40	39:02.2	12:59.8
319	397	CORMINBOEUF-GENOUD Angélique	1973	SABulle	(21)	F40	39:03.9	13:01.5
320	193	MICHEL Aurélie	1988	Lundi 6h	(25)	F20	39:04.6	13:02.2
321	129	GOBET Didier	1963	CAGF Farvagny	(40)	M50	39:05.3	13:02.9
322	170	KOLLY Christian	1967	CAGF Farvagny	(41)	M50	39:06.3	13:03.9
323	523	SCHNEUWLY Michael	1961	LAT Sense	(42)	M50	39:07.6	13:05.2
324	408	OBERSON Christophe	1972	Sâles	(70)	M40	39:11.0	13:08.6
325	208	NYDEGGER Regina	1982	LAT Sense	(26)	F20	39:13.8	13:11.4
326	346	GREMAUD Jane	1990	Vuadens	(27)	F20	39:16.6	13:14.2
327	359	BRAILLARD Gabriel	1949	CS Vallée du Flon	(18)	M60	39:17.9	13:15.5
328	465	FONTAINE Samuel	2002	Marsens	(14)	MCA	39:18.9	13:16.5
329	552	SCHUEPBACH Fabienne	1973	FSG Sâles	(22)	F40	39:19.5	13:17.1
330	513	MERCIER Lionel	1992	Fribourg	(93)	M20	39:20.1	13:17.7
331	21	BIFRARE Frédéric	1967	CARC Romont	(43)	M50	39:21.6	13:19.2
332	88	DELACOUR Véronique	1966	AT Cugy	(8)	F50	39:22.2	13:19.8
333	516	FROSSARD Jean-Blaise	1962	Troistorrents	(44)	M50	39:23.3	13:20.9
334	358	FAVRE Anne	1980	Riaz	(28)	F20	39:24.9	13:22.5
335	176	KÜFFER Walter	1952	LAT Sense	(19)	M60	39:27.4	13:25.0
336	557	WICHT Romain	1992	Marsens	(94)	M20	39:28.3	13:25.9
337	463	FLORIO Anita	1968	CS Marsens	(9)	F50	39:28.9	13:26.5
338	401	BOURQUENOUD Yannick	2002	Vaulruz	(15)	MCA	39:29.7	13:27.3
339	558	BIANCHERI Nicola	1991	CS Marsens	(95)	M20	39:30.7	13:28.3

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340	356	VALNET Laïla	1976	SABulle	(23)	F40	39:33.2	13:30.8
341	491	CARREL Fernand	1962	Athletic Team Rechthalten	(45)	M50	39:36.3	13:33.9
342	464	THÜRLER Michel	1979	Team Ogoz	(96)	M20	39:37.8	13:35.4
343	405	SAVARY Nicole	1970	CS Marsens	(24)	F40	39:39.6	13:37.2
344	344	COMTE Romain	1999	Bulle	(15)	M19	39:40.9	13:38.5
345	378	DOUSSE Christian	1961	Shanghai 13	(46)	M50	39:42.6	13:40.2
346	186	MENOUD Guillaume	2004	FC La Sionge	(11)	MCB	39:43.9	13:41.5
347	300	THÜRLER Marie-Christine	1974	Vuadens	(25)	F40	39:45.7	13:43.3
348	189	MENOUD Brigitte	1971	Romanens	(26)	F40	39:49.1	13:46.7
349	547	JAQUET Camille	1991	Ecuvillens	(29)	F20	39:50.9	13:48.5
350	77	DE GASPARO Charles-Etienne	1966	LAT Sense	(47)	M50	39:52.1	13:49.7
351	264	SAUDAN Baptiste	1977	Gumefens	(71)	M40	39:53.4	13:51.0
352	402	DESCHENAUX Simon	2002	Le Crêt	(16)	MCA	39:55.4	13:53.0
353	7	ANDREY Jean-Pierre	1959	ACP Matran	(48)	M50	39:56.3	13:53.9
354	546	FABBRO Cyril	1987	Bulle	(97)	M20	39:57.4	13:55.0
355	474	BOREL Tobias	1984	FSC Sâles	(98)	M20	39:58.4	13:56.0
356	258	RUTISHAUSER Claude	1960	CS Vallée du Flon	(49)	M50	39:59.4	13:57.0
357	22	BLATTMANN Marysa	1975	Morlon	(27)	F40	40:02.8	14:00.4
358	340	HASSLER Baptiste	2003	FC La Sionge	(12)	MCB	40:03.8	14:01.4
359	487	ZAHNO Elmar	1966	Athletic Team Rechthalten	(50)	M50	40:05.2	14:02.8
360	488	ROTZETTER Mireille	1986	LAT Sense	(30)	F20	40:06.0	14:03.6
361	380	REPOND Jean-Bernard	1958	SABulle	(20)	M60	40:06.7	14:04.3
362	388	MOËNNAT Pauline	1993	CS Hauteville	(31)	F20	40:08.8	14:06.4
363	276	SCHOUWEY Maeva	2001	CS Hauteville	(1)	FCA	40:10.6	14:08.2
364	172	KOLLY Daniel	1957	CAGF Farvagny	(21)	M60	40:17.8	14:15.4
365	136	GRANGIER BORCARD Francine	1973	FSG Sâles	(28)	F40	40:18.8	14:16.4
366	74	CURRAT Christian	1954	CS Vallée du Flon	(22)	M60	40:28.8	14:26.4
367	262	SANTOS Normando	1957	CA Portugais Fribourg	(23)	M60	40:37.0	14:34.6
368	456	PASQUIER Eléonore	1995	FSG Sâles	(32)	F20	40:39.1	14:36.7
369	75	DAFFLON Geraldine	1979	CSPL	(33)	F20	40:39.7	14:37.3
370	54	CHAVAILLAZ Bernardin	1943	Ecuvillens	(4)	M70	40:45.2	14:42.8
371	310	VERI Alexandre	1967	Les Paccots	(51)	M50	40:46.2	14:43.8
372	38	BUCHS Céline	1980	SABulle	(34)	F20	40:47.4	14:45.0
373	331	PHILIPONA Patricia	1974	Echarlens	(29)	F40	40:56.2	14:53.8
374	259	SALLIN Julie	1991	SABulle	(35)	F20	40:59.3	14:56.9
375	96	DESCHENAUX OVERNEY Aline	1983	CAGG	(36)	F20	41:04.3	15:01.9
376	379	BUTTY Christian	1965	FSG Sâles	(52)	M50	41:05.3	15:02.9
377	73	CURRAT Brigitte	1963	Lundi 6h	(10)	F50	41:12.5	15:10.1
378	353	GREMAUD Anna	2003	Sansoucis-Echarlens	(7)	FCB	41:23.0	15:20.6
379	180	MARCHON Valérie	1986	Riaz	(37)	F20	41:33.0	15:30.6
380	533	THURRE Gabriel	1955	Fribourg	(24)	M60	41:33.8	15:31.4
381	384	DORTHE Pierre-Alain	1964	ACP Matran	(53)	M50	41:35.3	15:32.9
382	135	GRANGIER Noémie	1999	CS Marsens	(4)	F19	41:36.2	15:33.8
383	168	KOLLY Anne	1974	CAGF Farvagny	(30)	F40	41:37.0	15:34.6
384	387	CHOLLET Romane	2003	SABulle	(8)	FCB	41:37.7	15:35.3
385	132	GRANDGIRARD Pierre-André	1963	AT Cugy	(54)	M50	41:38.9	15:36.5
386	76	DAVET Valérie	1972	AT Cugy	(31)	F40	41:41.5	15:39.1
387	211	ODY Maréva	2000	Sorens	(5)	F19	41:48.0	15:45.6
388	112	FÉNART Marc-Antoine	1985	Chénens	(99)	M20	41:55.7	15:53.3

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389	398	MUSSET Delphine	1987	Riaz	(38)	F20	41:58.0	15:55.6
390	64	COTTET Stéphane	1985	Corminboeuf	(100)	M20	42:04.4	16:02.0
391	385	METTRAUX René	1967	ACP Matran	(55)	M50	42:05.5	16:03.1
392	389	MOËNNAT Adèle	1995	SC Grandvillard	(39)	F20	42:10.6	16:08.2
393	114	GAPANY Mélanie	1993	SABulle	(40)	F20	42:12.4	16:10.0
394	90	DELADOEY Myriam	1980	Lundi 6h	(41)	F20	42:17.8	16:15.4
395	364	GREMION Pascaline	2001	SABulle	(2)	FCA	42:24.3	16:21.9
396	185	MAY Joseph	1956	Vollèges	(25)	M60	42:24.9	16:22.5
397	363	YERLY Emma	2001	SABulle	(3)	FCA	42:25.5	16:23.1
398	366	YERSIN Samuel	1942	Château-d'Oex	(5)	M70	42:27.7	16:25.3
399	361	BRANDENBERGER Gwenaëlle	1972	Corbières	(32)	F40	42:28.6	16:26.2
400	335	HUBER Ariane	2004	Vaulruz	(9)	FCB	42:29.6	16:27.2
401	469	MERCIER Sébastien	1978	Maules	(72)	M40	42:31.6	16:29.2
402	95	DESCHENAUX Florence	1971	Sansoucis-Echarlens	(33)	F40	42:39.9	16:37.5
403	60	COCHARD Sarah	1973	CAGFarvagny	(34)	F40	42:44.2	16:41.8
404	232	PORÔES Adélia	1969	CA Portugais Fribourg	(35)	F40	42:50.4	16:48.0
405	330	PASQUIER Evelyne	1971	Echarlens	(36)	F40	42:51.2	16:48.8
406	458	PIDOUX Cynthia	2003	CAF	(10)	FCB	42:58.8	16:56.4
407	29	BRASEY Fanny	1994	Bulle	(42)	F20	42:59.6	16:57.2
408	65	COTTING Elisabeth	1982	Arconciel	(43)	F20	43:00.9	16:58.5
409	390	MORAND Jessica	1994	CS Le Pâquier	(44)	F20	43:11.0	17:08.6
410	292	SUCHET Cyrill	1980	Vuadens	(101)	M20	43:11.9	17:09.5
411	377	KAPELLER Charline	1999	CAG Farvagny	(6)	F19	43:13.8	17:11.4
412	323	WÜST Hugo	1943	TV Bösinggen	(6)	M70	43:23.9	17:21.5
413	23	BOISSET Cedric	1972	La Tour-de-treme	(73)	M40	43:27.1	17:24.7
414	40	BUGNON Luc	1967	Bulle	(56)	M50	43:29.8	17:27.4
415	334	NICOULET Lucie	2002	Bulle Basket	(4)	FCA	43:30.7	17:28.3
416	503	PUGIN Thomas	2001	Echarlens	(17)	MCA	43:32.2	17:29.8
417	313	VOLERY Fanny	2002	Bulle	(5)	FCA	43:35.5	17:33.1
418	152	HORII Koichiro	1962	Vuadens	(57)	M50	43:36.3	17:33.9
419	543	PROGIN Silvia	1963	Bulle	(11)	F50	43:37.2	17:34.8
420	24	BORCARD Martine	1994	Echarlens	(45)	F20	43:38.0	17:35.6
421	561	CAMPOS Daniel	1986	CAP Fribourg	(102)	M20	43:49.9	17:47.5
422	466	GUINNARD Bernard	1966	Villarimboud	(58)	M50	43:56.7	17:54.3
423	47	CASTELLA Christelle	1977	SABulle	(37)	F40	43:57.4	17:55.0
424	215	PASQUIER Jean-Claude	1957	lundi 6h	(26)	M60	43:58.6	17:56.2
425	257	ROUX Pauline	1985	CA Treyvaux	(46)	F20	44:02.1	17:59.7
426	286	SOTTAS Alexandra	1975	Hauteville	(38)	F40	44:05.7	18:03.3
427	489	GREMAUD Kilian	2002	Vaulruz	(18)	MCA	44:15.6	18:13.2
428	30	BRODARD Jennifer	1983	Broc	(47)	F20	44:16.4	18:14.0
429	28	BOURQUI-PITTET Martine	1977	Vaulruz	(39)	F40	44:22.9	18:20.5
430	395	JUTZET Rosangela	1976	Charmey	(40)	F40	44:29.0	18:26.6
431	287	STEINMANN Michaël	1985	Lausanne	(103)	M20	44:33.3	18:30.9
432	103	ECOFFEY Clémence	2000	CS Marsens	(7)	F19	44:34.2	18:31.8
433	502	THOMANN Eva	2000	Riaz	(8)	F19	44:37.5	18:35.1
434	160	JORDAN Pierre-Alain	1969	CS Neirivue	(74)	M40	44:38.4	18:36.0
435	556	RIGOLET José	1966	SABulle	(59)	M50	44:46.5	18:44.1
436	197	MOOSER Sarah	1980	CS Marsens	(48)	F20	44:48.6	18:46.2
437	403	BERGMANN Emmanuel	1970	Broc	(75)	M40	45:06.4	19:04.0

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Cl't	Dos.	Nom et prénom	AN	Domicile/Club	(Cl't)	CAT	Temps	Ecart
438	342	COMTE Justine	1996	Bulle	(49)	F20	45:08.2	19:05.8
439	25	BOSCHUNG Sarah	2002	Bulle	(6)	FCA	45:09.5	19:07.1
440	396	HUGONNET M.	1968	Bulle	(12)	F50	45:19.6	19:17.2
441	244	RICHOZ Noémie	1993	Blessens	(50)	F20	45:20.6	19:18.2
442	123	GILLER Stéphane	1968	Hauteville	(60)	M50	45:21.7	19:19.3
443	234	PROGIN Jessica	1993	CS Le Pâquier	(51)	F20	45:23.0	19:20.6
444	293	SUDAN Lauriane	1990	CS le Pâquier	(52)	F20	45:23.8	19:21.4
445	357	BRODARD Marie-Josée	1962	Sâles	(13)	F50	45:25.3	19:22.9
446	82	DELABAYS Florian	2003	LUSSY	(13)	MCB	45:31.9	19:29.5
447	299	TEVON Pierre-André	1984	La Joux	(104)	M20	45:39.0	19:36.6
448	157	JAQUET Coralie	1990	Ski Club Cresuz	(53)	F20	45:44.3	19:41.9
449	92	DEMIERRE Céline	1989	Châtel-St-Denis	(54)	F20	45:47.4	19:45.0
450	248	ROBERT Jean-Luc	1962	SABulle	(61)	M50	45:49.1	19:46.7
451	318	WAEBER René	1959	LAT Sense	(62)	M50	45:57.0	19:54.6
452	381	AUBRY Danièle	1967	Tramelan	(14)	F50	46:03.0	20:00.6
453	355	CHOLLET Judith	2003	FSG Sâles	(11)	FCB	46:13.1	20:10.7
454	374	TELLEY Gaëlle	1990	Ponthaux	(55)	F20	46:16.0	20:13.6
455	560	CUENAT Kilian	2004	La Folliaz	(14)	MCB	46:33.7	20:31.3
456	535	ULDRY Joséphine	1993	UHC Flamatt	(56)	F20	46:50.7	20:48.3
457	544	MARINI Marino	1959		(63)	M50	46:51.5	20:49.1
458	16	BERDOZ Sandra	1974	La Tour-de-Treme	(41)	F40	47:05.1	21:02.7
459	309	VERI Florence	1973	Les Paccots	(42)	F40	47:10.5	21:08.1
460	87	DELACOUR Cindy	1976	Granges	(43)	F40	47:40.0	21:37.6
461	218	PERLER Moritz	1942	TSV Heitenried	(7)	M70	48:07.3	22:04.9
462	118	GAY Lara	2001	SC Grattavache-le-Crêt	(7)	FCA	48:08.8	22:06.4
463	237	QUARTENOUD Inès	1992	Riaz	(57)	F20	48:17.0	22:14.6
464	56	CHERVET Roland	1944	SCBroyard	(8)	M70	48:34.8	22:32.4
465	9	ANSERMOT Bertrand	1973	Sorens	(76)	M40	48:44.7	22:42.3
466	365	POCHON Lara	1988	Echarlens	(58)	F20	48:59.9	22:57.5
467	505	BERSET Patrick	1981	Prez-vers-Noréaz	(105)	M20	49:00.8	22:58.4
468	120	GENOUD Christian	1990	Progens	(106)	M20	49:01.5	22:59.1
469	236	PUGIN Antoine	1996	Epagny	(107)	M20	49:02.0	22:59.6
470	307	ULRICH Florence	1988	Epagny	(59)	F20	49:02.5	23:00.1
471	14	BAPST Tiffany	1993	Bern	(60)	F20	49:03.0	23:00.6
472	127	GLENZ Séverine	1977	Bulle	(44)	F40	49:03.6	23:01.2
473	105	FENDELEUR Sylvie	1971	La Tour de Trême	(45)	F40	49:20.4	23:18.0
474	339	MENOUD Léonie	2003	FSG Sales	(12)	FCB	50:06.6	24:04.2
475	301	TISSOT Michel	1947	FSG Broc	(9)	M70	50:15.6	24:13.2
476	230	POLAERT Fabien	1975	Martigny	(77)	M40	51:27.5	25:25.1
477	85	DELABAYS Nicolas	1969	FSG Sales	(78)	M40	52:39.3	26:36.9
478	27	BOTH Valérie	1983	Lessoc	(61)	F20	52:46.9	26:44.5
479	370	BARRAS Benjamin	1996	Romanens	(108)	M20	53:56.6	27:54.2
480	289	STRITT Tanja	1978	Châtel-St-Denis	(46)	F40	56:08.0	30:05.6
481	49	CATILLAZ Alexandra	1973	FSG Bulle	(47)	F40	1h02:29.1	36:26.7
482	271	SCHMIDT Christiane	1972	FSG Bulle	(48)	F40	1h02:29.9	36:27.5

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1	61	COLLIARD Laura	1988	ADN Coaching	(1)	F20	29:32.0	
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Cl	Dos.	Nom et prénom	AN	Domicile/Club	(Cl)	CAT	Temps	Ecart
2	124	GINDRAT-KELLER Isabell	1989	LAT Sense	(2)	F20	29:39.5	7.5
3	70	CURRAT Marie	2004	cloros team	(1)	FCB	29:53.1	21.1
4	154	HULLIGER Regula	1979	Athletic Team Rechthalten	(3)	F20	30:05.2	33.2
5	149	HEIMLICHER Teres	1985	LAT Sense	(4)	F20	30:19.1	47.1
6	207	NOTTURNO Pietro	1985	Les RunArts	(5)	F20	30:37.9	1:05.9
7	372	SCHUWEY Mylène	1995	SABulle	(6)	F20	31:29.4	1:57.4
8	459	THOMAS BERNARDO Camille	1986	SABulle	(7)	F20	31:56.2	2:24.2
9	501	OBERSON DERVEY Laetitia	1982	Fournitech Running Team	(8)	F20	32:16.3	2:44.3
10	498	TRAINA Manuela	1982	Athletic Team Rechthalten	(9)	F20	32:24.1	2:52.1
11	371	SUGNAUX Juliane	1986	Les Diablerets	(10)	F20	32:33.2	3:01.2
12	382	MINNIG Maëlle	1995	CS Hauteville	(11)	F20	32:45.1	3:13.1
13	227	PITTET Céline	1993	CS Vallée du Flon	(12)	F20	32:52.8	3:20.8
14	294	SUDAN Nadia	1974	SABulle	(1)	F40	33:03.6	3:31.6
15	202	MORGADO Madalena	1978	CA Portugais Fribourg	(2)	F40	33:11.0	3:39.0
16	304	TRABA Fatima	1966	LAT Sense	(1)	F50	33:38.3	4:06.3
17	566	ULRICH Marjorie	1975	CSVF	(3)	F40	34:24.6	4:52.6
18	109	FRAGNIÈRE Noémie	1990	SABulle	(13)	F20	34:27.9	4:55.9
19	31	BRODARD GUILLET Nathalie	1978	Echarlens	(4)	F40	34:47.0	5:15.0
20	369	BOUCHU Aude	1986	ADN Coaching	(14)	F20	34:51.3	5:19.3
21	45	CARVALHO Conceição	1973	CA Portugais Fribourg	(5)	F40	34:53.7	5:21.7
22	225	PILLONEL Sylvie	1972	A Travers Cugy	(6)	F40	34:54.5	5:22.5
23	350	COURTIN Brigitte	1973	Grandvillard	(7)	F40	35:07.7	5:35.7
24	156	ISAAK-MAURON Evelyne	1973	LAT Sense	(8)	F40	35:30.8	5:58.8
25	71	CURRAT Sarah	2003	cloros team	(2)	FCB	35:38.9	6:06.9
26	228	PITTET Mireille	1978	Chézard	(9)	F40	35:42.6	6:10.6
27	414	SCHORNOZ Alison	2000	Avenches	(1)	F19	35:49.2	6:17.2
28	106	FLEURY Jeanine	1967	CARC Romont	(2)	F50	35:51.1	6:19.1
29	324	YERLY Elsa	2003	Sâles	(3)	FCB	35:56.8	6:24.8
30	497	FROSSARD Chantal	1973	SABulle	(10)	F40	36:00.0	6:28.0
31	281	SILVA Anabela	1973	CA Portugais Fribourg	(11)	F40	36:05.6	6:33.6
32	145	HANK Babette	1974	FSG Bulle	(12)	F40	36:25.7	6:53.7
33	302	TOLLENAAR Camille	1999	B3 Bulle Triathlon	(2)	F19	36:29.1	6:57.1
34	391	LEVRAT Marie	1998	Team sans pression	(15)	F20	36:33.6	7:01.6
35	278	SCIBOZ WICHT Janique	1969	SABulle	(13)	F40	36:35.1	7:03.1
36	297	TERRAPON Georgette	1961	Csvf	(3)	F50	36:36.7	7:04.7
37	277	SCHWARTZ Valérie	1998	Athletic Team Rechthalten	(16)	F20	36:48.3	7:16.3
38	239	REGLI Dena	1993	Bulle	(17)	F20	36:49.0	7:17.0
39	270	SCHEURER Isabelle	1972	CARC Romont	(14)	F40	36:49.8	7:17.8
40	177	L'HOMME Emma	1994	GLOBULL	(18)	F20	36:54.5	7:22.5
41	548	KOLLY Carole	1988	Vuisternens-en-Ogoz	(19)	F20	36:59.2	7:27.2
42	137	GREMAUD Mathilde	2003	CS Marsens	(4)	FCB	37:12.0	7:40.0
43	273	SCHOUWEY Mathilde	1995	SABulle	(20)	F20	37:14.3	7:42.3
44	50	CAVILLIER Claudine	1967	CS Vallée du Flon	(4)	F50	37:33.7	8:01.7
45	269	SCHALLER Anita	1962	CA Marly	(5)	F50	37:48.6	8:16.6
46	66	CRAUSAZ Dunia	2003	CS Hauteville	(5)	FCB	37:53.0	8:21.0
47	265	SAVARY Maëlle	2003	CS Marsens	(6)	FCB	37:55.1	8:23.1
48	373	SAVARY Lauriane	1992	Sâles	(21)	F20	37:56.3	8:24.3
49	99	DUBEY Nadia	1981	Club A Travers Cugy	(22)	F20	38:04.2	8:32.2
50	394	AUDERGON Monique	1982	La Joux	(23)	F20	38:06.1	8:34.1

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Clt	Dos.	Nom et prénom	AN	Domicile/Club	(Clt)	CAT	Temps	Ecart
51	351	ARNAUD Raphaëlle	1976	SABulle	(15)	F40	38:06.9	8:34.9
52	205	NEUHAUS Brigitte	1971	Athletic Team Rechthalten	(16)	F40	38:09.7	8:37.7
53	468	WALDMEYER Jana	1956	CAG Farvagny	(1)	F60	38:18.2	8:46.2
54	113	GABAGLIO Emilia	1975	CA Belfaux	(17)	F40	38:28.3	8:56.3
55	3	AEBISCHER Marie-Madeleine	1965	Heitenried	(6)	F50	38:33.7	9:01.7
56	527	RAEMY Nadia	1979	La Joux	(24)	F20	38:39.4	9:07.4
57	110	FRAGNIÈRE Ursula	1968	CS Marsens	(7)	F50	38:40.4	9:08.4
58	457	PASQUIER Brigitte	1969	FSG Sâles	(18)	F40	38:43.9	9:11.9
59	94	DESCHENAUX Amandine	2000	Sansoucis-Echarlens	(3)	F19	38:53.6	9:21.6
60	235	PROGIN Karin	1977	Vuadens	(19)	F40	39:01.0	9:29.0
61	252	ROMANENS SCAIOLA Nathalie	1976	Vuadens	(20)	F40	39:02.2	9:30.2
62	397	CORMINBOEUF-GENOUD Angélique	1973	SABulle	(21)	F40	39:03.9	9:31.9
63	193	MICHEL Aurélie	1988	Lundi 6h	(25)	F20	39:04.6	9:32.6
64	208	NYDEGGER Regina	1982	LAT Sense	(26)	F20	39:13.8	9:41.8
65	346	GREMAUD Jane	1990	Vuadens	(27)	F20	39:16.6	9:44.6
66	552	SCHUEPBACH Fabienne	1973	FSG Sâles	(22)	F40	39:19.5	9:47.5
67	88	DELACOUR Véronique	1966	AT Cugy	(8)	F50	39:22.2	9:50.2
68	358	FAVRE Anne	1980	Riaz	(28)	F20	39:24.9	9:52.9
69	463	FLORIO Anita	1968	CS Marsens	(9)	F50	39:28.9	9:56.9
70	356	VALNET Laïla	1976	SABulle	(23)	F40	39:33.2	10:01.2
71	405	SAVARY Nicole	1970	CS Marsens	(24)	F40	39:39.6	10:07.6
72	300	THÜRLER Marie-Christine	1974	Vuadens	(25)	F40	39:45.7	10:13.7
73	189	MENOUD Brigitte	1971	Romanens	(26)	F40	39:49.1	10:17.1
74	547	JAQUET Camille	1991	Ecuvillens	(29)	F20	39:50.9	10:18.9
75	22	BLATTMANN Marysa	1975	Morlon	(27)	F40	40:02.8	10:30.8
76	488	ROTZETTER Mireille	1986	LAT Sense	(30)	F20	40:06.0	10:34.0
77	388	MOËNNAT Pauline	1993	CS Hauteville	(31)	F20	40:08.8	10:36.8
78	276	SCHOUWEY Maeva	2001	CS Hauteville	(1)	FCA	40:10.6	10:38.6
79	136	GRANGIER BORCARD Francine	1973	FSG Sâles	(28)	F40	40:18.8	10:46.8
80	456	PASQUIER Eléonore	1995	FSG Sâles	(32)	F20	40:39.1	11:07.1
81	75	DAFFLON Geraldine	1979	CSPL	(33)	F20	40:39.7	11:07.7
82	38	BUCHS Céline	1980	SABulle	(34)	F20	40:47.4	11:15.4
83	331	PHILIPONA Patricia	1974	Echarlens	(29)	F40	40:56.2	11:24.2
84	259	SALLIN Julie	1991	SABulle	(35)	F20	40:59.3	11:27.3
85	96	DESCHENAUX OVERNEY Aline	1983	CAGG	(36)	F20	41:04.3	11:32.3
86	73	CURRAT Brigitte	1963	Lundi 6h	(10)	F50	41:12.5	11:40.5
87	353	GREMAUD Anna	2003	Sansoucis-Echarlens	(7)	FCB	41:23.0	11:51.0
88	180	MARCHON Valérie	1986	Riaz	(37)	F20	41:33.0	12:01.0
89	135	GRANGIER Noémie	1999	CS Marsens	(4)	F19	41:36.2	12:04.2
90	168	KOLLY Anne	1974	CAGF Farvagny	(30)	F40	41:37.0	12:05.0
91	387	CHOLLET Romane	2003	SABulle	(8)	FCB	41:37.7	12:05.7
92	76	DAVET Valérie	1972	AT Cugy	(31)	F40	41:41.5	12:09.5
93	211	ODY Maréva	2000	Sorens	(5)	F19	41:48.0	12:16.0
94	398	MUSSET Delphine	1987	Riaz	(38)	F20	41:58.0	12:26.0
95	389	MOËNNAT Adèle	1995	SC Grandvillard	(39)	F20	42:10.6	12:38.6
96	114	GAPANY Mélanie	1993	SABulle	(40)	F20	42:12.4	12:40.4
97	90	DELADOEY Myriam	1980	Lundi 6h	(41)	F20	42:17.8	12:45.8
98	364	GREMION Pascaline	2001	SABulle	(2)	FCA	42:24.3	12:52.3
99	363	YERLY Emma	2001	SABulle	(3)	FCA	42:25.5	12:53.5

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100	361	BRANDENBERGER Gwenaëlle	1972	Corbières	(32)	F40	42:28.6	12:56.6
101	335	HUBER Ariane	2004	Vaulruz	(9)	FCB	42:29.6	12:57.6
102	95	DESCHENAU Florence	1971	Sansoucis-Echarlens	(33)	F40	42:39.9	13:07.9
103	60	COCHARD Sarah	1973	CAGFarvagny	(34)	F40	42:44.2	13:12.2
104	232	PORÔES Adélia	1969	CA Portugais Fribourg	(35)	F40	42:50.4	13:18.4
105	330	PASQUIER Evelyne	1971	Echarlens	(36)	F40	42:51.2	13:19.2
106	458	PIDOUX Cynthia	2003	CAF	(10)	FCB	42:58.8	13:26.8
107	29	BRASEY Fanny	1994	Bulle	(42)	F20	42:59.6	13:27.6
108	65	COTTING Elisabeth	1982	Arconciel	(43)	F20	43:00.9	13:28.9
109	390	MORAND Jessica	1994	CS Le Pâquier	(44)	F20	43:11.0	13:39.0
110	377	KAPPELLER Charline	1999	CAG Farvagny	(6)	F19	43:13.8	13:41.8
111	334	NICOULET Lucie	2002	Bulle Basket	(4)	FCA	43:30.7	13:58.7
112	313	VOLERY Fanny	2002	Bulle	(5)	FCA	43:35.5	14:03.5
113	543	PROGIN Silvia	1963	Bulle	(11)	F50	43:37.2	14:05.2
114	24	BORCARD Martine	1994	Echarlens	(45)	F20	43:38.0	14:06.0
115	47	CASTELLA Christelle	1977	SABulle	(37)	F40	43:57.4	14:25.4
116	257	ROUX Pauline	1985	CA Treyvaux	(46)	F20	44:02.1	14:30.1
117	286	SOTTAS Alexandra	1975	Hauteville	(38)	F40	44:05.7	14:33.7
118	30	BRODARD Jennifer	1983	Broc	(47)	F20	44:16.4	14:44.4
119	28	BOURQUI-PITTET Martine	1977	Vaulruz	(39)	F40	44:22.9	14:50.9
120	395	JUTZET Rosangela	1976	Charmey	(40)	F40	44:29.0	14:57.0
121	103	ECOFFEY Clémence	2000	CS Marsens	(7)	F19	44:34.2	15:02.2
122	502	THOMANN Eva	2000	Riaz	(8)	F19	44:37.5	15:05.5
123	197	MOOSER Sarah	1980	CS Marsens	(48)	F20	44:48.6	15:16.6
124	342	COMTE Justine	1996	Bulle	(49)	F20	45:08.2	15:36.2
125	25	BOSCHUNG Sarah	2002	Bulle	(6)	FCA	45:09.5	15:37.5
126	396	HUGONNET M.	1968	Bulle	(12)	F50	45:19.6	15:47.6
127	244	RICHOZ Noémie	1993	Blessens	(50)	F20	45:20.6	15:48.6
128	234	PROGIN Jessica	1993	CS Le Pâquier	(51)	F20	45:23.0	15:51.0
129	293	SUDAN Lauriane	1990	CS le Pâquier	(52)	F20	45:23.8	15:51.8
130	357	BRODARD Marie-Josée	1962	Sâles	(13)	F50	45:25.3	15:53.3
131	157	JAQUET Coralie	1990	Ski Club Cresuz	(53)	F20	45:44.3	16:12.3
132	92	DEMIERRE Céline	1989	Châtel-St-Denis	(54)	F20	45:47.4	16:15.4
133	381	AUBRY Danièle	1967	Tramelan	(14)	F50	46:03.0	16:31.0
134	355	CHOLLET Judith	2003	FSG Sâles	(11)	FCB	46:13.1	16:41.1
135	374	TELLEY Gaëlle	1990	Ponthaux	(55)	F20	46:16.0	16:44.0
136	535	ULDRY Joséphine	1993	UHC Flamatt	(56)	F20	46:50.7	17:18.7
137	16	BERDOZ Sandra	1974	La Tour-de-Treme	(41)	F40	47:05.1	17:33.1
138	309	VERI Florence	1973	Les Paccots	(42)	F40	47:10.5	17:38.5
139	87	DELACOUR Cindy	1976	Granges	(43)	F40	47:40.0	18:08.0
140	118	GAY Lara	2001	SC Grattavache-le-Crêt	(7)	FCA	48:08.8	18:36.8
141	237	QUARTENOUD Inès	1992	Riaz	(57)	F20	48:17.0	18:45.0
142	365	POCHON Lara	1988	Echarlens	(58)	F20	48:59.9	19:27.9
143	307	ULRICH Florence	1988	Epagny	(59)	F20	49:02.5	19:30.5
144	14	BAPST Tifanny	1993	Bern	(60)	F20	49:03.0	19:31.0
145	127	GLENZ Séverine	1977	Bulle	(44)	F40	49:03.6	19:31.6
146	105	FENDELEUR Sylvie	1971	La Tour de Trême	(45)	F40	49:20.4	19:48.4
147	339	MENOUD Léonie	2003	FSG Sales	(12)	FCB	50:06.6	20:34.6
148	27	BOTH Valérie	1983	Lessoc	(61)	F20	52:46.9	23:14.9

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149	289	STRITT Tanja	1978	Châtel-St-Denis	(46)	F40	56:08.0	26:36.0
150	49	CATILLAZ Alexandra	1973	FSG Bulle	(47)	F40	1h02:29.1	32:57.1
151	271	SCHMIDT Christiane	1972	FSG Bulle	(48)	F40	1h02:29.9	32:57.9

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1	274	SCHOUWEY Jérémy	1991	CS Hauteville / Team Scott	(1)	M20	26:02.4	
2	486	JENNY Adrian	1979	TV Wünnewil	(2)	M20	26:16.9	14.5
3	153	HUBER Erich	1981	LAT Sense	(3)	M20	26:34.3	31.9
4	17	BERSET Pascal	1985	CAG Farvagny	(4)	M20	26:43.2	40.8
5	164	JUILLERAT Romain	1996	CS Le Mouret	(5)	M20	26:52.0	49.6
6	376	GIRARD Damien	1992	CARC Romont	(6)	M20	26:55.1	52.7
7	203	MORGADO Mário	1975	CA Portugais Fribourg	(1)	M40	26:58.7	56.3
8	13	BAGHIN Fabio	1984	trilogie sport tri fribourg	(7)	M20	27:11.3	1:08.9
9	139	GRIVEL Robin	1996	CS Hauteville	(8)	M20	27:16.5	1:14.1
10	537	CARDINAUX Pierre-Yves	1986	CS Vallée du Flon	(9)	M20	27:33.1	1:30.7
11	510	BOUZON Daniel	1972	Team Bouzon	(2)	M40	27:34.4	1:32.0
12	303	TORCHE Julien	1999	Athletic Team Rechthalten	(1)	M19	27:37.3	1:34.9
13	34	BRÜGGER Werner	1975	Athletic Team Rechthalten	(3)	M40	27:42.4	1:40.0
14	496	PERRET Jean-Jacques	1999	B3 Bulle Triathlon	(2)	M19	28:04.4	2:02.0
15	91	DEMIERRE Stéphane	1990	Romont	(10)	M20	28:16.8	2:14.4
16	240	REICHENBACH Hans	1979	LAT Sense	(11)	M20	28:21.5	2:19.1
17	282	SIMONET David	1994	CA Belfaux	(12)	M20	28:22.4	2:20.0
18	383	MINNIG Hugo	1993	CS Hauteville	(13)	M20	28:30.4	2:28.0
19	226	PINELA Mario	1969	CA Portugais Fribourg	(4)	M40	28:38.9	2:36.5
20	179	MARCHON Thierry	1993	CAG Farvagny / Trilogie Sport	(14)	M20	28:40.2	2:37.8
21	125	GLANNAZ Olivier	1977	CAG Farvagny	(5)	M40	28:42.0	2:39.6
22	306	UDRY Matthias	1988	LAT Sense	(15)	M20	28:43.4	2:41.0
23	490	GREMAUD Simon	1998	Athletic Team Rechthalten	(16)	M20	28:45.2	2:42.8
24	524	L'HOMME Jean-.Joseph	1965	Team Castella Sports	(1)	M50	28:59.2	2:56.8
25	518	MAURON Vincent	1984	CARC Romont	(17)	M20	29:02.8	3:00.4
26	345	PASQUIER Max	1998	FSG Sâles	(18)	M20	29:08.0	3:05.6
27	368	PERISSET Claude	1981	Estavayer-le-Lac	(19)	M20	29:10.8	3:08.4
28	317	VONLANTHEN Mario	1971	Athletic Team Rechthalten	(6)	M40	29:15.6	3:13.2
29	6	ALMEIDA Carlos	1979	Vuadens	(20)	M20	29:17.3	3:14.9
30	266	SAVARY Antonin	2002	CS Marsens	(1)	MCA	29:25.6	3:23.2
31	305	TSCHOPP Sebastian	1985	LAT Sense	(21)	M20	29:26.7	3:24.3
32	564	STURNY Florian	1982	LAT Sense	(22)	M20	29:27.7	3:25.3
33	542	DOISNEAU Alexandre	1987	Castella-Sports	(23)	M20	29:29.0	3:26.6
34	525	BOURQUI Benoît	1974	CARC Romont	(7)	M40	29:36.3	3:33.9
35	222	PICCAND Cédric	1975	CAG Farvagny	(8)	M40	29:37.4	3:35.0
36	386	L'HOMME Yan	1999	Team VTT BMC Fribourg	(3)	M19	29:38.1	3:35.7
37	481	SCHALLER Marc	1994	CA Marly	(24)	M20	29:38.6	3:36.2
38	288	STOTZER Sylvain	1972	Fribourg	(9)	M40	29:41.8	3:39.4
39	221	PHILIPONA Tristen	1998	Athletic Team Rechthalten	(25)	M20	29:45.9	3:43.5
40	409	GREMAUD Lucas	1997	CS Hauteville	(26)	M20	29:47.9	3:45.5
41	53	CHAUDOYE Fabien	1983	B3 Bulle Triathlon	(27)	M20	29:54.5	3:52.1
42	41	BULLIARD Thibault	2002	CS Hauteville	(2)	MCA	29:55.6	3:53.2

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43	511	GUILLAUME Gilles	1977	Gâteau du Vully	(10)	M40	29:58.1	3:55.7
44	479	PITTET André	1961	CS Vallée du Flon	(2)	M50	29:59.4	3:57.0
45	246	RIME Didier	1978	Fournitech Running Team	(11)	M40	30:01.2	3:58.8
46	18	BERSET Julien	1981	Bulle	(28)	M20	30:02.1	3:59.7
47	72	CURRAT Nicolas	2001	cloros team	(3)	MCA	30:03.0	4:00.6
48	475	BARRAS François	1998	La Berra	(29)	M20	30:06.8	4:04.4
49	130	GOETSCHMANN Tobias	1996	CA Farvagny Gibloux	(30)	M20	30:07.3	4:04.9
50	57	CLERC Florian	1977	CAGF Farvagny	(12)	M40	30:08.4	4:06.0
51	279	SEYDOUX Laurent	1985	FSG Sâles	(31)	M20	30:10.8	4:08.4
52	485	ROUILLER David	1978	Champéry	(13)	M40	30:11.5	4:09.1
53	166	KESSLER Nicolas	1974	CARC Romont	(14)	M40	30:12.4	4:10.0
54	242	REPOND Ambroise	2001	Marsens	(4)	MCA	30:13.8	4:11.4
55	255	ROUBATY Quentin	1997	CS Le Mouret	(32)	M20	30:14.7	4:12.3
56	191	MESOT Jean-Pierre	1969	CS Vallée du Flon	(15)	M40	30:15.3	4:12.9
57	272	SCHNYDER Simon	1976	CA Gibloux-Farvagny	(16)	M40	30:16.4	4:14.0
58	171	KOLLY Eric	1966	Rossens	(3)	M50	30:19.7	4:17.3
59	122	GIANELLA Fabio	1965	Gateau du Vully	(4)	M50	30:23.6	4:21.2
60	243	RIBEIRO Albino	1968	CA Portugais Fribourg	(5)	M50	30:24.3	4:21.9
61	119	GAY Bastien	1998	SC Grattavache - Le Crêt	(33)	M20	30:26.0	4:23.6
62	143	GUILLET Laurent	1967	CA Marly	(6)	M50	30:35.7	4:33.3
63	526	OBERSON Robin	1998	Team sans pression	(34)	M20	30:38.8	4:36.4
64	199	MORARD Quentin	2001	CS Marsens	(5)	MCA	30:40.2	4:37.8
65	400	FROSSARD Maverik	1994	FSG Charmey	(35)	M20	30:45.7	4:43.3
66	515	PACHE Jean-Claude	1965	Team Castella Sports	(7)	M50	30:48.6	4:46.2
67	233	PORÕES Benjamim	1966	CA Portugais Fribourg	(8)	M50	30:50.9	4:48.5
68	284	SONNEY Jean-Pierre	1969	CS Vallée du Flon	(17)	M40	30:51.8	4:49.4
69	196	MONTEIRO Filipe	1974	LAT Sense	(18)	M40	30:53.2	4:50.8
70	126	GLARDON Denis	1965	Bulle	(9)	M50	30:57.3	4:54.9
71	229	POCHON Frédéric	1973	CS Hauteville	(19)	M40	30:59.0	4:56.6
72	392	PILLOUD Olivier	1978	SABulle	(20)	M40	31:03.4	5:01.0
73	528	MERCIER Yoann	1990	CS Le Pâquier	(36)	M20	31:11.9	5:09.5
74	467	SCAIOLA Jean-Philippe	1975	Vuadens	(21)	M40	31:24.8	5:22.4
75	128	GOBET Gilles	1983	FSG Sâles	(37)	M20	31:30.0	5:27.6
76	462	PASQUIER Christophe	1980	CS Marsens	(38)	M20	31:33.9	5:31.5
77	52	CHASSOT Sebastien	1974	la Sportiva	(22)	M40	31:36.1	5:33.7
78	19	BERSET Xavier	1978	CA Belfaux	(23)	M40	31:37.3	5:34.9
79	175	KRUMMEN Thomas	1987	TV Bösinggen	(39)	M20	31:37.9	5:35.5
80	399	DARDANO Florian	1995	FSG Charmey	(40)	M20	31:39.4	5:37.0
81	155	ILLAN Emile	1999	Bulle	(4)	M19	31:49.2	5:46.8
82	393	GREMAUD Maxime	1991	Les Coureurs du dimanche	(41)	M20	31:50.3	5:47.9
83	267	SCHALLER Damien	1992	CA Marly	(42)	M20	31:53.3	5:50.9
84	493	NYDEGGER Beat	1961	Athletic Team Rechthalten	(10)	M50	31:54.0	5:51.6
85	210	OBERSON Cyril	1999	FC La Sionge	(5)	M19	31:54.8	5:52.4
86	141	GROGNOZ Vincent	1994	CS Vallée du Flon	(43)	M20	31:57.6	5:55.2
87	534	ULDRY Augustin	1998	UHC Treyvaux	(44)	M20	31:58.3	5:55.9
88	148	HAYOZ Erwin	1963	CA Portugais Fribourg	(11)	M50	31:59.8	5:57.4
89	298	TERREAUX Bernard	1952	CAG Farvagny	(1)	M60	32:03.0	6:00.6
90	375	YERLY Simon	1988	La Dza Running Club	(45)	M20	32:04.5	6:02.1
91	12	BACHMANN Jean-Bernard	1962	CA Marly	(12)	M50	32:05.0	6:02.6

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92	506	LIARD Arnaud	1992	FSG Sâles	(46)	M20	32:05.5	6:03.1
93	336	OLIVEIRA Paulo	1975	Trail TTT	(24)	M40	32:06.7	6:04.3
94	314	VOLERY Hervé	1997	Bulle	(47)	M20	32:19.0	6:16.6
95	530	SPICHER David	1970	LAT Sense	(25)	M40	32:21.5	6:19.1
96	260	SANTOS Paulo	1977	CA Portugais Fribourg	(26)	M40	32:25.1	6:22.7
97	470	COSTA Albino		CA Fribourg	(13)	M50	32:26.7	6:24.3
98	495	GENDRE Quentin	1994	Run like a fake slow	(48)	M20	32:28.0	6:25.6
99	500	PITTET Rodolphe	1990	La Dza Running Club	(49)	M20	32:30.6	6:28.2
100	499	FONTANA Stephan	1975	Athletic Team Rechthalten	(27)	M40	32:41.6	6:39.2
101	559	CAMP Zacary	1999	Payerne	(6)	M19	32:42.6	6:40.2
102	80	DEILLON Anthony	1996	CS Vallée du Flon	(50)	M20	32:43.4	6:41.0
103	220	PHILIPONA Alec	2000	Athletic Team Rechthalten	(7)	M19	32:48.1	6:45.7
104	142	GUILLEBEAU Michel	1974	LAT Sense	(28)	M40	32:48.9	6:46.5
105	295	TERCIER Frédéric	1977	Ethèvenin Running	(29)	M40	32:49.5	6:47.1
106	410	MORAND Arthur	2000	Vuippens	(8)	M19	32:50.1	6:47.7
107	253	ROSSI Etienne	2004	CS Hauteville	(1)	MCB	32:51.7	6:49.3
108	522	BERSET Philippe	1978	CAG Farvagny	(30)	M40	32:58.4	6:56.0
109	37	BUCHS Marco	1985	CS Marsens	(51)	M20	32:59.2	6:56.8
110	1	GUISOLAN David	1975	FSG Sales	(31)	M40	33:01.1	6:58.7
111	367	ALONSO Hugo	1998	Sâles	(52)	M20	33:02.4	7:00.0
112	178	LIARD Bruno	1998	FSG Sâles	(53)	M20	33:04.8	7:02.4
113	98	DESPRÉS Florent	2000	Pédale bulloise	(9)	M19	33:09.4	7:07.0
114	412	ANDREY Fabien	1999	Vuippens	(10)	M19	33:15.7	7:13.3
115	182	MARTINEZ Jean	1958	SABulle	(2)	M60	33:17.2	7:14.8
116	144	GUISAN Thibaud	1983	Fribourg	(54)	M20	33:19.4	7:17.0
117	68	CRAUSAZ Yann	2001	CS Hauteville	(6)	MCA	33:20.4	7:18.0
118	167	KOLLY Kevin	1995	CS Hauteville	(55)	M20	33:22.1	7:19.7
119	563	SAVARY Léo	2002	FSG Sâles	(7)	MCA	33:23.4	7:21.0
120	460	CURRAT Cédric	1973	Cloros team	(32)	M40	33:24.2	7:21.8
121	108	FLORIO Nicolas	1994	CS Marsens	(56)	M20	33:25.6	7:23.2
122	51	CHAPPUIS Michel	1954	CAGF Farvagny	(3)	M60	33:26.5	7:24.1
123	2	AEBISCHER Adrian	1974	TSV Heitenried	(33)	M40	33:27.4	7:25.0
124	520	DROUX Daniel	1979	CS Marsens	(57)	M20	33:29.6	7:27.2
125	478	MOOSER Alexandre	1973	Fribourg	(34)	M40	33:31.5	7:29.1
126	219	PETITE Xavier	1970	ACP Matran	(35)	M40	33:33.2	7:30.8
127	531	LUNEAU Joël	1991	Les Coureurs du dimanche	(58)	M20	33:39.2	7:36.8
128	529	BÜRGISSER Beat	1971	LAT Sense	(36)	M40	33:40.4	7:38.0
129	223	PICCAND Gabriel	1954	CAG Farvagny	(4)	M60	33:42.7	7:40.3
130	553	TCHEAU Alain	1969	La Tour de Trême	(37)	M40	33:45.0	7:42.6
131	100	DUFFEY Cedric	1982	La Tour-de-Treme	(59)	M20	33:49.2	7:46.8
132	36	BRÜLHART Benoît	1965	CAG Farvagny	(14)	M50	33:50.9	7:48.5
133	352	SALAMIN Colin	2003	Triviera Kids	(2)	MCB	33:53.7	7:51.3
134	261	SANTOS Amadeu	1964	CA Portugais Fribourg	(15)	M50	33:55.9	7:53.5
135	158	JENNY Peter	1951	LAT Sense	(5)	M60	33:57.9	7:55.5
136	89	DELACRÉTAZ Christian	1972	Roche	(38)	M40	33:58.5	7:56.1
137	482	PANCHAUD Norbert	1975	CS Hauteville	(39)	M40	33:59.7	7:57.3
138	483	GRANGER Raphaël	1974	Muraz	(40)	M40	34:04.7	8:02.3
139	332	PASQUIER Vincent	1987	UHC Sâles	(60)	M20	34:08.0	8:05.6
140	173	KOLLY Thomas	2003	CS Hauteville	(3)	MCB	34:08.6	8:06.2

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141	11	AYER Serge	1965	CAG Farvagny	(16)	M50	34:10.0	8:07.6
142	192	METTRAUX Loris	2002	Neyruz	(8)	MCA	34:13.3	8:10.9
143	195	MONNEY Maxime	1990	Bulle	(61)	M20	34:16.4	8:14.0
144	532	FAHRNI Michaël	1986	Rapide La Sionge	(62)	M20	34:19.3	8:16.9
145	138	GREMION Lionel	1996	Pringy	(63)	M20	34:20.1	8:17.7
146	320	WEISSMÜLLER Markus	1960	TV Bösingen	(17)	M50	34:20.9	8:18.5
147	461	GAMEIRO Tiago	1990	Marsens	(64)	M20	34:23.2	8:20.8
148	521	PURRO Adrien	1989	CA Treyvaux	(65)	M20	34:24.1	8:21.7
149	4	AEBY Patrik	1972	Giffers	(41)	M40	34:25.1	8:22.7
150	247	RISSE Lucas	2004	SABulle	(4)	MCB	34:25.6	8:23.2
151	512	DOUSSE Kevin	1991	Avry-devant-Pont	(66)	M20	34:26.0	8:23.6
152	212	ODY Damien	1971	CS Marsens	(42)	M40	34:31.4	8:29.0
153	117	GAVILLET Philippe	1966	CAG Farvagny	(18)	M50	34:37.1	8:34.7
154	337	PROGIN Michel	1987	Vuadens	(67)	M20	34:40.8	8:38.4
155	163	JOYE Philippe	1964	CARC Romont	(19)	M50	34:43.0	8:40.6
156	78	DE PAUW Kurt	1971	CAGF Farvagny	(43)	M40	34:44.1	8:41.7
157	494	VALLELIAN Danick	1991	Les Coureurs du dimanche	(68)	M20	34:45.9	8:43.5
158	275	SCHOUWEY Yoann	2004	CS Hauteville	(5)	MCB	34:49.7	8:47.3
159	58	CLERC Thierry	1973	Vuadens	(44)	M40	34:52.7	8:50.3
160	268	SCHALLER Claude	1967	La Tour-de-Trême	(20)	M50	34:55.5	8:53.1
161	187	MENOUD Sébastien	1992	Maules	(69)	M20	34:56.3	8:53.9
162	519	MAURON Gérard	1956	CARC Romont	(6)	M60	35:01.6	8:59.2
163	290	STRITT Karl	1950	LAT Sense	(7)	M60	35:06.7	9:04.3
164	509	CHOLLET Léon	2000	Les Ours	(11)	M19	35:13.6	9:11.2
165	406	RICHOZ Nicolas	1983	Vuisternens-devant-Romont	(70)	M20	35:14.4	9:12.0
166	538	WISSMÜLLER Baptiste	2002	CS Marsens	(9)	MCA	35:15.6	9:13.2
167	44	CARRILLO José Jésus	1957	SABulle	(8)	M60	35:23.8	9:21.4
168	251	ROMANENS Daniel	1966	CS Marsens	(21)	M50	35:24.9	9:22.5
169	536	BUCLIN Simon	2002	CS Marsens	(10)	MCA	35:28.0	9:25.6
170	206	NEVES Geraldo	1975	CA Portugais Fribourg	(45)	M40	35:29.1	9:26.7
171	209	OBERSON Nicolas	2000	Sorens	(12)	M19	35:30.0	9:27.6
172	140	GRIVEL Jean-Louis	1964	CS Marsens	(22)	M50	35:31.8	9:29.4
173	473	SCHUWEY Laurent	1974	SC Im Fang	(46)	M40	35:32.3	9:29.9
174	213	PASQUIER Loïc	2000	CS Marsens	(13)	M19	35:32.8	9:30.4
175	224	PILLER David	1996	Pont-la-ville	(71)	M20	35:33.3	9:30.9
176	338	GIMENEZ Arnaud	2002	Sâles	(11)	MCA	35:35.7	9:33.3
177	484	TURIN Daniel	1973	Swiss Facilities	(47)	M40	35:36.8	9:34.4
178	161	JORDAN Michel	1964	CS Marsens	(23)	M50	35:41.0	9:38.6
179	411	PASQUIER Arnaud	1997	Estavannens	(72)	M20	35:58.0	9:55.6
180	492	GACHOUD Frederic	1966	CSVF	(24)	M50	35:59.5	9:57.1
181	162	JOYE Denis	1973	CARC Romont	(48)	M40	36:00.5	9:58.1
182	59	CLÉMENT Georges	1971	CS Hauteville	(49)	M40	36:01.3	9:58.9
183	550	MENOUD Florian	1987	Romanens	(73)	M20	36:04.0	10:01.6
184	407	SCHAER Joris	1997	Avry	(74)	M20	36:05.0	10:02.6
185	541	BEAUD Kévin	1992	Etoile Sport de Vuivui	(75)	M20	36:06.2	10:03.8
186	111	FREIBURGHaus Philippe	1964	ACP Matran	(25)	M50	36:07.3	10:04.9
187	181	MARET Stéphane	1966	CA Belfaux	(26)	M50	36:08.2	10:05.8
188	540	CHARRIERE Florent	1991	La Dza Running Club	(76)	M20	36:09.9	10:07.5
189	200	MORET Baptiste	1987	Bulle	(77)	M20	36:10.9	10:08.5

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190	404	MAUROUX Patrice	1961	ACP Matran	(27)	M50	36:12.1	10:09.7
191	69	CUENI Peter	1953	Bösingen	(9)	M60	36:13.8	10:11.4
192	174	KOLLY Arnaud	2002	CS Hauteville	(12)	MCA	36:15.0	10:12.6
193	169	KOLLY Jacques	1972	ACP Matran	(50)	M40	36:16.1	10:13.7
194	328	ZUEBLIN Boris	1987	Riaz	(78)	M20	36:17.1	10:14.7
195	322	WYSSMÜLLER Martin	1969	CS Marsens	(51)	M40	36:18.6	10:16.2
196	256	ROULET Vincent	1977	Fiaugères	(52)	M40	36:19.6	10:17.2
197	84	DELABAYS Marc	1972	CARC Romont	(53)	M40	36:20.6	10:18.2
198	159	JOLLIET Julien	1986	SABulle	(79)	M20	36:22.7	10:20.3
199	413	GAPANY Clément	1997		(80)	M20	36:24.6	10:22.2
200	327	ZBINDEN Josef	1948	LAT Sense	(1)	M70	36:32.9	10:30.5
201	539	ROBADEY Jacques		FSG Bulle	(28)	M50	36:40.1	10:37.7
202	33	BRUNISHOLZ Patrick	1987	LAT Sense	(81)	M20	36:43.0	10:40.6
203	238	RAST Jacques	1948	CA Portugais Fribourg	(2)	M70	36:45.5	10:43.1
204	150	HERMANN Jean-Michel	1956	Givisiez	(10)	M60	36:46.4	10:44.0
205	329	ZURKINDEN Andreas	1965	LAT Sense	(29)	M50	36:47.4	10:45.0
206	477	MEYER Emile	2001	Sâles	(13)	MCA	36:53.9	10:51.5
207	263	SANTOS Celestino	1955	CA Portugais Fribourg	(11)	M60	36:57.4	10:55.0
208	146	HASSLER Adrien	2003	FC La Sionge	(6)	MCB	37:01.1	10:58.7
209	347	CHOLLET Michel	1969	FSG Sâles	(54)	M40	37:04.1	11:01.7
210	514	MOOSER André	1965	CARC Romont	(30)	M50	37:05.7	11:03.3
211	46	CASTELLA Valentin	1984	Pringy	(82)	M20	37:07.6	11:05.2
212	315	VON DER FORST Alexander	1967	ÇA Gibloux Farvagny	(31)	M50	37:10.6	11:08.2
213	107	FLEURY Jacques	1963	CARC Romont	(32)	M50	37:11.4	11:09.0
214	472	MARRO Olivier	1975	CS Marsens	(55)	M40	37:12.5	11:10.1
215	325	ZBINDEN Hermann	1953	LAT Sense	(12)	M60	37:13.1	11:10.7
216	48	CASTELLA Joseph	1962	CS Neirivue	(33)	M50	37:13.6	11:11.2
217	280	SIGRIST Frédéric	1975	La Tour-de-Trême	(56)	M40	37:15.1	11:12.7
218	471	SOARES Augusto		CAPF	(34)	M50	37:15.7	11:13.3
219	348	FAHRNI Sébastien	1991	Sâles	(83)	M20	37:16.4	11:14.0
220	349	ESPOSTO Jeremy (2005)	2004	Chavannes Les Forts	(7)	MCB	37:18.1	11:15.7
221	545	FABBRO Maxime	1993	Blonay	(84)	M20	37:18.8	11:16.4
222	42	BURNET Eric	1960	ACP Matran	(35)	M50	37:19.4	11:17.0
223	517	SUCHET Denis	1981	Cottens	(85)	M20	37:24.6	11:22.2
224	245	RICHOZ Pascal	1971	CARC Romont	(57)	M40	37:25.7	11:23.3
225	455	SAUTEUR Laurent	1971	Semsales	(58)	M40	37:27.9	11:25.5
226	565	YERLY David	1991	La Tour-de-Trême	(86)	M20	37:29.1	11:26.7
227	554	CRAUSAZ Sven	2003	CS Hauteville	(8)	MCB	37:30.0	11:27.6
228	341	SEYDOUX Matthieu	1994	Sâles	(87)	M20	37:31.1	11:28.7
229	188	MENOUD Kevin	1980	Les RunArts	(88)	M20	37:32.5	11:30.1
230	131	GOLLIARD Olivier	1988	UHC Sâles	(89)	M20	37:36.6	11:34.2
231	555	PONCET Pierre-Yves	1970	FSG Sâles	(59)	M40	37:38.2	11:35.8
232	147	HASSLER Nicolas	1971	FSG Sâles	(60)	M40	37:40.3	11:37.9
233	480	PITTET Lionel	2000	FC La Sionge	(14)	M19	37:43.8	11:41.4
234	504	GENOUD Christophe	1968	SABulle	(36)	M50	37:46.0	11:43.6
235	549	MAGNIN Pascal	1970	Broc	(61)	M40	37:51.3	11:48.9
236	343	COMTE Pierre	1967	FSG Broc	(37)	M50	37:58.6	11:56.2
237	194	MICHEL Rémy	1957	CA Portugais Fribourg	(13)	M60	38:00.2	11:57.8
238	8	ANGÉLOZ Henri	1964	CA Portugais Fribourg	(38)	M50	38:03.1	12:00.7

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239	216	PAUCHARD Bruno	1949	TV Bösingen	(14)	M60	38:05.4	12:03.0
240	104	ESPOSTO Giacomo	1978	Chavannes Les Forts	(62)	M40	38:10.4	12:08.0
241	354	GRECA Josef	1957	CAG Rossens	(15)	M60	38:13.3	12:10.9
242	551	SAVARY Laurent	1971	CS Marsens	(63)	M40	38:15.5	12:13.1
243	190	MERTENAT Emmanuel	1989	Marsens	(90)	M20	38:17.7	12:15.3
244	184	MAURON Pierre	1972	Sâles	(64)	M40	38:24.6	12:22.2
245	183	MAURON Romain	2004	Sâles	(9)	MCB	38:26.0	12:23.6
246	93	DEMIERRE Richard	1972	Châtel-St-Denis	(65)	M40	38:26.5	12:24.1
247	360	RUFFIEUX Thibault	2004	Maules	(10)	MCB	38:27.1	12:24.7
248	97	DESCLOUX Marcel	1948	CS Marsens	(3)	M70	38:27.7	12:25.3
249	507	GIRARD Jean-Daniel	1960	Lieffrens	(39)	M50	38:31.7	12:29.3
250	39	BUCLIN Hyun	1971	Marsens	(66)	M40	38:32.8	12:30.4
251	326	ZBINDEN Marius	1950	LAT Sense	(16)	M60	38:36.7	12:34.3
252	231	PORCHET Frédéric	1975	Vaulruz	(67)	M40	38:37.8	12:35.4
253	508	WENGER Roland	1989	Ponthaux	(91)	M20	38:49.6	12:47.2
254	476	CUENNET Yvon	1971	Procap Sport Broye	(68)	M40	38:56.1	12:53.7
255	35	BRÛLHART Cédric	1972	Les Lions	(69)	M40	38:58.6	12:56.2
256	116	GAUDARD Olivier	1981	Sâles	(92)	M20	38:59.4	12:57.0
257	296	TERCIER Michel	1949	La Villette	(17)	M60	39:00.1	12:57.7
258	129	GOBET Didier	1963	CAGF Farvagny	(40)	M50	39:05.3	13:02.9
259	170	KOLLY Christian	1967	CAGF Farvagny	(41)	M50	39:06.3	13:03.9
260	523	SCHNEUWLY Michael	1961	LAT Sense	(42)	M50	39:07.6	13:05.2
261	408	OBERSON Christophe	1972	Sâles	(70)	M40	39:11.0	13:08.6
262	359	BRAILLARD Gabriel	1949	CS Vallée du Flon	(18)	M60	39:17.9	13:15.5
263	465	FONTAINE Samuel	2002	Marsens	(14)	MCA	39:18.9	13:16.5
264	513	MERCIER Lionel	1992	Fribourg	(93)	M20	39:20.1	13:17.7
265	21	BIFRARE Frédéric	1967	CARC Romont	(43)	M50	39:21.6	13:19.2
266	516	FROSSARD Jean-Blaise	1962	Troistorrents	(44)	M50	39:23.3	13:20.9
267	176	KÜFFER Walter	1952	LAT Sense	(19)	M60	39:27.4	13:25.0
268	557	WICHT Romain	1992	Marsens	(94)	M20	39:28.3	13:25.9
269	401	BOURQUENOUD Yannick	2002	Vaulruz	(15)	MCA	39:29.7	13:27.3
270	558	BIANCHERI Nicola	1991	CS Marsens	(95)	M20	39:30.7	13:28.3
271	491	CARREL Fernand	1962	Athletic Team Rechthalten	(45)	M50	39:36.3	13:33.9
272	464	THÜRLER Michel	1979	Team Ogoz	(96)	M20	39:37.8	13:35.4
273	344	COMTE Romain	1999	Bulle	(15)	M19	39:40.9	13:38.5
274	378	DOUSSE Christian	1961	Shanghai 13	(46)	M50	39:42.6	13:40.2
275	186	MENOUD Guillaume	2004	FC La Sionge	(11)	MCB	39:43.9	13:41.5
276	77	DE GASPARO Charles-Etienne	1966	LAT Sense	(47)	M50	39:52.1	13:49.7
277	264	SAUDAN Baptiste	1977	Gumefens	(71)	M40	39:53.4	13:51.0
278	402	DESCHENAUX Simon	2002	Le Crêt	(16)	MCA	39:55.4	13:53.0
279	7	ANDREY Jean-Pierre	1959	ACP Matran	(48)	M50	39:56.3	13:53.9
280	546	FABBRO Cyril	1987	Bulle	(97)	M20	39:57.4	13:55.0
281	474	BOREL Tobias	1984	FSC Sâles	(98)	M20	39:58.4	13:56.0
282	258	RUTISHAUSER Claude	1960	CS Vallée du Flon	(49)	M50	39:59.4	13:57.0
283	340	HASSLER Baptiste	2003	FC La Sionge	(12)	MCB	40:03.8	14:01.4
284	487	ZAHNO Elmar	1966	Athletic Team Rechthalten	(50)	M50	40:05.2	14:02.8
285	380	REPOND Jean-Bernard	1958	SABulle	(20)	M60	40:06.7	14:04.3
286	172	KOLLY Daniel	1957	CAGF Farvagny	(21)	M60	40:17.8	14:15.4
287	74	CURRAT Christian	1954	CS Vallée du Flon	(22)	M60	40:28.8	14:26.4

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288	262	SANTOS Normando	1957	CA Portugais Fribourg	(23)	M60	40:37.0	14:34.6
289	54	CHAVAILLAZ Bernardin	1943	Ecuvillens	(4)	M70	40:45.2	14:42.8
290	310	VERI Alexandre	1967	Les Paccots	(51)	M50	40:46.2	14:43.8
291	379	BUTTY Christian	1965	FSG Sâles	(52)	M50	41:05.3	15:02.9
292	533	THURRE Gabriel	1955	Fribourg	(24)	M60	41:33.8	15:31.4
293	384	DORTHE Pierre-Alain	1964	ACP Matran	(53)	M50	41:35.3	15:32.9
294	132	GRANDGIRARD Pierre-André	1963	AT Cugy	(54)	M50	41:38.9	15:36.5
295	112	FÉNART Marc-Antoine	1985	Chénens	(99)	M20	41:55.7	15:53.3
296	64	COTTET Stéphane	1985	Corminboeuf	(100)	M20	42:04.4	16:02.0
297	385	METTRAUX René	1967	ACP Matran	(55)	M50	42:05.5	16:03.1
298	185	MAY Joseph	1956	Vollèges	(25)	M60	42:24.9	16:22.5
299	366	YERSIN Samuel	1942	Château-d'Oex	(5)	M70	42:27.7	16:25.3
300	469	MERCIER Sébastien	1978	Maules	(72)	M40	42:31.6	16:29.2
301	292	SUCHET Cyrill	1980	Vuadens	(101)	M20	43:11.9	17:09.5
302	323	WÜST Hugo	1943	TV Bösingén	(6)	M70	43:23.9	17:21.5
303	23	BOISSET Cedric	1972	La Tour-de-treme	(73)	M40	43:27.1	17:24.7
304	40	BUGNON Luc	1967	Bulle	(56)	M50	43:29.8	17:27.4
305	503	PUGIN Thomas	2001	Echarlens	(17)	MCA	43:32.2	17:29.8
306	152	HORII Koichiro	1962	Vuadens	(57)	M50	43:36.3	17:33.9
307	561	CAMPOS Daniel	1986	CAP Fribourg	(102)	M20	43:49.9	17:47.5
308	466	GUINNARD Bernard	1966	Villarimboud	(58)	M50	43:56.7	17:54.3
309	215	PASQUIER Jean-Claude	1957	lundi 6h	(26)	M60	43:58.6	17:56.2
310	489	GREMAUD Kilian	2002	Vaulruz	(18)	MCA	44:15.6	18:13.2
311	287	STEINMANN Michaël	1985	Lausanne	(103)	M20	44:33.3	18:30.9
312	160	JORDAN Pierre-Alain	1969	CS Neirivue	(74)	M40	44:38.4	18:36.0
313	556	RIGOLET José	1966	SABulle	(59)	M50	44:46.5	18:44.1
314	403	BERGMANN Emmanuel	1970	Broc	(75)	M40	45:06.4	19:04.0
315	123	GILLER Stéphane	1968	Hauteville	(60)	M50	45:21.7	19:19.3
316	82	DELABAYS Florian	2003	LUSSY	(13)	MCB	45:31.9	19:29.5
317	299	TEVON Pierre-André	1984	La Joux	(104)	M20	45:39.0	19:36.6
318	248	ROBERT Jean-Luc	1962	SABulle	(61)	M50	45:49.1	19:46.7
319	318	WAEBER René	1959	LAT Sense	(62)	M50	45:57.0	19:54.6
320	560	CUENAT Kilian	2004	La Folliaz	(14)	MCB	46:33.7	20:31.3
321	544	MARINI Marino	1959		(63)	M50	46:51.5	20:49.1
322	218	PERLER Moritz	1942	TSV Heitenried	(7)	M70	48:07.3	22:04.9
323	56	CHERVET Roland	1944	SCBroyard	(8)	M70	48:34.8	22:32.4
324	9	ANSERMOT Bertrand	1973	Sorens	(76)	M40	48:44.7	22:42.3
325	505	BERSET Patrick	1981	Prez-vers-Noréaz	(105)	M20	49:00.8	22:58.4
326	120	GENOUD Christian	1990	Progens	(106)	M20	49:01.5	22:59.1
327	236	PUGIN Antoine	1996	Epagny	(107)	M20	49:02.0	22:59.6
328	301	TISSOT Michel	1947	FSG Broc	(9)	M70	50:15.6	24:13.2
329	230	POLAERT Fabien	1975	Martigny	(77)	M40	51:27.5	25:25.1
330	85	DELABAYS Nicolas	1969	FSG Sales	(78)	M40	52:39.3	26:36.9
331	370	BARRAS Benjamin	1996	Romanens	(108)	M20	53:56.6	27:54.2