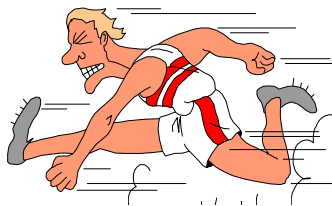


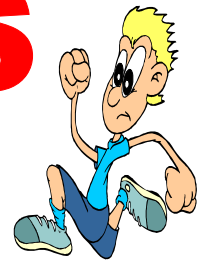
Samedi 16 juin 2007

SEMSALES - LE NIREMONT

Organisation: Club Sportif Vallée du Flon



RESULTATS



Championnat Fribourgeois des courses de la montagne

Course qui compte pour la coupe de :



Avec le soutien de

SPORT

SPORT

LOTÉRIE ROMANDE

SEMSALES - LE NIREMONT
Championnats fribourgeois de la montagne 2007
Coupe Journal La Gruyère
Course de montagne
Résultats officiels

| Cl | Dos | Nom et prénom | Année | L | Club / Domicile | Temps | Ecart |
|--|-----|-----------------------------|-------|---|---------------------|-----------|---------|
| F19 Dames juniors 1988 et plus jeunes 14 Km | | | | | | | |
| 1 | 164 | Colliard Laura | 1988 | L | SA Bulle | 1:20:14.0 | |
| 2 | 19 | Buchs Rachel | 1989 | L | LAT Sense | 1:23:02.4 | 2:48.4 |
| F20 Dames I 1968 - 1987 14 Km | | | | | | | |
| 1 | 61 | Suter Valérie | 1976 | L | CA Rosé | 1:08:37.5 | |
| 2 | 64 | Thürler Soraya | 1979 | | CAG Farvagny | 1:13:13.3 | 4:35.8 |
| 3 | 31 | Genoud Catherine | 1971 | | CS Marsens | 1:16:28.6 | 7:51.1 |
| 4 | 92 | Ternat Céline | 1977 | | Palézieux | 1:18:32.8 | 9:55.3 |
| 5 | 57 | Rey Annik | 1978 | L | CSVF | 1:18:42.1 | 10:04.6 |
| 6 | 72 | Genoud Corinne | 1973 | | CA Marly | 1:20:38.3 | 12:00.8 |
| 7 | 145 | Mooser Natacha | 1976 | L | FSG Charmey | 1:20:43.4 | 12:05.9 |
| 8 | 178 | Bovet Isabelle | 1980 | | Forel | 1:25:54.4 | 17:16.9 |
| 9 | 114 | Gendre Laurence | 1978 | | Semsaies | 1:31:15.7 | 22:38.2 |
| 10 | 181 | Repond Fabienne | 1971 | | CS Hauteville | 1:31:17.1 | 22:39.6 |
| 11 | 167 | Gobet Carole | 1979 | | CARC Romont | 1:31:39.5 | 23:02.0 |
| 12 | 154 | Waeber Yvette | 1970 | | CARC Romont | 1:31:39.8 | 23:02.3 |
| 13 | 104 | Chassot Nathalie | 1968 | | Epagny | 1:32:15.8 | 23:38.3 |
| 14 | 98 | Pache Sandra | 1969 | | CARC Romont | 1:36:40.6 | 28:03.1 |
| 15 | 69 | Brügger Julia | 1972 | | Bulle | 1:38:25.2 | 29:47.7 |
| 16 | 25 | Clauss Nathalie | 1969 | | CS Marsens | 1:39:52.2 | 31:14.7 |
| 17 | 151 | Grangier Anne-Claude | 1974 | | Bulle | 1:40:10.6 | 31:33.1 |
| 18 | 71 | Roulin Veruska | 1968 | | CS Broyard | 1:43:23.5 | 34:46.0 |
| F40 Dames 1967 et moins jeunes 14 Km | | | | | | | |
| 1 | 12 | Borcard Colette | 1964 | L | CS Neirivue | 1:05:46.0 | |
| 2 | 77 | Barbey Pierrette | 1957 | | SA Bulle | 1:15:40.3 | 9:54.3 |
| 3 | 96 | Chiquet Myriam | 1963 | L | TSV Rechthalten | 1:19:34.5 | 13:48.5 |
| 4 | 15 | Brasey Béatrice | 1967 | | CS Marsens | 1:19:44.7 | 13:58.7 |
| 5 | 58 | Rey Marguerite | 1963 | | SC Broyard | 1:23:37.2 | 17:51.2 |
| 6 | 190 | Gremaud-Cochard Lise-Louise | 1949 | | CARC Romont | 1:24:07.7 | 18:21.7 |
| 7 | 133 | Ravussin Isabelle | 1958 | | Aigle | 1:25:30.4 | 19:44.4 |
| 8 | 130 | Romagnoli Caroline | 1967 | | FSG Charmey | 1:25:31.9 | 19:45.9 |
| 9 | 125 | Duc Christine | 1964 | | CARC Romont | 1:25:54.9 | 20:08.9 |
| 10 | 34 | Gomez Chantal | 1962 | | Charmey | 1:27:11.9 | 21:25.9 |
| 11 | 119 | Howells Cathy | 1961 | | La Foulée Glandoise | 1:28:10.3 | 22:24.3 |
| 12 | 177 | Bach Francine | 1963 | | CARC Romont | 1:29:13.1 | 23:27.1 |
| 13 | 68 | Kolly Yvonne | 1960 | | CA Farvagny | 1:29:22.7 | 23:36.7 |
| 14 | 11 | Bochud Monique | 1957 | | CS Neirivue | 1:36:09.3 | 30:23.3 |
| 15 | 182 | Ecoffey Nathalie | 1962 | | CS Hauteville | 1:36:11.7 | 30:25.7 |
| 16 | 172 | Monney Agathe | 1960 | | CARC Romont | 1:36:26.6 | 30:40.6 |
| 17 | 162 | Clayton Diane | 1960 | | SC Hauteville | 1:37:24.8 | 31:38.8 |
| 18 | 78 | Beaud Bernadette | 1961 | | Charmey | 1:37:25.1 | 31:39.1 |
| 19 | 106 | Dénervaud Béatrice | 1965 | | CARC Romont | 1:39:20.4 | 33:34.4 |

| | | | | | |
|----|-----------------------|------|-----------------------|-----------|---------|
| 20 | 116 Blanc Françoise | 1955 | Châtel-St-Denis | 1:40:24.4 | 34:38.4 |
| 21 | 169 Bertholet Claire | 1958 | Footing Club Lausanne | 1:40:34.4 | 34:48.4 |
| 22 | 36 Grobéty Annick | 1955 | SC Broyard | 1:41:33.1 | 35:47.1 |
| 23 | 47 Ménétreay Danielle | 1965 | Chavannes-les-Forts | 1:42:18.6 | 36:32.6 |
| 24 | 161 Tissot Marlène | 1959 | Elsa Bike | 1:45:16.3 | 39:30.3 |
| 25 | 70 Lambert Lina | 1961 | CS Broyard | 1:45:21.9 | 39:35.9 |
| 26 | 43 Ludi Alice | 1934 | CSVF | 1:56:22.5 | 50:36.5 |

M19 Messieurs juniors 1988 et plus jeunes 14 Km

| | | | | | |
|---|---------------------|------|------------|-----------|---------|
| 1 | 87 Sallin Dimitri | 1988 | L SA Bulle | 1:05:55.3 | |
| 2 | 147 Mézier Julien | 1989 | L SA Bulle | 1:11:36.3 | 5:41.0 |
| 3 | 86 Franchetti Yves | 1988 | L SA Bulle | 1:12:39.1 | 6:43.8 |
| 4 | 6 Currat Vincent | 1988 | L CSVF | 1:14:48.3 | 8:53.0 |
| 5 | 55 Pochon Sébastien | 1989 | Grolley | 1:16:32.9 | 10:37.6 |

M20 Messieurs 1968 -1987 14 Km

| | | | | | |
|----|---------------------------|------|---------------------|-----------|---------|
| 1 | 108 Volery Georges | 1968 | CABV Martigny | 56:53.3 | |
| 2 | 134 Huber Erich | 1981 | L LAT Sense | 1:00:05.6 | 3:12.3 |
| 3 | 7 Grandjean Frédéric | 1980 | L CSVF | 1:01:21.3 | 4:28.0 |
| 4 | 152 Charrière Eric | 1983 | L SC Cerniat | 1:01:44.8 | 4:51.5 |
| 5 | 91 Rion Julien | 1981 | EPFL STI TEAM | 1:02:46.8 | 5:53.5 |
| 6 | 79 Scaiola Jean-Philippe | 1975 | Vuadens | 1:03:25.6 | 6:32.3 |
| 7 | 60 Singy Nicolas | 1975 | Villarlod | 1:05:18.3 | 8:25.0 |
| 8 | 148 Buchs Eric | 1980 | Team Lys d'alp | 1:05:23.2 | 8:29.9 |
| 9 | 16 Brodard Damien | 1971 | CS Hauteville | 1:05:24.2 | 8:30.9 |
| 10 | 142 Butty Xavier | 1987 | L Onnens | 1:05:40.1 | 8:46.8 |
| 11 | 168 Berset Benoît | 1975 | CA Belfaux | 1:05:41.3 | 8:48.0 |
| 12 | 2 Mesot Jean-Pierre | 1969 | L CSVF | 1:06:31.9 | 9:38.6 |
| 13 | 44 Magnin Olivier | 1975 | Team Lys d'alp | 1:06:38.1 | 9:44.8 |
| 14 | 38 Humbert Pierre-Maurice | 1976 | Vevey | 1:08:04.3 | 11:11.0 |
| 15 | 39 Irrausch Frank | 1969 | SA Bulle | 1:08:46.9 | 11:53.6 |
| 16 | 85 Pasquier Christophe | 1980 | Broc | 1:08:55.4 | 12:02.1 |
| 17 | 63 Thürler Laurent | 1968 | La Tour-de-Trême | 1:09:05.8 | 12:12.5 |
| 18 | 102 Gobet Yvan | 1969 | FSG Sâles | 1:09:08.7 | 12:15.4 |
| 19 | 93 Steinauer Martin | 1976 | CA Belfaux | 1:09:48.8 | 12:55.5 |
| 20 | 105 Seydoux William | 1969 | Château d'Oex | 1:10:12.7 | 13:19.4 |
| 21 | 3 Garin Stéphane | 1982 | L CSVF | 1:10:35.4 | 13:42.1 |
| 22 | 9 Beaud Raphaël | 1976 | CS Neirivue | 1:11:31.9 | 14:38.6 |
| 23 | 10 Berset Julien | 1981 | Bulle | 1:11:48.4 | 14:55.1 |
| 24 | 35 Gremaud François | 1973 | Sâles | 1:11:53.1 | 14:59.8 |
| 25 | 56 Progin Jean-Bernard | 1968 | Morlon | 1:12:58.0 | 16:04.7 |
| 26 | 128 Arm Laurent | 1971 | VC Montreux | 1:13:33.1 | 16:39.8 |
| 27 | 174 Droux Dominique | 1969 | Fétigny | 1:13:46.3 | 16:53.0 |
| 28 | 49 Morand Benoît | 1978 | Bulle | 1:13:53.7 | 17:00.4 |
| 29 | 141 Python Vincent | 1975 | Vuisternens-en-Ogoz | 1:14:02.7 | 17:09.4 |
| 30 | 14 Bourqui Benoît | 1974 | CARC Romont | 1:14:28.9 | 17:35.6 |
| 31 | 144 Mooser Markus | 1974 | FSG Charmey | 1:15:01.0 | 18:07.7 |
| 32 | 127 Papaux Pierre | 1979 | FSG La Combert | 1:15:36.0 | 18:42.7 |
| 33 | 186 Kräuchi Frank | 1972 | Club DEFI Nestlé | 1:16:09.2 | 19:15.9 |
| 34 | 113 Chollet Michel | 1969 | FSG Sâles | 1:16:15.4 | 19:22.1 |
| 35 | 159 Rigolet Steeve | 1970 | Chapelle (Glâne) | 1:16:25.4 | 19:32.1 |
| 36 | 166 Tercier Christophe | 1970 | CS Marsens | 1:16:37.9 | 19:44.6 |
| 37 | 183 Débaz Philippe | 1978 | Rossenges | 1:17:02.1 | 20:08.8 |
| 38 | 185 Bosson Jean-Daniel | 1970 | SC Riaz | 1:17:23.4 | 20:30.1 |

| | | | | | |
|----|------------------------|------|--------------------|-----------|---------|
| 39 | 76 Brülhart Patrice | 1977 | Chouettes Team | 1:19:43.2 | 22:49.9 |
| 40 | 170 Vuichard Nicolas | 1979 | Grattavache | 1:21:19.7 | 24:26.4 |
| 41 | 150 Veloso Cesar | 1985 | Genève | 1:23:47.2 | 26:53.9 |
| 42 | 149 Levet Yan | 1974 | La Roche - France | 1:23:47.6 | 26:54.3 |
| 43 | 184 Nicod Vincent | 1976 | Vulliens | 1:24:24.7 | 27:31.4 |
| 44 | 176 Ayer Sylvain | 1968 | Club DEFI Nestlé | 1:26:58.1 | 30:04.8 |
| 45 | 18 Buchs Laurent | 1975 | Rando - La Brillaz | 1:29:09.3 | 32:16.0 |
| 46 | 187 Millasson Hervé | 1982 | Châtel-St-Denis | 1:29:20.7 | 32:27.4 |
| 47 | 107 Ganour Karim | 1981 | Grand-Lancy | 1:32:53.2 | 35:59.9 |
| 48 | 83 Jordan Pierre-Alain | 1969 | CS Neirivue | 1:33:52.1 | 36:58.8 |
| 49 | 110 Gulin Carlos | 1968 | CARC Romont | 1:38:07.8 | 41:14.5 |
| 50 | 121 Sauteur Laurent | 1971 | Semsaes | 1:42:16.2 | 45:22.9 |

M40 Vétérans I 1958 - 1967 14 Km

| | | | | | |
|----|-------------------------|------|-----------------------------|-----------|---------|
| 1 | 139 Bifrare Jean-Pierre | 1958 | L CS Marsens | 1:01:03.5 | |
| 2 | 50 Mota Lopes Luis | 1967 | L CACPF | 1:01:56.7 | 53.2 |
| 3 | 94 Pache Jean-Claude | 1965 | Team Castella | 1:02:07.0 | 1:03.5 |
| 4 | 1 Pittet André | 1961 | L CSVF | 1:02:18.1 | 1:14.6 |
| 5 | 88 Pochon Patrick | 1961 | L SA Bulle | 1:04:30.4 | 3:26.9 |
| 6 | 73 Kolly Eric | 1966 | CA Farvagny | 1:04:41.6 | 3:38.1 |
| 7 | 136 Barras Gilles | 1961 | CA Farvagny | 1:06:42.2 | 5:38.7 |
| 8 | 41 Joye Jean-Claude | 1962 | CA Belfaux | 1:08:45.5 | 7:42.0 |
| 9 | 30 Francey Joël | 1963 | CARC Romont | 1:08:56.3 | 7:52.8 |
| 10 | 111 Descuves Jean-Paul | 1964 | Broc | 1:10:32.0 | 9:28.5 |
| 11 | 117 Blanc Jean-Michel | 1963 | L Centre Portugais Fribourg | 1:11:19.7 | 10:16.2 |
| 12 | 155 Mertenat Michel | 1961 | CA Rosé | 1:11:24.0 | 10:20.5 |
| 13 | 80 Bovigny Patrick | 1967 | SFG Sâles | 1:12:05.1 | 11:01.6 |
| 14 | 146 Niquille Pascal | 1963 | Charmey | 1:14:00.7 | 12:57.2 |
| 15 | 157 Hurni Hansjoerg | 1963 | TPF | 1:14:16.2 | 13:12.7 |
| 16 | 81 Butty Marcel | 1959 | L Onnens | 1:15:37.4 | 14:33.9 |
| 17 | 135 Rossier Marcel | 1959 | CSVF | 1:15:47.5 | 14:44.0 |
| 18 | 109 Aebischer Christian | 1962 | CSVF | 1:16:27.9 | 15:24.4 |
| 19 | 132 Bossel François | 1960 | L CSVF | 1:17:06.6 | 16:03.1 |
| 20 | 27 Currat Bruno | 1962 | Châtel-St-Denis | 1:17:54.9 | 16:51.4 |
| 21 | 59 Rossier Jacques | 1966 | Châtel-St-Denis | 1:18:06.8 | 17:03.3 |
| 22 | 75 Gachoud Frédéric | 1966 | Chouettes Team | 1:18:57.4 | 17:53.9 |
| 23 | 160 Fragnière Gérald | 1964 | SA Bulle | 1:18:58.2 | 17:54.7 |
| 24 | 126 Sallin André | 1960 | CS Neirivue | 1:19:00.9 | 17:57.4 |
| 25 | 13 Borcard Jean-Paul | 1959 | CS Neirivue | 1:20:01.6 | 18:58.1 |
| 26 | 54 Pochon Michel | 1961 | Grolley | 1:21:25.9 | 20:22.4 |
| 27 | 120 Scheuner Rolf | 1965 | Club DEFI Nestlé | 1:21:47.5 | 20:44.0 |
| 28 | 8 Alvarez José | 1961 | CACPF | 1:22:13.6 | 21:10.1 |
| 29 | 118 Pürro Jean-Marc | 1967 | La Roche | 1:23:12.7 | 22:09.2 |
| 30 | 143 Savoy Charly | 1960 | Tatroz | 1:23:14.8 | 22:11.3 |
| 31 | 165 Berset Laurent | 1961 | FSG | 1:23:27.4 | 22:23.9 |
| 32 | 171 Wiederkehr Beat | 1964 | Konolfingen | 1:23:32.0 | 22:28.5 |
| 33 | 100 Goel Jacques | 1962 | Carrouge VD | 1:24:01.8 | 22:58.3 |
| 34 | 26 Clauss Pierre | 1967 | CS Marsens | 1:24:20.0 | 23:16.5 |
| 35 | 66 Uldry François | 1965 | Les Sansoucis | 1:24:28.8 | 23:25.3 |
| 36 | 62 Terrapon Philippe | 1963 | Carrouge / VD | 1:25:55.4 | 24:51.9 |
| 37 | 173 Pilloud Henri | 1959 | Bossonnens | 1:26:02.1 | 24:58.6 |
| 38 | 29 Droux Raphaël | 1958 | Semsaes | 1:27:21.6 | 26:18.1 |
| 39 | 188 Rosset Claude | 1961 | Estavayer-le-lac | 1:33:11.2 | 32:07.7 |
| 40 | 175 Rigolet José | 1966 | SA Bulle | 1:34:02.5 | 32:59.0 |
| 41 | 95 Schuwey Markus | 1966 | Jaun | 1:38:38.8 | 37:35.3 |

M50 Vétérans II 1957 et moins jeunes 14 Km

| | | | | | |
|----|--------------------------|------|-------------------|-----------|-----------|
| 1 | 45 Marchon Michel | 1953 | FSG Broc | 1:03:51.7 | |
| 2 | 4 Bossel Gérald | 1957 | L CSVF | 1:07:22.5 | 3:30.8 |
| 3 | 140 Gross Gian | 1955 | CARE Vevey | 1:09:47.3 | 5:55.6 |
| 4 | 5 Currat Christian | 1954 | L CSVF | 1:14:03.9 | 10:12.2 |
| 5 | 46 Mauron Gérard | 1956 | L CARC Romont | 1:15:17.8 | 11:26.1 |
| 6 | 115 Currat Binbin | 1951 | CSVF | 1:16:21.7 | 12:30.0 |
| 7 | 180 Guillod Frédéric | 1957 | Epalinges | 1:18:22.4 | 14:30.7 |
| 8 | 28 Descloux Marcel | 1948 | CS Marsens | 1:18:29.0 | 14:37.3 |
| 9 | 52 Peguiron Pierre | 1956 | Bussigny | 1:19:09.9 | 15:18.2 |
| 10 | 42 Lambert Raymond | 1953 | Châtel-St-Denis | 1:19:27.0 | 15:35.3 |
| 11 | 112 Charrière Roland | 1954 | CSVF | 1:20:33.1 | 16:41.4 |
| 12 | 24 Chavaillaz Bernardin | 1943 | CAG Farvagny | 1:21:37.2 | 17:45.5 |
| 13 | 82 Yerly René | 1955 | VTT Broyard | 1:25:03.6 | 21:11.9 |
| 14 | 137 Wider Marcel | 1953 | CARC Romont | 1:25:48.5 | 21:56.8 |
| 15 | 131 Millasson André | 1943 | Châtel-St-Denis | 1:27:22.9 | 23:31.2 |
| 16 | 103 Petrulli Salvatore | 1946 | Courtaman | 1:27:33.8 | 23:42.1 |
| 17 | 163 Repond Bernard | 1944 | FSG Charmey | 1:28:13.4 | 24:21.7 |
| 18 | 124 Niquille Jean-Claude | 1957 | Bulle | 1:31:05.6 | 27:13.9 |
| 19 | 89 Colliard Claude | 1952 | SA Bulle | 1:31:27.5 | 27:35.8 |
| 20 | 179 Page André | 1952 | Gliss Club Romont | 1:31:33.9 | 27:42.2 |
| 21 | 122 Morattel Gaston | 1937 | Les Rotors | 1:33:55.7 | 30:04.0 |
| 22 | 84 Fracheboud René | 1950 | SA Bulle | 1:37:34.5 | 33:42.8 |
| 23 | 32 Genoud Jean | 1954 | Châtel-St-Denis | 1:38:31.1 | 34:39.4 |
| 24 | 48 Messerli Hervé | 1953 | SA Bulle | 1:41:08.5 | 37:16.8 |
| 25 | 65 Tissot Michel | 1947 | FSG Broc | 1:45:30.7 | 41:39.0 |
| 26 | 189 Gremaud Gérald | 1957 | CARC Romont | 2:11:41.6 | 1:07:49.9 |

MCA Cadets 1990 - 1993 14 Km

| | | | | | |
|---|-----------------------|------|------------|-----------|---------|
| 1 | 1118 Rauber Sebastian | 1990 | SC Im Fang | 1:09:17.9 | |
| 2 | 1117 Mertenat Samuel | 1991 | Marly | 1:29:14.5 | 19:56.6 |

NW Nordic Walking 11/ 14 Km

| | | | | | |
|------|----------------------|------|---------------------|-----------|--|
| 1162 | Berset Emmanuelle | 1960 | Onnens | 2:08:30.9 | |
| 1172 | Bourquenoud Francine | 1957 | Semsaes | 2:08:51.8 | |
| 1167 | Butty Claudine | 1962 | Onnens | 2:08:31.4 | |
| 1169 | Clément Josiane | 1958 | Avry | 1:57:07.8 | |
| 1170 | Cottet Jacques | | CSVF | 2:00:49.0 | |
| 1171 | Genton Catherine | 1966 | CSVF | 1:52:08.5 | |
| 1174 | Howells John | 1959 | La Foulée Glandoise | 2:29:20.6 | |
| 1176 | Huwiler Adrien | 1999 | Semsaes | 2:21:21.5 | |
| 1164 | Huwiler Blaise | 1994 | Semsaes | 2:15:14.8 | |
| 1166 | Huwiler Camille | 1997 | Semsaes | 2:21:21.9 | |
| 1175 | Huwiler Christophe | 1966 | Semsaes | 2:15:17.9 | |
| 1163 | Huwiler Suzanna | 1971 | Semsaes | 2:21:24.1 | |
| 1165 | Huwiler Valentin | 1995 | Semsaes | 2:02:35.4 | |
| 1168 | Rossier Francine | 1974 | Ursy | 1:57:06.3 | |
| 1173 | Ruffieux Patrice | | Bulle | 2:02:34.7 | |
| 1177 | Vuichard Eric | 1958 | Semsaes | 2:17:06.9 | |

Absent au départ

| | | | | | |
|----|-------------|------|-----|--|--|
| 20 | Buchs Willy | 1964 | TPF | | |
|----|-------------|------|-----|--|--|

21 Castella Joseph
23 Charlier Dominique
33 Gobet Didier
37 Hassler Nicolas
40 Jenny Adrian
51 Ody Damien
67 Villermaulaz Benoît
74 Schmoutz Stéphanie
90 Robert Jean-Luc
99 Rouget Phillipe
1161 Morand Pauline

1962 CS Neirivue
1967 La Tour-de-Trême
1963 CAG Farvagny
1971 fG Sâles
1979 L TV Wünnewil
1971 Sorens
1977 FSG Charmey
1936 CS Hauteville
1962 SA Bulle
1988 Pompaples
1983 Bulle

Abandon

22 Chablaix Karin
53 Piller Isabelle
97 Turelli Nico

1973 Maracon
1971 L CA Belfaux
1961 L CARC Romont

Soft Chrono Willy le 16.06.2007 à 19h.00