

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds
Résultats scratch 12.5 Km

Cl	Dos.	Nom et prénom	Année	Club / domicile	Temps (Cl)	CAT	Ecart
Scratch mixte 1 2,5 Km							
1	277	Costa César	1976	Asics Mont	42:40.93 (1)	M20	
2	137	Morgado Mário	1975	CAP Fribourg	44:26.18 (1)	M40	1:45.25
3	261	Theytaz Jean-Pierre	1983	CA Sierre	44:39.91 (2)	M20	1:58.98
4	120	Bailly Gilles	1977	FSG La Neuveville	44:50.95 (3)	M20	2:10.02
5	139	Cardinaux Pierre-Yves	1986	CS Vallée du Flon	45:44.51 (4)	M20	3:03.58
6	78	Brügger Werner	1975	TSV Rechthalten	46:23.12 (2)	M40	3:42.19
7	68	Girard Damien	1992	CARC Romont	46:29.99 (5)	M20	3:49.06
8	292	Grünig Kaspar	1973	TSV Düdingen	46:51.09 (3)	M40	4:10.16
9	132	Baghin Fabio	1984	Trilogie Running Team	47:03.44 (6)	M20	4:22.51
10	106	Conus Thierry	1976	CS Vallée du Flon	47:10.26 (7)	M20	4:29.33
11	302	Débaz Philippe	1978	Rossenges	48:04.31 (8)	M20	5:23.38
12	66	Etter Robert	1970	Gerbersport	48:39.68 (4)	M40	5:58.75
13	174	Chaudoye Fabien	1983	B3 Bulle Triathlon	48:42.43 (9)	M20	6:01.50
14	52	Gianella Fabio	1965	Lugnorre	48:55.29 (1)	M50	6:14.36
15	26	Balmer Jonathan	1993	CS Hauteville	49:03.47 (10)	M20	6:22.54
16	33	Demierre Stéphane	1990	deex app	49:06.38 (11)	M20	6:25.45
17	310	Simonet David	1994	CA Belfaux	49:12.53 (12)	M20	6:31.60
18	175	Vonlanthen Yvan	1985	TSV Rechthalten	49:16.60 (13)	M20	6:35.67
19	340	Savary Ivar	1992	Cycles Pache	49:19.07 (14)	M20	6:38.14
20	100	Fleury Lucien	1993	CARC Romont	49:41.21 (15)	M20	7:00.28
21	1	Pache Jean-Claude	1965	Team Castella Sport	49:55.33 (2)	M50	7:14.40
22	131	Clément Mathieu	1995	CS Hauteville	50:00.93 (16)	M20	7:20.00
23	135	Romanens Pierre	1973	CAG Farvagny	50:04.77 (5)	M40	7:23.84
24	339	Deillon Bertrand	1985	La Joux	50:24.16 (17)	M20	7:43.23
25	148	Pittet André	1961	CS Vallée du Flon	50:27.68 (3)	M50	7:46.75
26	89	Lüthi Oliver	1973	LAT Sense	50:50.92 (6)	M40	8:09.99
27	45	Piccand Cédric	1975	CAG Farvagny	50:54.43 (7)	M40	8:13.50
28	101	Vauthier Vladimir	1986	Les Vieux-Prés	51:04.05 (18)	M20	8:23.12
29	286	Rauber Sebastien	1990	SC Im Fang	51:06.79 (19)	M20	8:25.86
30	103	Mesot Jean-Pierre	1969	CS Vallée du Flon	51:19.98 (8)	M40	8:39.05
31	220	Jenny Inge	1978	TSV Düdingen/MAHU	51:26.13 (1)	F20	8:45.20
32	126	Almeida Nuno	1980	Trilogie Running Team	51:27.83 (20)	M20	8:46.90
33	31	Barras Gilles	1961	CAG Farvagny	51:28.76 (4)	M50	8:47.83
34	217	Bürgisser Nicole	1983	LAT Sense	51:30.85 (2)	F20	8:49.92
35	67	Glannaz Olivier	1977	CAG Farvagny	51:34.70 (21)	M20	8:53.77
36	164	Kolly Kévin	1995	Cs Hauteville	51:43.05 (22)	M20	9:02.12
37	117	Favre Sébastien	1970	La Tour-de-Trême	51:47.66 (9)	M40	9:06.73
38	298	Nydegger Beat	1961		51:52.28 (5)	M50	9:11.35
39	43	Moulin Norbert	1956	Volleges	51:59.31 (6)	M50	9:18.38
40	128	Pasquier Christophe	1980	CS Marsens	52:07.00 (23)	M20	9:26.07
41	267	Rappo Conca Sabine	1972	AC Murten	52:19.19 (1)	F40	9:38.26
42	160	Terreaux Bernard	1952	CAG Farvagny	52:19.69 (1)	M60	9:38.76
43	256	Gay Julien	1989	NEW CONCEPT SPORTS	52:31.00 (24)	M20	9:50.07
44	274	Costa Albino	1968	CA Fribourg	52:46.16 (10)	M40	10:05.23
45	293	Barras Cédric	1971	Montet	52:52.92 (11)	M40	10:11.99
46	319	Maillard Jérôme	1979	Evasion	52:57.31 (25)	M20	10:16.38
47	34	Bregnard Stephane	1964	CAP Fribourg	52:57.70 (7)	M50	10:16.77

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds
Résultats scratch 12.5 Km

Clit	Dos.	Nom et prénom	Année	Club / domicile	Temps (Clit)	CAT	Ecart
48	36	Vogt Philippe	1980	LAT Sense	53:02.59 (26)	M20	10:21.66
49	32	Balmer Eric	1965	SC Im Fang	53:05.77 (8)	M50	10:24.84
50	119	Roze Fabrice	1971	CAP Fribourg	53:13.19 (12)	M40	10:32.26
51	69	Rime Olivier	1976	CAG Farvagny	53:16.21 (27)	M20	10:35.28
52	104	Bielmann Francis	1964	La Roche	53:28.63 (9)	M50	10:47.70
53	176	Schumacher Virginie	1978	Trilogie Running Team	53:31.59 (3)	F20	10:50.66
54	81	Hayoz Erwin	1963	CAP Fribourg	53:34.78 (10)	M50	10:53.85
55	77	Moreira Sergio	1965	CAP Fribourg	53:43.35 (11)	M50	11:02.42
56	17	Monteiro Filipe	1974	LAT Sense	53:47.03 (13)	M40	11:06.10
57	258	Mauron Vincent	1984	CARC Romont	53:58.78 (28)	M20	11:17.85
58	48	Dubey Nicolas	1968	CAG Farvagny	54:00.16 (14)	M40	11:19.23
59	91	Krummen Thomas	1987	TV Bösinggen	54:02.96 (29)	M20	11:22.03
60	269	Conca Daniel	1964	AC Murten	54:06.91 (12)	M50	11:25.98
61	99	Mota Luis	1967	m.t.s	54:08.89 (15)	M40	11:27.96
62	12	Schaller Damien	1992	CA Marly	54:15.65 (30)	M20	11:34.72
63	283	Legrix Samuel	1974	CAG Farvagny	54:33.66 (16)	M40	11:52.73
64	186	Romanens Christelle	1978	CAG Farvagny	54:34.05 (4)	F20	11:53.12
65	22	Sonney Jean-Pierre	1969	CS Vallée du Flon	54:34.60 (17)	M40	11:53.67
66	169	Porões Benjamim	1966	CAP Fribourg	54:38.88 (18)	M40	11:57.95
67	343	Bifrare Jean-Pierre	1958	CS Marsens	54:41.41 (13)	M50	12:00.48
68	147	Mory Etienne	1990	Villariaz	54:59.04 (31)	M20	12:18.11
69	154	Grivel Jean-Louis	1964	CS Marsens	55:01.51 (14)	M50	12:20.58
70	16	Guillet Laurent	1967	CA Marly	55:23.54 (19)	M40	12:42.61
71	272	Grognez Vincent	1994	CS Vallée du Flon	55:24.04 (32)	M20	12:43.11
72	327	Charrière Johann	1986	Grattavache	55:26.01 (33)	M20	12:45.08
73	79	Gonzalez Amat Jose Luis	1979	Les fous du Dimanche	55:30.63 (34)	M20	12:49.70
74	28	Pochon Frédéric	1973	CS Hauteville	55:41.61 (20)	M40	13:00.68
75	138	Chappuis Michel	1954	CAG Farvagny	55:46.72 (2)	M60	13:05.79
76	257	Rech Patrick	1968	TSV Rechthalten	55:50.90 (21)	M40	13:09.97
77	152	Pittet Christophe	1977	Trilogie Running Team	55:51.34 (35)	M20	13:10.41
78	122	Aeby Patrik	1972	CA Marly	56:12.05 (22)	M40	13:31.12
79	72	Perisset Laurent	1982	Footing club Lausanne	56:24.90 (36)	M20	13:43.97
80	296	Robadey Jacques	1967	FSG Bulle	56:29.13 (23)	M40	13:48.20
81	35	Seydoux Laurent	1985	FSG Sâles	56:33.20 (37)	M20	13:52.27
82	285	Marmy Philippe	1975	Bussy	56:36.71 (24)	M40	13:55.78
83	422	Mooser Natacha	1976	SC Im Fang	56:37.92 (5)	F20	13:56.99
84	271	Jenny Peter	1951	St.Antoni	56:42.20 (3)	M60	14:01.27
85	322	Piccand Sébastien	1982	CAG Farvagny	56:44.29 (38)	M20	14:03.36
86	181	Buchs Rachel	1989	TSV Rechthalten	56:45.50 (6)	F20	14:04.57
87	64	Buchs Willy	1964	TSV Rechthalten	56:45.88 (15)	M50	14:04.95
88	281	Charrière Gaël	1982	Lausanne	56:51.16 (39)	M20	14:10.23
89	70	Baechler Gilbert	1970	TSV Rechthalten	56:54.07 (25)	M40	14:13.14
90	329	Dousse Georges	1968	CA Marly	56:59.40 (26)	M40	14:18.47
91	262	Varenne Frédéric	1970	Riaz	57:13.02 (27)	M40	14:32.09
92	113	Mezger Stefan	1963	Trilogie Running Team	57:13.85 (16)	M50	14:32.92
93	44	Gachoud Frédéric	1966	CS Vallée du Flon	57:17.36 (28)	M40	14:36.43
94	191	Monney Stéphanie	1970	CAG Farvagny	57:19.01 (2)	F40	14:38.08
95	90	Ferreira Filipe	1990	CAP Fribourg	57:20.38 (40)	M20	14:39.45
96	63	Barbey Rene	1967	Velo Club Lausanne	57:20.93 (29)	M40	14:40.00
97	295	Genoud Patrick	1969	CS Marsens	57:21.97 (30)	M40	14:41.04
98	268	Droux Daniel	1979	CARC Romont	57:24.83 (41)	M20	14:43.90

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds

Résultats scratch 12.5 Km

Cl	Dos.	Nom et prénom	Année	Club / domicile	Temps (Cl)	CAT	Ecart
99	243	Marmy Delphine	1993	CAG Farvagny	57:28.62 (7)	F20	14:47.69
100	29	Samuel Gilles	1978	SwissPertrail	57:39.77 (42)	M20	14:58.84
101	231	Kaymaz Zibung Irene	1983	LAT Sense	57:40.27 (8)	F20	14:59.34
102	107	Udry Matthias	1988	LAT Sense	57:40.71 (43)	M20	14:59.78
103	145	Jordan Michel	1964	Individuel	57:43.12 (17)	M50	15:02.19
104	58	Rolao Joao	1962	CAP Fribourg	57:45.10 (18)	M50	15:04.17
105	3	Ody Damien	1971	CS Marsens	57:48.29 (31)	M40	15:07.36
106	215	Colliard Laura	1988	La Tour-de-Trême	57:50.65 (9)	F20	15:09.72
107	321	Favre Rodolphe	1976	ES Ayent	58:01.69 (44)	M20	15:20.76
108	194	Ulrich Marjorie	1975	CS Vallée du Flon	58:02.90 (3)	F40	15:21.97
109	30	Piccand Gabriel	1954	CAG Farvagny	58:03.34 (4)	M60	15:22.41
110	204	Morgado Madalena	1978	CAP Fribourg	58:07.51 (10)	F20	15:26.58
111	83	Wyssen Alwin	1962	TSV Rechthalten	58:22.45 (19)	M50	15:41.52
112	250	Panchaud Norbert	1975	CS Hauteville	58:26.96 (32)	M40	15:46.03
113	249	Gachet Yvan	1976	Vauderens	58:31.19 (11)	F20	15:50.26
114	273	Colonna Elena	1982	Visp	58:41.52 (12)	F20	16:00.59
115	173	Mesot Vincent	1984	La Joux	58:42.18 (45)	M20	16:01.25
116	309	Caldas Miguel	1985	Ponterrolense	58:42.72 (46)	M20	16:01.79
117	245	Vial Bertrand	1978	Ski-club Grattavache - Le Crêt	58:46.51 (47)	M20	16:05.58
118	27	Barras Pascal	1969	CA Belfaux	58:47.17 (33)	M40	16:06.24
119	21	Santos Amadeu	1964	CAP Fribourg	58:50.25 (20)	M50	16:09.32
120	265	Chassot Frédéric	1989	Tatroz	59:01.29 (48)	M20	16:20.36
121	255	Uldry Marc	1975	Triviera	59:05.63 (34)	M40	16:24.70
122	254	Vetter Rolf	1965	Moléson	59:08.38 (21)	M50	16:27.45
123	336	Sampaio Stéphanie	1984	Les fous du Dimanche	59:11.07 (13)	F20	16:30.14
124	127	Butty Roger	1963	Aucun	59:11.73 (22)	M50	16:30.80
125	270	Zosso François	1968	Domdidier	59:13.87 (35)	M40	16:32.94
126	162	Buclin Hyun	1971	CS Marsens	59:14.58 (36)	M40	16:33.65
127	42	Gavillet Philippe	1966	CAG Farvagny	59:18.38 (37)	M40	16:37.45
128	123	Cardinaux Bertrand	1960	CS Vallée du Flon	59:19.97 (23)	M50	16:39.04
129	313	Mauron Gérald	1956	CARC Romont	59:23.26 (24)	M50	16:42.33
130	214	Schaller Anita	1962	CA Marly	59:24.58 (1)	F50	16:43.65
131	62	Käser Michael	1981	TV Bösinggen	59:30.57 (49)	M20	16:49.64
132	213	Repond France	1990	SA Bulle	59:34.47 (14)	F20	16:53.54
133	76	Clément Georges	1971	CS Hauteville	59:38.21 (38)	M40	16:57.28
134	57	Margot Vincent	1968	CS Vallée du Flon	59:41.94 (39)	M40	17:01.01
135	87	Francey Jérôme	1988	CA Marly	59:47.54 (50)	M20	17:06.61
136	251	Oumaziz Hamid	1968	Châtel-St-Denis	59:48.09 (40)	M40	17:07.16
137	146	Jaton Norbert	1978	Footing club Lausanne	59:48.92 (51)	M20	17:07.99
138	203	Traba Fátima	1966	CAP Fribourg	59:49.25 (4)	F40	17:08.32
139	73	Hirschi Hans-Peter	1957	CA Belfaux	59:51.83 (25)	M50	17:10.90
140	188	Almeida Laetitia	1985	Trilogie Running Team/Brooks	59:52.32 (15)	F20	17:11.39
141	172	Ayer Serge	1965	CAG Farvagny	1h00:05.23 (26)	M50	17:24.30
142	331	Dubey Eric	1969	Sévaz	1h00:06.06 (41)	M40	17:25.13
143	24	Pittet Patrice	1975	CAG Farvagny	1h00:07.32 (42)	M40	17:26.39
144	92	Greca Josef	1957	CAG Farvagny	1h00:09.19 (27)	M50	17:28.26
145	189	Favre Anne	1980	Team Lys'alp	1h00:13.31 (16)	F20	17:32.38
146	344	Repond Edouard	1988	Broc	1h00:15.67 (52)	M20	17:34.74
147	124	Santos Daniel	1987	Clarens	1h00:16.22 (53)	M20	17:35.29
148	165	Perritaz Joël	1968	CARC Romont	1h00:21.00 (43)	M40	17:40.07
149	288	Yerly Simon	1988	Jeunesse La Joux	1h00:27.37 (54)	M20	17:46.44

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds
Résultats scratch 12.5 Km

Cl't	Dos.	Nom et prénom	Année	Club / domicile	Temps (Cl't)	CAT	Ecart
150	168	Bossel Jean Noël	1959	CAP Fribourg	1h00:27.81 (28)	M50	17:46.88
151	41	Rutscho Jean-Daniel	1967	CS Marsens	1h00:34.13 (44)	M40	17:53.20
152	236	Carvalho Conceição	1973	CAP Fribourg	1h00:39.67 (5)	F40	17:58.74
153	314	Pittet Rodolphe	1990	La Joux	1h00:59.67 (55)	M20	18:18.74
154	19	Sigrist Vladimir	1974	CS Neirivue	1h01:21.15 (45)	M40	18:40.22
155	150	Germann Pascal	1980	Morges	1h01:28.62 (56)	M20	18:47.69
156	235	Traglia Lora	1988	CAP Fribourg	1h01:29.72 (17)	F20	18:48.79
157	110	Grandjean Denis	1960	CS Vallée du Flon	1h01:36.64 (29)	M50	18:55.71
158	303	Millasson Steve	1980	Les Millass	1h01:53.94 (57)	M20	19:13.01
159	207	Guillebeau Claudia	1973	LAT Sense	1h01:55.97 (6)	F40	19:15.04
160	2	Neves Geraldo	1975	CAP Fribourg	1h02:15.09 (46)	M40	19:34.16
161	38	Santos Celestino	1955	CAP Fribourg	1h02:22.56 (5)	M60	19:41.63
162	208	Moulin Marina	1983	Vollèges	1h02:24.10 (18)	F20	19:43.17
163	55	Papaux Baptiste	1985	VBC Smile	1h02:26.19 (58)	M20	19:45.26
164	86	Angéloz Henri	1964	CAP Fribourg	1h02:26.63 (30)	M50	19:45.70
165	287	Francey Eric	1965		1h02:27.61 (31)	M50	19:46.68
166	311	Richoz Pascal	1971	CARC Romont	1h02:28.16 (47)	M40	19:47.23
167	163	Curat François	1970	CS Vallée du Flon	1h02:30.36 (48)	M40	19:49.43
168	301	Epiney Astrid	1965	Fribourg	1h02:32.94 (2)	F50	19:52.01
169	183	Conus Kathleen	1988	CS Vallée du Flon	1h02:33.49 (19)	F20	19:52.56
170	205	Terrapon Georgette	1961	CS Vallée du Flon	1h02:39.81 (3)	F50	19:58.88
171	61	Germann Christian	1952	Vauderens	1h02:49.70 (6)	M60	20:08.77
172	184	Scheurer Isabelle	1972	CARC Romont	1h02:51.84 (7)	F40	20:10.91
173	166	Braillard Gabriel	1948	CS Vallée du Flon	1h02:54.31 (7)	M60	20:13.38
174	221	Seydoux Josepha	1989	CS Vallée du Flon	1h02:58.87 (20)	F20	20:17.94
175	317	Aeby Thomas	1987	Dompierre	1h03:04.75 (59)	M20	20:23.82
176	290	Brodard Guillet Nathalie	1978	Les Sansoucis Echarlens	1h03:08.76 (21)	F20	20:27.83
177	153	Zurkinden Andreas	1965	LAT Sense	1h03:12.82 (32)	M50	20:31.89
178	185	Zurkinden Susanne	1965	LAT Sense	1h03:13.37 (4)	F50	20:32.44
179	71	Jolliet Julien	1986	Bulle	1h03:18.43 (60)	M20	20:37.50
180	56	Rast Jacques	1948	CAP Fribourg	1h03:20.95 (8)	M60	20:40.02
181	93	Girard Alain	1957	tpf	1h03:21.72 (33)	M50	20:40.79
182	280	Gremaud Olivier	1988	LHC Treyvaux	1h03:22.44 (61)	M20	20:41.51
183	115	Sciboz Hubert	1968	VBC Smile	1h03:22.93 (49)	M40	20:42.00
184	326	Mauroux Patrice	1961	ACPM Matran	1h03:27.38 (34)	M50	20:46.45
185	246	Schambach Franz	1960	Servion	1h03:28.42 (35)	M50	20:47.49
186	210	Silva Anabela	1973	CAP Fribourg	1h03:31.45 (8)	F40	20:50.52
187	345	Correia Daniel	1989	Porsel	1h03:33.75 (62)	M20	20:52.82
188	167	Barras Michel	1955	CS Hauteville	1h03:37.38 (9)	M60	20:56.45
189	190	Neuhaus Brigitte	1971	TSV Rechthalten	1h03:42.21 (9)	F40	21:01.28
190	305	Schornoz Sandrine	1972	Avenches	1h03:43.42 (10)	F40	21:02.49
191	9	Mercier Thierry	1973	Froideville	1h03:44.02 (50)	M40	21:03.09
192	125	Fleury Jacques André	1963	CARC Romont	1h03:48.47 (36)	M50	21:07.54
193	252	Burnet Eric	1960	La Corbaz	1h03:52.32 (37)	M50	21:11.39
194	241	Fragnière Ursula	1968	CS Marsens	1h03:55.78 (11)	F40	21:14.85
195	108	Stritt Karl	1950	LAT Sense	1h03:57.26 (10)	M60	21:16.33
196	315	Pereira Marco	1981	CAP Fribourg	1h04:00.39 (63)	M20	21:19.46
197	226	Burri Esther	1964	TSV Heitenried	1h04:01.00 (5)	F50	21:20.07
198	211	Aebischer Marie-Madeleine	1965	TSV Heitenried	1h04:01.55 (6)	F50	21:20.62
199	260	Chapatte Jean-Luc	1977	ACPM Matran	1h04:02.43 (64)	M20	21:21.50
200	240	Roussy Danièle	1964	Footing club Lausanne	1h04:03.09 (7)	F50	21:22.16

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds
Résultats scratch 12.5 Km

Cl	Dos.	Nom et prénom	Année	Club / domicile	Temps (Cl)	CAT	Ecart
201	300	Schuler Jean-Roland	1961	Team Lys'alp	1h04:13.36 (38)	M50	21:32.43
202	242	Fragnière Emilie	1993	Bulle	1h04:15.94 (22)	F20	21:35.01
203	223	Uldry Aline	1988	FC la Sionge	1h04:19.95 (23)	F20	21:39.02
204	114	Soares Augusto	1966	CAP Fribourg	1h04:25.11 (51)	M40	21:44.18
205	8	Pauchard Bruno	1949	TV Bösinggen	1h04:31.71 (11)	M60	21:50.78
206	232	Pillonel Sylvie	1972	A Travers Cugy	1h04:34.01 (12)	F40	21:53.08
207	178	Bach Francine	1963	CARC Romont	1h04:37.97 (8)	F50	21:57.04
208	75	Savary Laurent	1971	CS Marsens	1h04:41.70 (52)	M40	22:00.77
209	97	Richoz Olivier	1969	CS Vallée du Flon	1h04:44.72 (53)	M40	22:03.79
210	88	Sudan Dominique	1954	FSG Bulle	1h04:48.79 (12)	M60	22:07.86
211	37	Lirgg Uli	1956	Cloros Team	1h04:57.96 (39)	M50	22:17.03
212	13	Genoud Patrick	1969	Châtel-St-Denis	1h05:17.19 (54)	M40	22:36.26
213	80	Bourquenoud Jacques	1958	Gym Ursy	1h05:25.76 (40)	M50	22:44.83
214	112	Denervaud Claude	1979	Bouloz	1h05:28.12 (65)	M20	22:47.19
215	192	Brodard Karine	1974	Vuadens	1h05:30.48 (13)	F40	22:49.55
216	6	Michel Rémy	1957	CAP Fribourg	1h05:35.43 (41)	M50	22:54.50
217	54	Fernandes Nuno	1983	CAP Fribourg	1h05:47.46 (66)	M20	23:06.53
218	94	Baptista António	1958	CAP Fribourg	1h05:59.38 (42)	M50	23:18.45
219	312	Minning Maëlle	1995	CS Hauteville	1h06:01.85 (24)	F20	23:20.92
220	323	Schouwey Karine	1980	CAG Farvagny	1h06:02.73 (25)	F20	23:21.80
221	177	Gardoni Bénédicte	1967	CA Marly	1h06:11.63 (14)	F40	23:30.70
222	47	Berset Frédéric	1981	CAG Farvagny	1h06:14.04 (67)	M20	23:33.11
223	266	Rossel Jean-Luc	1953	Riaz	1h06:20.63 (13)	M60	23:39.70
224	142	Chavaille Bernardin	1943	CAG Farvagny	1h06:22.89 (14)	M60	23:41.96
225	276	Gapany Laurette	1969	CS Marsens	1h06:24.04 (15)	F40	23:43.11
226	328	Prélaz Jean-Michel	1964	Rue	1h06:27.72 (43)	M50	23:46.79
227	238	Baghin Zuzana	1984	Trilogie Running Team	1h06:35.03 (26)	F20	23:54.10
228	332	Cuennet Yvan	1971	Semi Marathon Fribourg	1h06:35.36 (55)	M40	23:54.43
229	264	Rüfenacht Andreas	1965	Fiaugères	1h06:36.13 (44)	M50	23:55.20
230	105	Fernandes Jose	1952	CAP Fribourg	1h06:37.00 (15)	M60	23:56.07
231	118	Garin Joël	1987	UHT Semsales	1h06:38.32 (68)	M20	23:57.39
232	237	Silva Maria	1957	CAP Fribourg	1h06:41.12 (9)	F50	24:00.19
233	341	Guisolan François	1970	ACPM Matran	1h06:42.39 (56)	M40	24:01.46
234	230	Fleury Justine	1995	CARC Romont	1h06:53.81 (27)	F20	24:12.88
235	96	Hassler Nicolas	1971	FSG Sâles	1h07:00.90 (57)	M40	24:19.97
236	74	Andrey Jean-Pierre	1959	ACPM Matran	1h07:10.95 (45)	M50	24:30.02
237	320	Aebischer Christian	1962	CS Vallée du Flon	1h07:17.65 (46)	M50	24:36.72
238	199	Lambert Lina	1961	CS Broyard	1h07:28.31 (10)	F50	24:47.38
239	225	Savary Nicole	1970	CS Marsens	1h07:31.17 (16)	F40	24:50.24
240	333	Pasquier Henri	1950	CS Hauteville	1h07:36.06 (16)	M60	24:55.13
241	284	Dougoud Alexandre	1975	Trilogie Running Team	1h07:39.30 (58)	M40	24:58.37
242	14	Bubendorf Thomas	1965	Blonay	1h07:40.56 (47)	M50	24:59.63
243	136	Decorvet Herbert	1966	TV Bösinggen	1h07:45.01 (59)	M40	25:04.08
244	25	Wüst Hugo	1943	TV Bösinggen	1h07:48.36 (17)	M60	25:07.43
245	289	Diserens Céline	1984	UHT Semsales	1h07:52.32 (28)	F20	25:11.39
246	209	Dubois Florence	1976	vuisternens en ogoz	1h07:58.41 (29)	F20	25:17.48
247	65	Sousa António	1958	CAP Fribourg	1h08:07.53 (48)	M50	25:26.60
248	330	Marmy Christophe	1968	Bussy	1h08:08.52 (60)	M40	25:27.59
249	46	Bifrare Frédéric	1967	CARC Romont	1h08:10.33 (61)	M40	25:29.40
250	253	Tercier Michel	1949	Charmey	1h08:31.15 (18)	M60	25:50.22
251	98	Kolly Christian	1967	CAG Farvagny	1h08:34.89 (62)	M40	25:53.96

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds
Résultats scratch 12.5 Km

Cl	Dos.	Nom et prénom	Année	Club / domicile	Temps (Cl)	CAT	Ecart
252	259	Chapatte Doris	1980	ACPM Matran	1h08:41.31 (30)	F20	26:00.38
253	200	Ayer Chantal	1965	CAG Farvagny	1h08:43.73 (11)	F50	26:02.80
254	193	Schöpfer Corina	1994	LAT Sense	1h08:53.40 (31)	F20	26:12.47
255	275	Piccand Aline	1983	CA Broyard	1h09:01.97 (32)	F20	26:21.04
256	95	Scarfo Vincent	1937	Sporting Club Broyard	1h09:06.09 (19)	M60	26:25.16
257	85	Fernandes Celso	1978	CAP Fribourg	1h09:07.63 (69)	M20	26:26.70
258	109	Bérard André	1960	Charrat	1h09:09.11 (49)	M50	26:28.18
259	279	Guillochon Christophe	1978	Promasens	1h09:12.02 (70)	M20	26:31.09
260	10	De Gasparo Charles-Etienne	1966	LAT Sense	1h09:14.55 (63)	M40	26:33.62
261	304	Millasson Hervé	1982	Châtel-St-Denis	1h09:16.69 (71)	M20	26:35.76
262	149	Soguel Daniel	1952	CS Vallée du Flon	1h09:17.13 (20)	M60	26:36.20
263	282	Charrière Henri	1957	St-Martin	1h09:18.45 (50)	M50	26:37.52
264	180	Rieder Laure	1978	Teysalpi	1h09:33.99 (33)	F20	26:53.06
265	196	Pittet Florianne	1985	Baden	1h09:35.37 (34)	F20	26:54.44
266	15	Descloux Marcel	1948	CS Marsens	1h09:39.60 (21)	M60	26:58.67
267	129	Schaller Herbert	1961	CA Marly	1h09:44.98 (51)	M50	27:04.05
268	179	Gomez Chantal	1962	SC Im Fang	1h09:50.03 (12)	F50	27:09.10
269	202	Cuénoud Marilyn	1976	Palézieux-Gare	1h09:52.34 (35)	F20	27:11.41
270	219	Clément Rutscho Natacha	1975	CS Marsens	1h09:53.28 (17)	F40	27:12.35
271	197	Porões Adélia	1969	CAP Fribourg	1h09:54.10 (18)	F40	27:13.17
272	159	Robadey Félix	1944	FSG Bulle	1h09:56.57 (22)	M60	27:15.64
273	5	Pepè Cetrangolo	1970	libero	1h10:05.36 (64)	M40	27:24.43
274	134	Ansermet Pascal	1962	Montbrelloz	1h10:14.64 (52)	M50	27:33.71
275	182	Gobet Papaux Carole	1979	CARC Romont	1h10:20.41 (36)	F20	27:39.48
276	316	Eichenberger Nicole	1981	Wohlen	1h10:44.36 (37)	F20	28:03.43
277	244	Roulin Elodie	1990	CARC Romont	1h10:52.11 (38)	F20	28:11.18
278	116	Corboz Simon	1994	Vesin	1h10:56.94 (72)	M20	28:16.01
279	239	Morisetti Muriel	1974	NEW CONCEPT SPORTS	1h11:04.69 (19)	F40	28:23.76
280	111	Gusset Christophe	1973	A Travers Cuchy	1h11:11.11 (65)	M40	28:30.18
281	294	Corminboeuf Célia	1980	CarC Romont	1h11:22.15 (39)	F20	28:41.22
282	307	Grandgirard Pierre-André	1963	A Travers Cuchy	1h11:47.92 (53)	M50	29:06.99
283	299	Butty Christian	1965	FSG Sâles	1h11:51.32 (54)	M50	29:10.39
284	140	Mettraux René	1967	ACPM Matran	1h12:02.64 (66)	M40	29:21.71
285	60	Overney Henri	1943	CA Marly	1h12:23.18 (23)	M60	29:42.25
286	306	Grandgirard Bernard	1970	Cugy	1h12:25.05 (67)	M40	29:44.12
287	297	Monney Myriam	1970	Trilogie Running Team	1h12:26.26 (20)	F40	29:45.33
288	198	Bardy Carole	1974	Promasens	1h12:30.43 (21)	F40	29:49.50
289	171	Rey Jerome	1977	Porsel	1h12:43.62 (73)	M20	30:02.69
290	84	Sudan Olivier	1984	Prez-vers-Siviriez	1h12:45.71 (74)	M20	30:04.78
291	229	Beaud Françoise	1958	CS Neirivue	1h13:08.45 (13)	F50	30:27.52
292	216	Soguel Jannick	1983	CS Vallée du Flon	1h13:47.34 (40)	F20	31:06.41
293	40	Petrulli Salvatore	1946	CAP Fribourg	1h14:17.39 (24)	M60	31:36.46
294	157	Corboz Martin	1959	ATC Cugy	1h14:49.69 (55)	M50	32:08.76
295	133	Crespo Jose	1976	Renens	1h15:01.55 (75)	M20	32:20.62
296	248	Meuwly Laure	1978	St-Martin	1h15:13.91 (41)	F20	32:32.98
297	325	Bugnon Marie-Noëlle	1973	CARC Romont	1h15:28.63 (22)	F40	32:47.70
298	187	Baudois Fanny	1994	CARC Romont	1h15:49.07 (42)	F20	33:08.14
299	49	Fürst René	1960	ACPM Murten	1h16:19.83 (56)	M50	33:38.90
300	151	Eggimann Ruedi	1947	FSG Bulle	1h16:23.89 (25)	M60	33:42.96
301	234	Quartenoud Magali	1990	Le Mouret	1h16:27.90 (43)	F20	33:46.97
302	39	Waeber René	1959	LAT Sense	1h16:39.60 (57)	M50	33:58.67

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds
Résultats scratch 12.5 Km

Clit	Dos.	Nom et prénom	Année	Club / domicile	Temps (Clit)	CAT	Ecart
303	195	Guzzinati Laetitia	1989	Neyruz	1h16:47.79 (44)	F20	34:06.86
304	337	Duarte Filipe	1978	Les fous du Dimanche	1h17:11.08 (76)	M20	34:30.15
305	130	Fernandes Pedro	1976	Trilogie Running Team	1h17:24.59 (77)	M20	34:43.66
306	23	Piccand Jacques	1953	SA Bulle	1h17:24.98 (26)	M60	34:44.05
307	247	Currat Marcel	1949	CS vallée du Flon	1h18:31.17 (27)	M60	35:50.24
308	212	Malterre Monique	1948	Sporting Club Broyard	1h19:14.02 (14)	F50	36:33.09
309	335	Valado Vanessa	1989	Les fous du Dimanche	1h20:08.56 (45)	F20	37:27.63
310	338	Rodriguez Margarita	1974	Les fous du Dimanche	1h20:09.00 (23)	F40	37:28.07
311	334	Buchs Claudio	1976	Les fous du Dimanche	1h20:09.50 (78)	M20	37:28.57
312	53	Messerli Hervé	1953	SA Bulle	1h20:35.92 (28)	M60	37:54.99
313	324	Zurmuchen Laure	1976	Les Paccots	1h20:56.35 (46)	F20	38:15.42
314	427	Kozomara Uschi	1972	Trilogie Running Team	1h21:19.48 (24)	F40	38:38.55
315	342	Blanleuil Caroline	1986	Ursy	1h21:56.94 (47)	F20	39:16.01
316	18	Conne Alain	1963	ESSERTES	1h22:21.17 (58)	M50	39:40.24
317	227	Moret Jocelyne	1956	ACPM Matran	1h24:01.04 (15)	F50	41:20.11
318	218	Helfer Nadine	1970	CARC Romont	1h24:11.80 (25)	F40	41:30.87
319	141	Tissot Michel	1947	Broc	1h24:26.30 (29)	M60	41:45.37
320	158	Burgy Yves	1964	ACPM Matran	1h26:40.01 (59)	M50	43:59.08
321	263	Cachin Philippe	1980	Rossens	1h31:59.32 (79)	M20	49:18.39
322	318	Clavadetscher Carole	1959	Caux	1h32:44.04 (16)	F50	50:03.11
323	228	Ludi Alice	1934	CS Vallée du Flon	1h49:00.00 (17)	F50	1h06:19.07

Scratch dames 12,5 Km

1	220	Jenny Inge	1978	TSV Düringen/MAHU	51:26.13 (1)	F20	
2	217	Bürgisser Nicole	1983	LAT Sense	51:30.85 (2)	F20	4.72
3	267	Rappo Conca Sabine	1972	AC Murten	52:19.19 (1)	F40	53.06
4	176	Schumacher Virginie	1978	Trilogie Running Team	53:31.59 (3)	F20	2:05.46
5	186	Romanens Christelle	1978	CAG Farvagny	54:34.05 (4)	F20	3:07.92
6	422	Mooser Natacha	1976	SC Im Fang	56:37.92 (5)	F20	5:11.79
7	181	Buchs Rachel	1989	TSV Rechthalten	56:45.50 (6)	F20	5:19.37
8	191	Monney Stéphanie	1970	CAG Farvagny	57:19.01 (2)	F40	5:52.88
9	243	Marmy Delphine	1993	CAG Farvagny	57:28.62 (7)	F20	6:02.49
10	231	Kaymaz Zibung Irene	1983	LAT Sense	57:40.27 (8)	F20	6:14.14
11	215	Colliard Laura	1988	La Tour-de-Trême	57:50.65 (9)	F20	6:24.52
12	194	Ulrich Marjorie	1975	CS Vallée du Flon	58:02.90 (3)	F40	6:36.77
13	204	Morgado Madalena	1978	CAP Fribourg	58:07.51 (10)	F20	6:41.38
14	249	Gachet Yvan	1976	Vauderens	58:31.19 (11)	F20	7:05.06
15	273	Colonna Elena	1982	Visp	58:41.52 (12)	F20	7:15.39
16	336	Sampaio Stéphanie	1984	Les fous du Dimanche	59:11.07 (13)	F20	7:44.94
17	214	Schaller Anita	1962	CA Marly	59:24.58 (1)	F50	7:58.45
18	213	Repond France	1990	SA Bulle	59:34.47 (14)	F20	8:08.34
19	203	Traba Fátima	1966	CAP Fribourg	59:49.25 (4)	F40	8:23.12
20	188	Almeida Laetitia	1985	Trilogie Running Team/Brooks	59:52.32 (15)	F20	8:26.19
21	189	Favre Anne	1980	Team Lys'alp	1h00:13.31 (16)	F20	8:47.18
22	236	Carvalho Conceição	1973	CAP Fribourg	1h00:39.67 (5)	F40	9:13.54
23	235	Traglia Lora	1988	CAP Fribourg	1h01:29.72 (17)	F20	10:03.59
24	207	Guillebeau Claudia	1973	LAT Sense	1h01:55.97 (6)	F40	10:29.84
25	208	Moulin Marina	1983	Vollèges	1h02:24.10 (18)	F20	10:57.97

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds
Résultats scratch 12.5 Km

Clit	Dos.	Nom et prénom	Année	Club / domicile	Temps (Clit)	CAT	Ecart
26	301	Epiney Astrid	1965	Fribourg	1h02:32.94 (2)	F50	11:06.81
27	183	Conus Kathleen	1988	CS Vallée du Flon	1h02:33.49 (19)	F20	11:07.36
28	205	Terrapon Georgette	1961	CS Vallée du Flon	1h02:39.81 (3)	F50	11:13.68
29	184	Scheurer Isabelle	1972	CARC Romont	1h02:51.84 (7)	F40	11:25.71
30	221	Seydoux Josepha	1989	CS Vallée du Flon	1h02:58.87 (20)	F20	11:32.74
31	290	Brodard Guillet Nathalie	1978	Les Sansoucis Echarlens	1h03:08.76 (21)	F20	11:42.63
32	185	Zurkinden Susanne	1965	LAT Sense	1h03:13.37 (4)	F50	11:47.24
33	210	Silva Anabela	1973	CAP Fribourg	1h03:31.45 (8)	F40	12:05.32
34	190	Neuhaus Brigitte	1971	TSV Rechthalten	1h03:42.21 (9)	F40	12:16.08
35	305	Schornoz Sandrine	1972	Avenches	1h03:43.42 (10)	F40	12:17.29
36	241	Fragnière Ursula	1968	CS Marsens	1h03:55.78 (11)	F40	12:29.65
37	226	Burri Esther	1964	TSV Heitenried	1h04:01.00 (5)	F50	12:34.87
38	211	Aebischer Marie-Madeleine	1965	TSV Heitenried	1h04:01.55 (6)	F50	12:35.42
39	240	Roussy Danièle	1964	Footing club Lausanne	1h04:03.09 (7)	F50	12:36.96
40	242	Fragnière Emilie	1993	Bulle	1h04:15.94 (22)	F20	12:49.81
41	223	Uldry Aline	1988	FC la Sionge	1h04:19.95 (23)	F20	12:53.82
42	232	Pillonel Sylvie	1972	A Travers Cugy	1h04:34.01 (12)	F40	13:07.88
43	178	Bach Francine	1963	CARC Romont	1h04:37.97 (8)	F50	13:11.84
44	192	Brodard Karine	1974	Vuadens	1h05:30.48 (13)	F40	14:04.35
45	312	Minning Maëlle	1995	CS Hauteville	1h06:01.85 (24)	F20	14:35.72
46	323	Schouwey Karine	1980	CAG Farvagny	1h06:02.73 (25)	F20	14:36.60
47	177	Gardoni Bénédicte	1967	CA Marly	1h06:11.63 (14)	F40	14:45.50
48	276	Gapany Laurette	1969	CS Marsens	1h06:24.04 (15)	F40	14:57.91
49	238	Baghin Zuzana	1984	Trilogie Running Team	1h06:35.03 (26)	F20	15:08.90
50	237	Silva Maria	1957	CAP Fribourg	1h06:41.12 (9)	F50	15:14.99
51	230	Fleury Justine	1995	CARC Romont	1h06:53.81 (27)	F20	15:27.68
52	199	Lambert Lina	1961	CS Broyard	1h07:28.31 (10)	F50	16:02.18
53	225	Savary Nicole	1970	CS Marsens	1h07:31.17 (16)	F40	16:05.04
54	289	Diserens Céline	1984	UHT Semsales	1h07:52.32 (28)	F20	16:26.19
55	209	Dubois Florence	1976	vuisternens en ogoz	1h07:58.41 (29)	F20	16:32.28
56	259	Chapatte Doris	1980	ACPM Matran	1h08:41.31 (30)	F20	17:15.18
57	200	Ayer Chantal	1965	CAG Farvagny	1h08:43.73 (11)	F50	17:17.60
58	193	Schöpfer Corina	1994	LAT Sense	1h08:53.40 (31)	F20	17:27.27
59	275	Piccand Aline	1983	CA Broyard	1h09:01.97 (32)	F20	17:35.84
60	180	Rieder Laure	1978	Teysalpi	1h09:33.99 (33)	F20	18:07.86
61	196	Pittet Florianne	1985	Baden	1h09:35.37 (34)	F20	18:09.24
62	179	Gomez Chantal	1962	SC Im Fang	1h09:50.03 (12)	F50	18:23.90
63	202	Cuénoud Marilyn	1976	Palézieux-Gare	1h09:52.34 (35)	F20	18:26.21
64	219	Clément Rutscho Natacha	1975	CS Marsens	1h09:53.28 (17)	F40	18:27.15
65	197	Porões Adélia	1969	CAP Fribourg	1h09:54.10 (18)	F40	18:27.97
66	182	Gobet Papaux Carole	1979	CARC Romont	1h10:20.41 (36)	F20	18:54.28
67	316	Eichenberger Nicole	1981	Wohlen	1h10:44.36 (37)	F20	19:18.23
68	244	Roulin Elodie	1990	CARC Romont	1h10:52.11 (38)	F20	19:25.98
69	239	Morisetti Muriel	1974	NEW CONCEPT SPORTS	1h11:04.69 (19)	F40	19:38.56
70	294	Corminboeuf Célia	1980	CarC Romont	1h11:22.15 (39)	F20	19:56.02
71	297	Monney Myriam	1970	Trilogie Running Team	1h12:26.26 (20)	F40	21:00.13
72	198	Bardy Carole	1974	Promasens	1h12:30.43 (21)	F40	21:04.30
73	229	Beaud Françoise	1958	CS Neirivue	1h13:08.45 (13)	F50	21:42.32
74	216	Soguel Jannick	1983	CS Vallée du Flon	1h13:47.34 (40)	F20	22:21.21
75	248	Meuwly Laure	1978	St-Martin	1h15:13.91 (41)	F20	23:47.78
76	325	Bugnon Marie-Noëlle	1973	CARC Romont	1h15:28.63 (22)	F40	24:02.50

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds

Résultats scratch 12.5 Km

Cl	Dos.	Nom et prénom	Année	Club / domicile	Temps (Cl)	CAT	Ecart
77	187	Baudois Fanny	1994	CARC Romont	1h15:49.07 (42)	F20	24:22.94
78	234	Quartenoud Magali	1990	Le Mouret	1h16:27.90 (43)	F20	25:01.77
79	195	Guzzinati Laetitia	1989	Neyruz	1h16:47.79 (44)	F20	25:21.66
80	212	Malterre Monique	1948	Sporting Club Broyard	1h19:14.02 (14)	F50	27:47.89
81	335	Valado Vanessa	1989	Les fous du Dimanche	1h20:08.56 (45)	F20	28:42.43
82	338	Rodriguez Margarita	1974	Les fous du Dimanche	1h20:09.00 (23)	F40	28:42.87
83	324	Zurmuchen Laure	1976	Les Paccots	1h20:56.35 (46)	F20	29:30.22
84	427	Kozomara Uschi	1972	Trilogie Running Team	1h21:19.48 (24)	F40	29:53.35
85	342	Blanleuil Caroline	1986	Ursy	1h21:56.94 (47)	F20	30:30.81
86	227	Moret Jocelyne	1956	ACPM Matran	1h24:01.04 (15)	F50	32:34.91
87	218	Helfer Nadine	1970	CARC Romont	1h24:11.80 (25)	F40	32:45.67
88	318	Clavadetscher Carole	1959	Caux	1h32:44.04 (16)	F50	41:17.91
89	228	Ludi Alice	1934	CS Vallée du Flon	1h49:00.00 (17)	F50	57:33.87

Scratch hommes 12,5 Km

1	277	Costa César	1976	Asics Mont	42:40.93 (1)	M20	
2	137	Morgado Mário	1975	CAP Fribourg	44:26.18 (1)	M40	1:45.25
3	261	Theytaz Jean-Pierre	1983	CA Sierre	44:39.91 (2)	M20	1:58.98
4	120	Bailly Gilles	1977	FSG La Neuveville	44:50.95 (3)	M20	2:10.02
5	139	Cardinaux Pierre-Yves	1986	CS Vallée du Flon	45:44.51 (4)	M20	3:03.58
6	78	Brügger Werner	1975	TSV Rechthalten	46:23.12 (2)	M40	3:42.19
7	68	Girard Damien	1992	CARC Romont	46:29.99 (5)	M20	3:49.06
8	292	Grünig Kaspar	1973	TSV Düdingen	46:51.09 (3)	M40	4:10.16
9	132	Baghin Fabio	1984	Trilogie Running Team	47:03.44 (6)	M20	4:22.51
10	106	Conus Thierry	1976	CS Vallée du Flon	47:10.26 (7)	M20	4:29.33
11	302	Débaz Philippe	1978	Rossenges	48:04.31 (8)	M20	5:23.38
12	66	Etter Robert	1970	Gerbersport	48:39.68 (4)	M40	5:58.75
13	174	Chaudoye Fabien	1983	B3 Bulle Triathlon	48:42.43 (9)	M20	6:01.50
14	52	Gianella Fabio	1965	Lugnorre	48:55.29 (1)	M50	6:14.36
15	26	Balmer Jonathan	1993	CS Hauteville	49:03.47 (10)	M20	6:22.54
16	33	Demierre Stéphane	1990	deex app	49:06.38 (11)	M20	6:25.45
17	310	Simonet David	1994	CA Belfaux	49:12.53 (12)	M20	6:31.60
18	175	Vonlanthen Yvan	1985	TSV Rechthalten	49:16.60 (13)	M20	6:35.67
19	340	Savary Ivar	1992	Cycles Pache	49:19.07 (14)	M20	6:38.14
20	100	Fleury Lucien	1993	CARC Romont	49:41.21 (15)	M20	7:00.28
21	1	Pache Jean-Claude	1965	Team Castella Sport	49:55.33 (2)	M50	7:14.40
22	131	Clément Mathieu	1995	CS Hauteville	50:00.93 (16)	M20	7:20.00
23	135	Romanens Pierre	1973	CAG Farvagny	50:04.77 (5)	M40	7:23.84
24	339	Deillon Bertrand	1985	La Joux	50:24.16 (17)	M20	7:43.23
25	148	Pittet André	1961	CS Vallée du Flon	50:27.68 (3)	M50	7:46.75
26	89	Lüthi Oliver	1973	LAT Sense	50:50.92 (6)	M40	8:09.99
27	45	Piccand Cédric	1975	CAG Farvagny	50:54.43 (7)	M40	8:13.50
28	101	Vauthier Vladimir	1986	Les Vieux-Prés	51:04.05 (18)	M20	8:23.12
29	286	Rauber Sebastien	1990	SC Im Fang	51:06.79 (19)	M20	8:25.86
30	103	Mesot Jean-Pierre	1969	CS Vallée du Flon	51:19.98 (8)	M40	8:39.05
31	126	Almeida Nuno	1980	Trilogie Running Team	51:27.83 (20)	M20	8:46.90
32	31	Barras Gilles	1961	CAG Farvagny	51:28.76 (4)	M50	8:47.83
33	67	Glannaz Olivier	1977	CAG Farvagny	51:34.70 (21)	M20	8:53.77

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds
Résultats scratch 12.5 Km

Clit	Dos.	Nom et prénom	Année	Club / domicile	Temps (Clit)	CAT	Ecart
34	164	Kolly Kévin	1995	Cs Hauteville	51:43.05 (22)	M20	9:02.12
35	117	Favre Sébastien	1970	La Tour-de-Trême	51:47.66 (9)	M40	9:06.73
36	298	Nydegger Beat	1961		51:52.28 (5)	M50	9:11.35
37	43	Moulin Norbert	1956	Volleges	51:59.31 (6)	M50	9:18.38
38	128	Pasquier Christophe	1980	CS Marsens	52:07.00 (23)	M20	9:26.07
39	160	Terreaux Bernard	1952	CAG Farvagny	52:19.69 (1)	M60	9:38.76
40	256	Gay Julien	1989	NEW CONCEPT SPORTS	52:31.00 (24)	M20	9:50.07
41	274	Costa Albino	1968	CA Fribourg	52:46.16 (10)	M40	10:05.23
42	293	Barras Cédric	1971	Montet	52:52.92 (11)	M40	10:11.99
43	319	Maillard Jérôme	1979	Evasion	52:57.31 (25)	M20	10:16.38
44	34	Bregnard Stephane	1964	CAP Fribourg	52:57.70 (7)	M50	10:16.77
45	36	Vogt Philippe	1980	LAT Sense	53:02.59 (26)	M20	10:21.66
46	32	Balmer Eric	1965	SC Im Fang	53:05.77 (8)	M50	10:24.84
47	119	Roze Fabrice	1971	CAP Fribourg	53:13.19 (12)	M40	10:32.26
48	69	Rime Olivier	1976	CAG Farvagny	53:16.21 (27)	M20	10:35.28
49	104	Bielmann Francis	1964	La Roche	53:28.63 (9)	M50	10:47.70
50	81	Hayoz Erwin	1963	CAP Fribourg	53:34.78 (10)	M50	10:53.85
51	77	Moreira Sergio	1965	CAP Fribourg	53:43.35 (11)	M50	11:02.42
52	17	Monteiro Filipe	1974	LAT Sense	53:47.03 (13)	M40	11:06.10
53	258	Mauron Vincent	1984	CARC Romont	53:58.78 (28)	M20	11:17.85
54	48	Dubey Nicolas	1968	CAG Farvagny	54:00.16 (14)	M40	11:19.23
55	91	Krummen Thomas	1987	TV Bösinggen	54:02.96 (29)	M20	11:22.03
56	269	Conca Daniel	1964	AC Murten	54:06.91 (12)	M50	11:25.98
57	99	Mota Luis	1967	m.t.s	54:08.89 (15)	M40	11:27.96
58	12	Schaller Damien	1992	CA Marly	54:15.65 (30)	M20	11:34.72
59	283	Legrix Samuel	1974	CAG Farvagny	54:33.66 (16)	M40	11:52.73
60	22	Sonney Jean-Pierre	1969	CS Vallée du Flon	54:34.60 (17)	M40	11:53.67
61	169	Porões Benjamim	1966	CAP Fribourg	54:38.88 (18)	M40	11:57.95
62	343	Bifrare Jean-Pierre	1958	CS Marsens	54:41.41 (13)	M50	12:00.48
63	147	Mory Etienne	1990	Villariaz	54:59.04 (31)	M20	12:18.11
64	154	Grivel Jean-Louis	1964	CS Marsens	55:01.51 (14)	M50	12:20.58
65	16	Guillet Laurent	1967	CA Marly	55:23.54 (19)	M40	12:42.61
66	272	Grognuz Vincent	1994	CS Vallée du Flon	55:24.04 (32)	M20	12:43.11
67	327	Charrière Johann	1986	Grattavache	55:26.01 (33)	M20	12:45.08
68	79	Gonzalez Amat Jose Luis	1979	Les fous du Dimanche	55:30.63 (34)	M20	12:49.70
69	28	Pochon Frédéric	1973	CS Hauteville	55:41.61 (20)	M40	13:00.68
70	138	Chappuis Michel	1954	CAG Farvagny	55:46.72 (2)	M60	13:05.79
71	257	Rech Patrick	1968	TSV Rechthalten	55:50.90 (21)	M40	13:09.97
72	152	Pittet Christophe	1977	Trilogie Running Team	55:51.34 (35)	M20	13:10.41
73	122	Aeby Patrik	1972	CA Marly	56:12.05 (22)	M40	13:31.12
74	72	Perisset Laurent	1982	Footing club Lausanne	56:24.90 (36)	M20	13:43.97
75	296	Robadey Jacques	1967	FSG Bulle	56:29.13 (23)	M40	13:48.20
76	35	Seydoux Laurent	1985	FSG Sâles	56:33.20 (37)	M20	13:52.27
77	285	Marmy Philippe	1975	Bussy	56:36.71 (24)	M40	13:55.78
78	271	Jenny Peter	1951	St.Antoni	56:42.20 (3)	M60	14:01.27
79	322	Piccand Sébastien	1982	CAG Farvagny	56:44.29 (38)	M20	14:03.36
80	64	Buchs Willy	1964	TSV Rechthalten	56:45.88 (15)	M50	14:04.95
81	281	Charrière Gaël	1982	Lausanne	56:51.16 (39)	M20	14:10.23
82	70	Baechler Gilbert	1970	TSV Rechthalten	56:54.07 (25)	M40	14:13.14
83	329	Dousse Georges	1968	CA Marly	56:59.40 (26)	M40	14:18.47
84	262	Varenne Frédéric	1970	Riaz	57:13.02 (27)	M40	14:32.09

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds
Résultats scratch 12.5 Km

Clit	Dos.	Nom et prénom	Année	Club / domicile	Temps (Clit)	CAT	Ecart
85	113	Mezger Stefan	1963	Trilogie Running Team	57:13.85 (16)	M50	14:32.92
86	44	Gachoud Frédéric	1966	CS Vallée du Flon	57:17.36 (28)	M40	14:36.43
87	90	Ferreira Filipe	1990	CAP Fribourg	57:20.38 (40)	M20	14:39.45
88	63	Barbey Rene	1967	Velo Club Lausanne	57:20.93 (29)	M40	14:40.00
89	295	Genoud Patrick	1969	CS Marsens	57:21.97 (30)	M40	14:41.04
90	268	Droux Daniel	1979	CARC Romont	57:24.83 (41)	M20	14:43.90
91	29	Samuel Gilles	1978	SwissPerftrail	57:39.77 (42)	M20	14:58.84
92	107	Udry Matthias	1988	LAT Sense	57:40.71 (43)	M20	14:59.78
93	145	Jordan Michel	1964	Individuel	57:43.12 (17)	M50	15:02.19
94	58	Rolao Joao	1962	CAP Fribourg	57:45.10 (18)	M50	15:04.17
95	3	Ody Damien	1971	CS Marsens	57:48.29 (31)	M40	15:07.36
96	321	Favre Rodolphe	1976	ES Ayent	58:01.69 (44)	M20	15:20.76
97	30	Piccand Gabriel	1954	CAG Farvagny	58:03.34 (4)	M60	15:22.41
98	83	Wyssen Alwin	1962	TSV Rechthalten	58:22.45 (19)	M50	15:41.52
99	250	Panchaud Norbert	1975	CS Hauteville	58:26.96 (32)	M40	15:46.03
100	173	Mesot Vincent	1984	La Joux	58:42.18 (45)	M20	16:01.25
101	309	Caldas Miguel	1985	Ponterrolense	58:42.72 (46)	M20	16:01.79
102	245	Vial Bertrand	1978	Ski-club Grattavache - Le Crêt	58:46.51 (47)	M20	16:05.58
103	27	Barras Pascal	1969	CA Belfaux	58:47.17 (33)	M40	16:06.24
104	21	Santos Amadeu	1964	CAP Fribourg	58:50.25 (20)	M50	16:09.32
105	265	Chassot Frédéric	1989	Tatroz	59:01.29 (48)	M20	16:20.36
106	255	Uldry Marc	1975	Triviera	59:05.63 (34)	M40	16:24.70
107	254	Vetter Rolf	1965	Moléson	59:08.38 (21)	M50	16:27.45
108	127	Butty Roger	1963	Aucun	59:11.73 (22)	M50	16:30.80
109	270	Zosso François	1968	Domdidier	59:13.87 (35)	M40	16:32.94
110	162	Buclin Hyun	1971	CS Marsens	59:14.58 (36)	M40	16:33.65
111	42	Gavillet Philippe	1966	CAG Farvagny	59:18.38 (37)	M40	16:37.45
112	123	Cardinaux Bertrand	1960	CS Vallée du Flon	59:19.97 (23)	M50	16:39.04
113	313	Mauron Gérald	1956	CARC Romont	59:23.26 (24)	M50	16:42.33
114	62	Käser Michael	1981	TV Bösinggen	59:30.57 (49)	M20	16:49.64
115	76	Clément Georges	1971	CS Hauteville	59:38.21 (38)	M40	16:57.28
116	57	Margot Vincent	1968	CS Vallée du Flon	59:41.94 (39)	M40	17:01.01
117	87	Francey Jérôme	1988	CA Marly	59:47.54 (50)	M20	17:06.61
118	251	Oumaziz Hamid	1968	Châtel-St-Denis	59:48.09 (40)	M40	17:07.16
119	146	Jaton Norbert	1978	Footing club Lausanne	59:48.92 (51)	M20	17:07.99
120	73	Hirschi Hans-Peter	1957	CA Belfaux	59:51.83 (25)	M50	17:10.90
121	172	Ayer Serge	1965	CAG Farvagny	1h00:05.23 (26)	M50	17:24.30
122	331	Dubey Eric	1969	Sévaz	1h00:06.06 (41)	M40	17:25.13
123	24	Pittet Patrice	1975	CAG Farvagny	1h00:07.32 (42)	M40	17:26.39
124	92	Greca Josef	1957	CAG Farvagny	1h00:09.19 (27)	M50	17:28.26
125	344	Repond Edouard	1988	Broc	1h00:15.67 (52)	M20	17:34.74
126	124	Santos Daniel	1987	Clarens	1h00:16.22 (53)	M20	17:35.29
127	165	Perritaz Joël	1968	CARC Romont	1h00:21.00 (43)	M40	17:40.07
128	288	Yerly Simon	1988	Jeunesse La Joux	1h00:27.37 (54)	M20	17:46.44
129	168	Bossel Jean Noël	1959	CAP Fribourg	1h00:27.81 (28)	M50	17:46.88
130	41	Rutscho Jean-Daniel	1967	CS Marsens	1h00:34.13 (44)	M40	17:53.20
131	314	Pittet Rodolphe	1990	La Joux	1h00:59.67 (55)	M20	18:18.74
132	19	Sigrist Vladimir	1974	CS Neirivue	1h01:21.15 (45)	M40	18:40.22
133	150	Germann Pascal	1980	Morges	1h01:28.62 (56)	M20	18:47.69
134	110	Grandjean Denis	1960	CS Vallée du Flon	1h01:36.64 (29)	M50	18:55.71
135	303	Millasson Steve	1980	Les Millass	1h01:53.94 (57)	M20	19:13.01

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds
Résultats scratch 12.5 Km

Clit	Dos.	Nom et prénom	Année	Club / domicile	Temps (Clit)	CAT	Ecart
136	2	Neves Geraldo	1975	CAP Fribourg	1h02:15.09 (46)	M40	19:34.16
137	38	Santos Celestino	1955	CAP Fribourg	1h02:22.56 (5)	M60	19:41.63
138	55	Papaux Baptiste	1985	VBC Smile	1h02:26.19 (58)	M20	19:45.26
139	86	Angéloz Henri	1964	CAP Fribourg	1h02:26.63 (30)	M50	19:45.70
140	287	Francey Eric	1965		1h02:27.61 (31)	M50	19:46.68
141	311	Richoz Pascal	1971	CARC Romont	1h02:28.16 (47)	M40	19:47.23
142	163	Currat François	1970	CS Vallée du Flon	1h02:30.36 (48)	M40	19:49.43
143	61	Germann Christian	1952	Vauderens	1h02:49.70 (6)	M60	20:08.77
144	166	Braillard Gabriel	1948	CS Vallée du Flon	1h02:54.31 (7)	M60	20:13.38
145	317	Aeby Thomas	1987	Dompierre	1h03:04.75 (59)	M20	20:23.82
146	153	Zurkinden Andreas	1965	LAT Sense	1h03:12.82 (32)	M50	20:31.89
147	71	Jolliet Julien	1986	Bulle	1h03:18.43 (60)	M20	20:37.50
148	56	Rast Jacques	1948	CAP Fribourg	1h03:20.95 (8)	M60	20:40.02
149	93	Girard Alain	1957	tpf	1h03:21.72 (33)	M50	20:40.79
150	280	Gremaud Olivier	1988	LHC Treyvaux	1h03:22.44 (61)	M20	20:41.51
151	115	Sciboz Hubert	1968	VBC Smile	1h03:22.93 (49)	M40	20:42.00
152	326	Mauroux Patrice	1961	ACPM Matran	1h03:27.38 (34)	M50	20:46.45
153	246	Schambach Franz	1960	Servion	1h03:28.42 (35)	M50	20:47.49
154	345	Correia Daniel	1989	Porsel	1h03:33.75 (62)	M20	20:52.82
155	167	Barras Michel	1955	CS Hauteville	1h03:37.38 (9)	M60	20:56.45
156	9	Mercier Thierry	1973	Froideville	1h03:44.02 (50)	M40	21:03.09
157	125	Fleury Jacques André	1963	CARC Romont	1h03:48.47 (36)	M50	21:07.54
158	252	Burnet Eric	1960	La Corbaz	1h03:52.32 (37)	M50	21:11.39
159	108	Stritt Karl	1950	LAT Sense	1h03:57.26 (10)	M60	21:16.33
160	315	Pereira Marco	1981	CAP Fribourg	1h04:00.39 (63)	M20	21:19.46
161	260	Chapatte Jean-Luc	1977	ACPM Matran	1h04:02.43 (64)	M20	21:21.50
162	300	Schuler Jean-Roland	1961	Team Lys'alp	1h04:13.36 (38)	M50	21:32.43
163	114	Soares Augusto	1966	CAP Fribourg	1h04:25.11 (51)	M40	21:44.18
164	8	Pauchard Bruno	1949	TV Bösingen	1h04:31.71 (11)	M60	21:50.78
165	75	Savary Laurent	1971	CS Marsens	1h04:41.70 (52)	M40	22:00.77
166	97	Richoz Olivier	1969	CS Vallée du Flon	1h04:44.72 (53)	M40	22:03.79
167	88	Sudan Dominique	1954	FSG Bulle	1h04:48.79 (12)	M60	22:07.86
168	37	Lirgg Uli	1956	Cloros Team	1h04:57.96 (39)	M50	22:17.03
169	13	Genoud Patrick	1969	Châtel-St-Denis	1h05:17.19 (54)	M40	22:36.26
170	80	Bourquenoud Jacques	1958	Gym Ursy	1h05:25.76 (40)	M50	22:44.83
171	112	Denervaud Claude	1979	Bouloz	1h05:28.12 (65)	M20	22:47.19
172	6	Michel Rémy	1957	CAP Fribourg	1h05:35.43 (41)	M50	22:54.50
173	54	Fernandes Nuno	1983	CAP Fribourg	1h05:47.46 (66)	M20	23:06.53
174	94	Baptista António	1958	CAP Fribourg	1h05:59.38 (42)	M50	23:18.45
175	47	Berset Frédéric	1981	CAG Farvagny	1h06:14.04 (67)	M20	23:33.11
176	266	Rossel Jean-Luc	1953	Riaz	1h06:20.63 (13)	M60	23:39.70
177	142	Chavaille Bernardin	1943	CAG Farvagny	1h06:22.89 (14)	M60	23:41.96
178	328	Prélaz Jean-Michel	1964	Rue	1h06:27.72 (43)	M50	23:46.79
179	332	Cuennet Yvan	1971	Semi Marathon Fribourg	1h06:35.36 (55)	M40	23:54.43
180	264	Rüfenacht Andreas	1965	Fiaugères	1h06:36.13 (44)	M50	23:55.20
181	105	Fernandes Jose	1952	CAP Fribourg	1h06:37.00 (15)	M60	23:56.07
182	118	Garin Joël	1987	UHT Semsales	1h06:38.32 (68)	M20	23:57.39
183	341	Guisolan François	1970	ACPM Matran	1h06:42.39 (56)	M40	24:01.46
184	96	Hassler Nicolas	1971	FSG Sâles	1h07:00.90 (57)	M40	24:19.97
185	74	Andrey Jean-Pierre	1959	ACPM Matran	1h07:10.95 (45)	M50	24:30.02
186	320	Aebischer Christian	1962	CS Vallée du Flon	1h07:17.65 (46)	M50	24:36.72

39ème Trophée de la Vallée du Flon 2015
Coupe " Fribourgeoise " & " la Gruyère "
COURSE PEDESTRE POPULAIRE

Course à pieds
Résultats scratch 12.5 Km

Cl	Dos.	Nom et prénom	Année	Club / domicile	Temps (Cl)	CAT	Ecart
187	333	Pasquier Henri	1950	CS Hauteville	1h07:36.06 (16)	M60	24:55.13
188	284	Dougoud Alexandre	1975	Trilogie Running Team	1h07:39.30 (58)	M40	24:58.37
189	14	Bubendorf Thomas	1965	Blonay	1h07:40.56 (47)	M50	24:59.63
190	136	Decorvet Herbert	1966	TV Bösingen	1h07:45.01 (59)	M40	25:04.08
191	25	Wüst Hugo	1943	TV Bösingen	1h07:48.36 (17)	M60	25:07.43
192	65	Sousa António	1958	CAP Fribourg	1h08:07.53 (48)	M50	25:26.60
193	330	Marmy Christophe	1968	Bussy	1h08:08.52 (60)	M40	25:27.59
194	46	Bifrare Frédéric	1967	CARC Romont	1h08:10.33 (61)	M40	25:29.40
195	253	Tercier Michel	1949	Charmey	1h08:31.15 (18)	M60	25:50.22
196	98	Kolly Christian	1967	CAG Farvagny	1h08:34.89 (62)	M40	25:53.96
197	95	Scarfo Vincent	1937	Sporting Club Broyard	1h09:06.09 (19)	M60	26:25.16
198	85	Fernandes Celso	1978	CAP Fribourg	1h09:07.63 (69)	M20	26:26.70
199	109	Bérard André	1960	Charrat	1h09:09.11 (49)	M50	26:28.18
200	279	Guillochon Christophe	1978	Promasens	1h09:12.02 (70)	M20	26:31.09
201	10	De Gasparo Charles-Etienne	1966	LAT Sense	1h09:14.55 (63)	M40	26:33.62
202	304	Millasson Hervé	1982	Châtel-St-Denis	1h09:16.69 (71)	M20	26:35.76
203	149	Soguel Daniel	1952	CS Vallée du Flon	1h09:17.13 (20)	M60	26:36.20
204	282	Charrière Henri	1957	St-Martin	1h09:18.45 (50)	M50	26:37.52
205	15	Descloux Marcel	1948	CS Marsens	1h09:39.60 (21)	M60	26:58.67
206	129	Schaller Herbert	1961	CA Marly	1h09:44.98 (51)	M50	27:04.05
207	159	Robadey Félix	1944	FSG Bulle	1h09:56.57 (22)	M60	27:15.64
208	5	Pepè Cetrangolo	1970	libero	1h10:05.36 (64)	M40	27:24.43
209	134	Ansermet Pascal	1962	Montbrelloz	1h10:14.64 (52)	M50	27:33.71
210	116	Corboz Simon	1994	Vesin	1h10:56.94 (72)	M20	28:16.01
211	111	Gusset Christophe	1973	A Travers Cuchy	1h11:11.11 (65)	M40	28:30.18
212	307	Grandgirard Pierre-André	1963	A Travers Cuchy	1h11:47.92 (53)	M50	29:06.99
213	299	Butty Christian	1965	FSG Sâles	1h11:51.32 (54)	M50	29:10.39
214	140	Mettraux René	1967	ACPM Matran	1h12:02.64 (66)	M40	29:21.71
215	60	Overney Henri	1943	CA Marly	1h12:23.18 (23)	M60	29:42.25
216	306	Grandgirard Bernard	1970	Cugy	1h12:25.05 (67)	M40	29:44.12
217	171	Rey Jerome	1977	Porsel	1h12:43.62 (73)	M20	30:02.69
218	84	Sudan Olivier	1984	Prez-vers-Siviriez	1h12:45.71 (74)	M20	30:04.78
219	40	Petrulli Salvatore	1946	CAP Fribourg	1h14:17.39 (24)	M60	31:36.46
220	157	Corboz Martin	1959	ATC Cugy	1h14:49.69 (55)	M50	32:08.76
221	133	Crespo Jose	1976	Renens	1h15:01.55 (75)	M20	32:20.62
222	49	Fürst René	1960	ACPM Murten	1h16:19.83 (56)	M50	33:38.90
223	151	Eggimann Ruedi	1947	FSG Bulle	1h16:23.89 (25)	M60	33:42.96
224	39	Waeber René	1959	LAT Sense	1h16:39.60 (57)	M50	33:58.67
225	337	Duarte Filipe	1978	Les fous du Dimanche	1h17:11.08 (76)	M20	34:30.15
226	130	Fernandes Pedro	1976	Trilogie Running Team	1h17:24.59 (77)	M20	34:43.66
227	23	Piccand Jacques	1953	SA Bulle	1h17:24.98 (26)	M60	34:44.05
228	247	Curat Marcel	1949	CS vallée du Flon	1h18:31.17 (27)	M60	35:50.24
229	334	Buchs Claudio	1976	Les fous du Dimanche	1h20:09.50 (78)	M20	37:28.57
230	53	Messerli Hervé	1953	SA Bulle	1h20:35.92 (28)	M60	37:54.99
231	18	Conne Alain	1963	ESSERTES	1h22:21.17 (58)	M50	39:40.24
232	141	Tissot Michel	1947	Broc	1h24:26.30 (29)	M60	41:45.37
233	158	Burgy Yves	1964	ACPM Matran	1h26:40.01 (59)	M50	43:59.08
234	263	Cachin Philippe	1980	Rossens	1h31:59.32 (79)	M20	49:18.39