



## 28e Course A Travers Sâles 2023

### Centre Sportif Coupe LA GRUYERE FriRun Cup Classements SCRATCH 8030m



| Cl.                  | Dos. | Nom et prénom         | An.  | Cat. | Club / Domicile               | Temps   | Écart  |
|----------------------|------|-----------------------|------|------|-------------------------------|---------|--------|
| SCRATCH Hommes 8030m |      |                       |      |      |                               |         |        |
| 1                    | 287  | Schouwey Jérémy       | 1991 | M20  | CS Broc / Trilogie Sport      | 25:18.9 |        |
| 2                    | 21   | Berset Pascal         | 1985 | M20  | CAG Farvagny / Trilogie Sport | 25:34.3 | 15.4   |
| 3                    | 315  | Volery Yan            | 1998 | M20  | SA Bulle                      | 25:46.9 | 28.0   |
| 4                    | 77   | Deillon Matthieu      | 1993 | M20  | CS Le Pâquier                 | 26:00.7 | 41.8   |
| 5                    | 162  | Hunziker Arnaud       | 2006 | MCA  | CS Marsens / Duspaquier Sport | 26:35.8 | 1:16.9 |
| 6                    | 49   | Carvalho Cristiano    | 2007 | MCA  | CA Belfaux                    | 26:48.9 | 1:30.0 |
| 7                    | 217  | Oberson Robin         | 1998 | M20  | Siuuu                         | 26:58.1 | 1:39.2 |
| 8                    | 127  | Girardet David        | 1979 | M40  | Trilogie sport Belfaux        | 27:02.6 | 1:43.7 |
| 9                    | 82   | Demierre Stéphane     | 1990 | M20  |                               | 27:14.8 | 1:55.9 |
| 10                   | 257  | Riser Vincent         | 1991 | M20  | CAG Farvagny                  | 27:16.3 | 1:57.4 |
| 11                   | 412  | L'Homme Léo           | 1996 | M20  | La Tour-de-Trême              | 27:23.4 | 2:04.5 |
| 12                   | 134  | Goetschmann Tobias    | 1996 | M20  | CAG Farvagny                  | 27:32.1 | 2:13.2 |
| 13                   | 233  | Philipona Alec        | 2000 | M20  | Athletic Team Rechthalten     | 27:38.4 | 2:19.5 |
| 14                   | 252  | Périsset Claude       | 1981 | M40  | CA Broyard                    | 27:45.9 | 2:27.0 |
| 15                   | 61   | Chofflon Corentin     | 2004 | M19  | CAG Farvagny                  | 27:53.7 | 2:34.8 |
| 16                   | 443  | Pharisa Mathieu       | 2005 | M19  | Scottsport                    | 27:56.8 | 2:37.9 |
| 17                   | 398  | Henchoz Valentin      | 1999 | M20  | D-Team Scott / CS Le Pâquier  | 28:02.8 | 2:43.9 |
| 18                   | 203  | Mooser Arno           | 2006 | MCA  | CRO ski alpinisme             | 28:05.4 | 2:46.5 |
| 19                   | 240  | Pinela Mario          | 1969 | M50  | CA Portugais Fribourg         | 28:07.1 | 2:48.2 |
| 20                   | 39   | Buchs Sébastien       | 1982 | M40  | CARC Romont                   | 28:17.7 | 2:58.8 |
| 21                   | 232  | Philipona Tristan     | 1998 | M20  | Athletic Team Rechthalten     | 28:25.1 | 3:06.2 |
| 22                   | 210  | Morgado Mario         | 1975 | M40  | CA Portugais Fribourg         | 28:27.3 | 3:08.4 |
| 23                   | 125  | Girard Damien         | 1992 | M20  | CS Le Pâquier                 | 28:31.1 | 3:12.2 |
| 24                   | 16   | Baptiste Cyrille      | 1978 | M40  |                               | 28:36.1 | 3:17.2 |
| 25                   | 27   | Bigler Denis          | 1969 | M50  | AC Morat Trilogie Sport       | 28:39.2 | 3:20.3 |
| 26                   | 37   | Brügger Werner        | 1975 | M40  | Athletic Team Rechthalten     | 28:49.2 | 3:30.3 |
| 27                   | 432  | Hayoz Bastien         | 1997 | M20  | ACPM Matran                   | 28:52.5 | 3:33.6 |
| 28                   | 253  | Rauber Sebastian      | 1990 | M20  | SC Im Fang                    | 28:53.7 | 3:34.8 |
| 29                   | 13   | Baggenstos Jan        | 2005 | M19  | LAT Sense                     | 28:55.7 | 3:36.8 |
| 30                   | 185  | Livache Yann          | 2004 | M19  | Dupasquier sport - team Scott | 29:02.2 | 3:43.3 |
| 31                   | 283  | Schorderet Yan        | 1978 | M40  | CS Broc                       | 29:05.2 | 3:46.3 |
| 32                   | 428  | Cardinaux Pierre-Yves | 1986 | M20  | CS Vallée du Flon             | 29:10.5 | 3:51.6 |
| 33                   | 206  | Morard Quentin        | 2001 | M20  | CS Le Pâquier/ Cynar Sport    | 29:12.2 | 3:53.3 |
| 34                   | 363  | Yerly Simon           | 1988 | M20  | CS Le Pâquier                 | 29:12.6 | 3:53.7 |
| 35                   | 221  | Oudin Nathanaël       | 1981 | M40  | CA Portugais Fribourg         | 29:16.4 | 3:57.5 |
| 36                   | 73   | Daniel Philipp        | 1997 | M20  | Athletic Team Rechthalten     | 29:21.7 | 4:02.8 |
| 37                   | 309  | Uldry Marc            | 1975 | M40  | Triviera / Teysalpi           | 29:24.4 | 4:05.5 |
| 38                   | 318  | Vonlanthen Mario      | 1971 | M50  | Athletic Team Rechthalten     | 29:27.3 | 4:08.4 |
| 39                   | 385  | Steinackre Morgan     | 1984 | M20  | Sporting bulle natation       | 29:30.5 | 4:11.6 |
| 40                   | 58   | Chaudoye Fabien       | 1983 | M40  | ADN Coaching                  | 29:38.4 | 4:19.5 |
| 41                   | 262  | Romanens Pierre       | 1973 | M50  | CAG Farvagny                  | 29:48.9 | 4:30.0 |



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|----|------|---------------------|------|------|--------------------------------|---------|--------|
| 42 | 403  | Minnig Hugo         | 1993 | M20  | CS Le Pâquier                  | 29:51.4 | 4:32.5 |
| 43 | 53   | Castella Simon      | 1992 | M20  | CS Le Pâquier                  | 30:01.5 | 4:42.6 |
| 44 | 416  | Shirzay Elias       | 2005 | M19  | LAT Sense                      | 30:06.8 | 4:47.9 |
| 45 | 289  | Schroeter Christian | 1981 | M40  |                                | 30:11.7 | 4:52.8 |
| 46 | 218  | Oberson Cyril       | 1999 | M20  |                                | 30:14.2 | 4:55.3 |
| 47 | 234  | Philipona Michaël   | 2009 | MCB  | CS Marsens                     | 30:16.8 | 4:57.9 |
| 48 | 384  | Probst David        | 1997 | M20  | CA Portugais Fribourg          | 30:17.4 | 4:58.5 |
| 49 | 401  | Tsafer Tesfum       | 1994 | M20  | CARC Romont                    | 30:20.9 | 5:02.0 |
| 50 | 224  | Pasquier Philippe   | 1992 | M20  |                                | 30:24.7 | 5:05.8 |
| 51 | 128  | Girardet Luca       | 2005 | M19  | Trilogie sport Belfaux         | 30:25.9 | 5:07.0 |
| 52 | 376  | Gagnuz Vincent      | 1994 | M20  | Fribourg                       | 30:29.1 | 5:10.2 |
| 53 | 348  | Sudan Simon         | 2005 | M19  | SA Bulle                       | 30:32.0 | 5:13.1 |
| 54 | 246  | Pochon Frédéric     | 1973 | M50  | CS Hauteville                  | 30:35.1 | 5:16.2 |
| 55 | 138  | Goumaz Arnaud       | 2003 | M20  |                                | 30:36.5 | 5:17.6 |
| 56 | 146  | Gremaud Maxime      | 1991 | M20  | CS Broc                        | 30:40.9 | 5:22.0 |
| 57 | 373  | Schaller Damien     | 1992 | M20  | CA Marly                       | 30:41.9 | 5:23.0 |
| 58 | 175  | Kolly Gérald        | 1982 | M40  | ACPM Matran                    | 30:43.9 | 5:25.0 |
| 59 | 74   | Dardano Florian     | 1995 | M20  | FSG Charmey                    | 30:46.7 | 5:27.8 |
| 60 | 178  | Krähenbühl Jacques  | 1964 | M50  | LAT Sense                      | 30:53.3 | 5:34.4 |
| 61 | 254  | Reis Victor         | 1964 | M50  | CA Portugais Fribourg          | 30:56.6 | 5:37.7 |
| 62 | 294  | Seydoux Laurent     | 1985 | M20  | FSG Sâles                      | 30:59.4 | 5:40.5 |
| 63 | 201  | Monteiro Filipe     | 1974 | M40  | LAT Sense                      | 31:04.2 | 5:45.3 |
| 64 | 150  | Guillet Laurent     | 1967 | M50  | CA Marly                       | 31:05.6 | 5:46.7 |
| 65 | 397  | Gendre Quentin      | 1994 | M20  | CS Broc                        | 31:10.7 | 5:51.8 |
| 66 | 147  | Grivel Robin        | 1996 | M20  | CS Hauteville                  | 31:11.7 | 5:52.8 |
| 67 | 33   | Bourqui Benoît      | 1974 | M40  | CARC Romont                    | 31:14.4 | 5:55.5 |
| 68 | 239  | Pilloud Olivier     | 1978 | M40  | SA Bulle                       | 31:17.1 | 5:58.2 |
| 69 | 204  | Mooser Yanis        | 2009 | MCB  |                                | 31:17.5 | 5:58.6 |
| 70 | 187  | Lüthi Oliver        | 1973 | M50  | LAT Sense                      | 31:22.8 | 6:03.9 |
| 71 | 423  | Grangier Xavier     | 1993 | M20  | Bulle                          | 31:23.3 | 6:04.4 |
| 72 | 381  | Cottet Bernard      | 1965 | M50  | La Roche                       | 31:25.0 | 6:06.1 |
| 73 | 415  | Mesot Jean-Pierre   | 1969 | M50  | CS Vallée du Flon              | 31:28.7 | 6:09.8 |
| 74 | 341  | Rime Didier         | 1978 | M40  | CS Marsens / High Energy Coach | 31:31.5 | 6:12.6 |
| 75 | 83   | Demierre Arnaud     | 2005 | M19  | Team Spelemat / CS le Pâquier  | 31:33.7 | 6:14.8 |
| 76 | 349  | Jaquet Florian      | 1997 | M20  | Enney                          | 31:34.7 | 6:15.8 |
| 77 | 326  | Wyssmüller Lionel   | 1995 | M20  |                                | 31:39.7 | 6:20.8 |
| 78 | 322  | Weber Daniel        | 1978 | M40  | LAT Sense                      | 31:41.3 | 6:22.4 |
| 79 | 132  | Gobet Gilles        | 1983 | M40  | FSG Sâles                      | 31:43.8 | 6:24.9 |
| 80 | 319  | Vonlanthen Daniel   | 1972 | M50  | CAG Farvagny                   | 31:47.2 | 6:28.3 |
| 81 | 8    | Andrey Thomas       | 1973 | M50  | LAT Sense                      | 31:50.7 | 6:31.8 |
| 82 | 2    | Aebischer Adrian    | 1974 | M40  | CA Portugais Fribourg          | 31:51.7 | 6:32.8 |
| 83 | 434  | Fragnière Bruno     | 1997 | M20  | Marsens                        | 32:01.4 | 6:42.5 |
| 84 | 93   | Droux Daniel        | 1979 | M40  | CS Vallée du Flon              | 32:02.3 | 6:43.4 |



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| 85  | 314  | Vogt Philippe       | 1980 | M40  | LAT Sense                      | 32:10.7 | 6:51.8 |
| 86  | 117  | Gapany Davy         | 1994 | M20  | La Giffite                     | 32:16.7 | 6:57.8 |
| 87  | 62   | Clerc Florian       | 1977 | M40  | CAG Farvagny                   | 32:25.1 | 7:06.2 |
| 88  | 449  | Bruehlhart Harald   | 1976 | M40  | LAT Sense                      | 32:31.7 | 7:12.8 |
| 89  | 207  | Moreira Sérgio      | 1965 | M50  | CA Portugais Fribourg          | 32:32.2 | 7:13.3 |
| 90  | 67   | Cougil Yvan         | 1981 | M40  |                                | 32:32.9 | 7:14.0 |
| 91  | 361  | Andrey Paul         | 1999 | M20  | Vuadens                        | 32:34.1 | 7:15.2 |
| 92  | 222  | Pache Jean-Claude   | 1965 | M50  | Team Castella sport & CARC Rom | 32:42.6 | 7:23.7 |
| 93  | 227  | Perrenoud Fabien    | 1999 | M20  | PB Bulle                       | 32:44.3 | 7:25.4 |
| 94  | 106  | Fellay Noah         | 2006 | MCA  | CS Marsens                     | 32:44.8 | 7:25.9 |
| 95  | 383  | Nydegger Beat       | 1961 | M60  | AT Rechthalten                 | 32:49.4 | 7:30.5 |
| 96  | 302  | Sudan Hervé         | 1989 | M20  | Lessoc Tour du Lac             | 32:52.0 | 7:33.1 |
| 97  | 258  | Risse Lucas         | 2004 | M19  | SA Bulle                       | 32:52.3 | 7:33.4 |
| 98  | 270  | Roulin Philippe     | 1976 | M40  | CAG Farvagny                   | 32:54.4 | 7:35.5 |
| 99  | 103  | Esseiva Marc        | 1996 | M20  | Gruppetto Cycling Brigade      | 32:59.3 | 7:40.4 |
| 100 | 157  | Hayoz Erwin         | 1963 | M60  | CA Portugais Fribourg          | 33:03.4 | 7:44.5 |
| 101 | 308  | Trojniar Théophane  | 1998 | M20  |                                | 33:06.5 | 7:47.6 |
| 102 | 441  | Close Jérôme        | 1994 | M20  |                                | 33:07.3 | 7:48.4 |
| 102 | 30   | Boschung Luc        | 1970 | M50  |                                | 33:07.3 | 7:48.4 |
| 104 | 5    | Alonso Hugo         | 1998 | M20  | Tri Factory                    | 33:10.4 | 7:51.5 |
| 105 | 404  | Dousse Philippe     | 1983 | M40  | CS Broc                        | 33:11.0 | 7:52.1 |
| 106 | 336  | Mauron Adrien       | 2007 | MCA  | Sâles                          | 33:21.8 | 8:02.9 |
| 107 | 131  | Glannaz Olivier     | 1977 | M40  | CAG Farvagny                   | 33:21.9 | 8:03.0 |
| 108 | 436  | Tena Jérémy         | 1993 | M20  | Team Lysalp                    | 33:28.3 | 8:09.4 |
| 109 | 372  | Jolliet Paul        | 2000 | M20  | Lessoc Tour du Lac             | 33:29.9 | 8:11.0 |
| 110 | 439  | Brügger Joseph      | 1962 | M60  | LAT Sense                      | 33:36.5 | 8:17.6 |
| 111 | 278  | Savoy Abel          | 1975 | M40  |                                | 33:38.8 | 8:19.9 |
| 112 | 280  | Schafer Thibaut     | 1993 | M20  | CS Broc                        | 33:38.9 | 8:20.0 |
| 113 | 354  | Boschung Jérémy     | 2000 | M20  | Bulle                          | 33:47.5 | 8:28.6 |
| 114 | 298  | Spicher David       | 1970 | M50  | LAT Sense                      | 33:48.3 | 8:29.4 |
| 115 | 389  | Habermayr Carl      | 2008 | MCB  | AT Rechthalten                 | 33:52.0 | 8:33.1 |
| 116 | 108  | Florio Nicolas      | 1994 | M20  | CS Marsens                     | 33:52.4 | 8:33.5 |
| 117 | 126  | Girard Elias        | 2000 | M20  |                                | 33:54.1 | 8:35.2 |
| 118 | 337  | Mauron Romain       | 2005 | M19  | Sâles                          | 34:01.4 | 8:42.5 |
| 119 | 115  | Frossard Maverik    | 1994 | M20  | FSG Charmey                    | 34:08.3 | 8:49.4 |
| 120 | 109  | Flüeli Stéphane     | 1977 | M40  | CS Broc                        | 34:11.7 | 8:52.8 |
| 121 | 304  | Terreaux Bernard    | 1952 | M70  | CAG Farvagny                   | 34:18.1 | 8:59.2 |
| 122 | 99   | Dutoit Stéphane     | 1997 | M20  |                                | 34:20.9 | 9:02.0 |
| 123 | 48   | Carrillo José Jésus | 1957 | M60  | SA Bulle                       | 34:23.6 | 9:04.7 |
| 124 | 422  | Pittet Rodolphe     | 1990 | M20  | La Joux                        | 34:24.9 | 9:06.0 |
| 125 | 28   | Bigler Cédric       | 1973 | M50  |                                | 34:26.5 | 9:07.6 |
| 126 | 352  | Menoud Lukas        | 2004 | M19  | FC La Sionge                   | 34:29.2 | 9:10.3 |
| 127 | 377  | Genoud Alexandre    | 1969 | M50  | Les Paccots                    | 34:37.6 | 9:18.7 |



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| 128 | 17   | Barbey Simon       | 1991 | M20  | CS Broc                   | 34:39.3 | 9:20.4  |
| 129 | 176  | Kolly Kévin        | 1995 | M20  | Cs Hauteville             | 34:43.9 | 9:25.0  |
| 130 | 277  | Savary Léo         | 2002 | M20  | FSG Sâles                 | 34:48.1 | 9:29.2  |
| 131 | 356  | Charrière Bruno    | 1988 | M20  | La Tour-de-Trême          | 34:54.8 | 9:35.9  |
| 132 | 119  | Gay Bastien        | 1998 | M20  | CS Vallée du Flon         | 34:55.6 | 9:36.7  |
| 133 | 11   | Ayer Serge         | 1965 | M50  | CAG Farvagny              | 34:59.8 | 9:40.9  |
| 134 | 191  | Maillard Dylan     | 1999 | M20  |                           | 35:02.3 | 9:43.4  |
| 135 | 263  | Romanens Donovan   | 2006 | MCA  | Maulinette                | 35:02.7 | 9:43.8  |
| 136 | 137  | Gomes Fernando     | 1974 | M40  | CA Portugais Fribourg     | 35:02.9 | 9:44.0  |
| 137 | 65   | Costa Albino       | 1968 | M50  | CA Portugais Fribourg     | 35:06.2 | 9:47.3  |
| 138 | 92   | Doutaz Alain       | 1981 | M40  | Pringy                    | 35:08.2 | 9:49.3  |
| 139 | 43   | Butty Roger        | 1963 | M60  |                           | 35:09.0 | 9:50.1  |
| 140 | 196  | Menoud Quentin     | 1991 | M20  | FSG Sâles                 | 35:10.5 | 9:51.6  |
| 141 | 45   | Bürgisser Beat     | 1971 | M50  | LAT Sense                 | 35:13.1 | 9:54.2  |
| 142 | 346  | Liard Arnaud       | 1992 | M20  | FC La Sionge              | 35:14.6 | 9:55.7  |
| 143 | 259  | Robert-Tissot Yves | 1993 | M20  | CARC Romont               | 35:15.4 | 9:56.5  |
| 144 | 235  | Piccand Gabriel    | 1954 | M60  | CAG Farvagny              | 35:26.7 | 10:07.8 |
| 145 | 81   | Demierre Johann    | 1985 | M20  | CS Le Pâquier             | 35:32.8 | 10:13.9 |
| 146 | 25   | Berthoud Christian | 1969 | M50  | CS Vallée du Flon         | 35:35.5 | 10:16.6 |
| 147 | 400  | Lechot Ludovic     | 1988 | M20  | Bulle                     | 35:37.5 | 10:18.6 |
| 148 | 269  | Rouiller Nathan    | 2008 | MCB  | FC La Sionge              | 35:43.7 | 10:24.8 |
| 149 | 159  | Heimo Franck       | 1994 | M20  | CS Broc                   | 35:49.6 | 10:30.7 |
| 150 | 271  | Roulin Christophe  | 1981 | M40  |                           | 35:51.5 | 10:32.6 |
| 151 | 393  | Schouwey Nicolas   | 1997 | M20  | Bulle                     | 35:53.5 | 10:34.6 |
| 152 | 19   | Benda Leandro      | 1989 | M20  | SA Bulle                  | 35:54.8 | 10:35.9 |
| 153 | 366  | Gremaud Kevin      | 1992 | M20  | CS Broc                   | 36:01.1 | 10:42.2 |
| 154 | 333  | Ziörjen Noa        | 2003 | M20  |                           | 36:01.3 | 10:42.4 |
| 155 | 165  | Jenni Gaëtan       | 2003 | M20  | Ski-Club Riaz             | 36:02.2 | 10:43.3 |
| 156 | 142  | Grandgirard Yann   | 1987 | M20  |                           | 36:04.1 | 10:45.2 |
| 157 | 36   | Brulhart Cédric    | 1972 | M50  |                           | 36:08.0 | 10:49.1 |
| 158 | 378  | Morel Willy        | 1961 | M60  | Poliez-Pittet             | 36:16.0 | 10:57.1 |
| 159 | 325  | Wyssen Alwin       | 1962 | M60  | Athletic Team Rechthalten | 36:16.1 | 10:57.2 |
| 160 | 136  | Gogniat Dominique  | 1952 | M70  |                           | 36:18.0 | 10:59.1 |
| 161 | 261  | Rolão João         | 1962 | M60  | CA Portugais Fribourg     | 36:21.5 | 11:02.6 |
| 162 | 347  | Regamey Quentin    | 2009 | MCB  | SA Bulle                  | 36:21.7 | 11:02.8 |
| 163 | 120  | Geinoz Antoine     | 1959 | M60  | CAG Farvagny              | 36:21.9 | 11:03.0 |
| 164 | 374  | Gachoud Frédéric   | 1966 | M50  | CS Vallée du Flon         | 36:23.9 | 11:05.0 |
| 165 | 194  | Mekonen Solomon    | 1982 | M40  | CA Portugais Fribourg     | 36:28.1 | 11:09.2 |
| 166 | 3    | Aeby Patrik        | 1972 | M50  | CA Marly                  | 36:30.6 | 11:11.7 |
| 167 | 448  | Brulhart Benoit    | 1965 | M50  | CAG Farvagny              | 36:35.0 | 11:16.1 |
| 168 | 299  | Stritt Laurent     | 1990 | M20  | LAT Sense                 | 36:39.8 | 11:20.9 |
| 168 | 226  | Perler Elia        | 1995 | M20  | LAT Sense                 | 36:39.8 | 11:20.9 |
| 170 | 46   | Cardinaux Olivier  | 1973 | M50  | Athletica Veveyse         | 36:50.6 | 11:31.7 |



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|-----|------|-------------------------|------|------|--------------------|---------|---------|
| 171 | 104  | Esseiva Pierre-André    | 2002 | M20  | Sportif d'élites   | 36:54.2 | 11:35.3 |
| 172 | 419  | Yerly Julien            | 2005 | M19  | Berlens            | 36:55.8 | 11:36.9 |
| 173 | 370  | Gillard Laurent         | 1967 | M50  | B3 Bulle Triathlon | 37:10.1 | 11:51.2 |
| 174 | 87   | Dolsa Alexandre         | 1996 | M20  | SA Bulle           | 37:11.8 | 11:52.9 |
| 175 | 158  | Heger Garry             | 1986 | M20  |                    | 37:14.5 | 11:55.6 |
| 176 | 55   | Chappuis Michel         | 1954 | M60  | CAG Farvagny       | 37:16.9 | 11:58.0 |
| 177 | 130  | Giurleo Vito            | 1979 | M40  | CS Broc            | 37:19.5 | 12:00.6 |
| 178 | 116  | Gachet Yvan             | 1976 | M40  |                    | 37:25.1 | 12:06.2 |
| 179 | 407  | Marro Olivier           | 1975 | M40  | CS Marsens         | 37:26.5 | 12:07.6 |
| 180 | 408  | Deschenaux Simon        | 2002 | M20  | Le Crêt            | 37:26.6 | 12:07.7 |
| 181 | 425  | Biancheri Nicola        | 1991 | M20  | La Tour-de-Trême   | 37:36.9 | 12:18.0 |
| 182 | 123  | Genoud Nicolas          | 1975 | M40  |                    | 37:44.1 | 12:25.2 |
| 183 | 301  | Sudan Dominique         | 1954 | M60  | FSG Bulle          | 37:50.8 | 12:31.9 |
| 184 | 113  | Francioli Michaël       | 1987 | M20  |                    | 37:54.1 | 12:35.2 |
| 185 | 171  | Jungo Philippe          | 1985 | M20  | CS Broc            | 37:57.8 | 12:38.9 |
| 186 | 350  | Menoud Paul             | 2006 | MCA  | FC La Sionge       | 38:11.0 | 12:52.1 |
| 187 | 418  | Oberson Charles         | 1969 | M50  | Le Pâquier         | 38:12.8 | 12:53.9 |
| 188 | 143  | Greca Josef             | 1957 | M60  | CAG Farvagny       | 38:19.0 | 13:00.1 |
| 189 | 167  | Jenny Peter             | 1951 | M70  | LAT Sense          | 38:20.9 | 13:02.0 |
| 190 | 78   | Delabays Marc           | 1972 | M50  | CARC Romont        | 38:24.4 | 13:05.5 |
| 191 | 368  | Savary Alec             | 1995 | M20  | Sâles              | 38:27.3 | 13:08.4 |
| 192 | 66   | Cougil José Luis        | 1959 | M60  |                    | 38:31.3 | 13:12.4 |
| 193 | 387  | Bettex Romaric          | 1993 | M20  | Bulle              | 38:34.5 | 13:15.6 |
| 194 | 256  | Richoz Pascal           | 1971 | M50  | CARC Romont        | 38:38.0 | 13:19.1 |
| 195 | 149  | Guillebeau Noël         | 2004 | M19  | LAT Sense          | 38:38.3 | 13:19.4 |
| 196 | 129  | Girardin Christophe     | 1973 | M50  |                    | 38:42.9 | 13:24.0 |
| 197 | 420  | Wyssmüller Martin       | 1969 | M50  | CS Marsens         | 38:43.5 | 13:24.6 |
| 198 | 155  | Hassler Adrien          | 2003 | M20  |                    | 38:48.7 | 13:29.8 |
| 199 | 382  | Cueni Peter             | 1953 | M70  | TV Bödingen        | 38:53.8 | 13:34.9 |
| 200 | 89   | Donze Charles           | 1983 | M40  |                    | 39:06.1 | 13:47.2 |
| 201 | 402  | Mauron Gérard           | 1956 | M60  | CARC Romont        | 39:07.3 | 13:48.4 |
| 202 | 433  | Aguilar Pablo           | 2000 | M20  | Marsens            | 39:19.2 | 14:00.3 |
| 203 | 316  | Von Der Forst Alexander | 1967 | M50  | CAG Farvagny       | 39:20.3 | 14:01.4 |
| 204 | 312  | Veri Maxime             | 1996 | M20  |                    | 39:23.4 | 14:04.5 |
| 205 | 430  | Stritt Karl             | 1950 | M70  | LAT Sense          | 39:26.1 | 14:07.2 |
| 206 | 154  | Hassler Nicolas         | 1971 | M50  | FSG Sâles          | 39:34.7 | 14:15.8 |
| 207 | 190  | Maillard Christian      | 1977 | M40  | Maulinette         | 39:45.8 | 14:26.9 |
| 208 | 317  | Vonarb Regis            | 1972 | M50  |                    | 39:47.8 | 14:28.9 |
| 209 | 288  | Schouwey Ryan           | 2006 | MCA  | CS Hauteville      | 39:54.8 | 14:35.9 |
| 210 | 340  | Brossaud Jean           | 2009 | MCB  | Romanens           | 39:57.1 | 14:38.2 |
| 211 | 335  | Mauron Pierre           | 1972 | M50  | Sâles              | 40:05.1 | 14:46.2 |
| 212 | 174  | Kolly Jacques           | 1972 | M50  | ACPM Matran        | 40:05.6 | 14:46.7 |
| 213 | 47   | Caroni Logan            | 1999 | M20  |                    | 40:08.1 | 14:49.2 |



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|-----|------|-----------------------------|------|------|---------------------------|---------|---------|
| 214 | 286  | Schouwey Stéphane           | 1972 | M50  | CS Hauteville             | 40:11.3 | 14:52.4 |
| 214 | 244  | Pittet Romain               | 2000 | M20  | Po le pyéji               | 40:11.3 | 14:52.4 |
| 216 | 406  | Piller Bebert               | 1968 | M50  | Team Perskindol           | 40:11.9 | 14:53.0 |
| 217 | 338  | Savary Yves                 | 1972 | M50  | CS Marsens                | 40:12.5 | 14:53.6 |
| 218 | 160  | Hermann Jean-Michel         | 1956 | M60  | CA Portugais Fribourg     | 40:22.3 | 15:03.4 |
| 219 | 114  | Freiburghaus Philippe       | 1964 | M50  | ACPM Matran               | 40:30.6 | 15:11.7 |
| 220 | 359  | Michel André                | 1964 | M50  | A Travers Cugy            | 40:30.7 | 15:11.8 |
| 221 | 163  | Icher Stephan               | 1976 | M40  |                           | 40:31.1 | 15:12.2 |
| 222 | 265  | Roubaty Yves                | 1966 | M50  |                           | 40:35.5 | 15:16.6 |
| 223 | 411  | Rutscho Jean-Daniel         | 1967 | M50  | CS Marsens                | 40:42.2 | 15:23.3 |
| 224 | 199  | Michel Rémy                 | 1957 | M60  | CA Portugais Fribourg     | 40:43.4 | 15:24.5 |
| 225 | 321  | Waelti Albert               | 1969 | M50  | ACPM Matran               | 40:49.5 | 15:30.6 |
| 226 | 320  | Vuillaume Sébastien         | 1981 | M40  |                           | 40:56.5 | 15:37.6 |
| 227 | 151  | Guisolan François           | 1970 | M50  | ACPM Matran               | 41:02.8 | 15:43.9 |
| 228 | 179  | Küffer Walter               | 1952 | M70  | LAT Sense                 | 41:05.9 | 15:47.0 |
| 229 | 12   | Bachmann Jean-Bernard       | 1962 | M60  | CA Marly                  | 41:10.8 | 15:51.9 |
| 230 | 51   | Castella Joseph             | 1962 | M60  | CS Neirivue               | 41:13.0 | 15:54.1 |
| 231 | 410  | Gremaud Kylian              | 2002 | M20  | Vaulruz                   | 41:14.9 | 15:56.0 |
| 232 | 357  | Guilbaud Benoît             | 1976 | M40  | Vuadens                   | 41:16.4 | 15:57.5 |
| 232 | 273  | Ruffieux Vincent            | 1965 | M50  |                           | 41:16.4 | 15:57.5 |
| 234 | 345  | Gaudard Kentin              | 2008 | MCB  | FC La Sionge              | 41:24.1 | 16:05.2 |
| 235 | 42   | Burnet Eric                 | 1960 | M60  | ACPM Matran               | 41:36.4 | 16:17.5 |
| 236 | 417  | Rossel Jean-Luc             | 1953 | M70  | CS Marsens                | 41:49.4 | 16:30.5 |
| 237 | 447  | Romanens Daniel             | 1966 | M50  | CS Marsens                | 41:54.7 | 16:35.8 |
| 238 | 268  | Rouiller Philippe           | 1964 | M50  |                           | 42:01.4 | 16:42.5 |
| 239 | 343  | Tercier Michel              | 1949 | M70  | Charmey                   | 42:13.3 | 16:54.4 |
| 240 | 153  | Gusset Christophe           | 1973 | M50  | CA Portugais Fribourg     | 42:21.5 | 17:02.6 |
| 241 | 26   | Bifrare Frédéric            | 1967 | M50  | CARC Romont               | 42:23.6 | 17:04.7 |
| 242 | 295  | Silva Diamantino            | 1963 | M60  | CA Portugais Fribourg     | 42:32.8 | 17:13.9 |
| 243 | 88   | Domingues Lopes José Carlos | 1973 | M50  | CA Portugais Fribourg     | 42:43.8 | 17:24.9 |
| 244 | 52   | Castella Valentin           | 1984 | M20  |                           | 42:46.8 | 17:27.9 |
| 245 | 445  | Grandgirard Pierre-André    | 1963 | M60  | A Travers Cugy            | 43:00.6 | 17:41.7 |
| 246 | 364  | Favre Thibaud               | 2007 | MCA  | FC La Sionge              | 43:01.9 | 17:43.0 |
| 247 | 330  | Zahno Elmar                 | 1966 | M50  | Athletic Team Rechthalten | 43:08.6 | 17:49.7 |
| 248 | 297  | Soares Augusto              | 1966 | M50  | CA Portugais Fribourg     | 43:18.3 | 17:59.4 |
| 249 | 29   | Boisset Cedric              | 1972 | M50  |                           | 43:24.5 | 18:05.6 |
| 250 | 386  | Ortet David                 | 1971 | M50  | France                    | 43:32.8 | 18:13.9 |
| 251 | 166  | Jenni Joël                  | 2008 | MCB  | Ecole de Cirque de Bulle  | 43:58.7 | 18:39.8 |
| 252 | 332  | Zbinden Marius              | 1950 | M70  | LAT Sense                 | 44:22.8 | 19:03.9 |
| 253 | 395  | Huber Gerald                | 1974 | M40  | Giffers                   | 44:25.0 | 19:06.1 |
| 254 | 197  | Mercier Sébastien           | 1978 | M40  |                           | 44:26.6 | 19:07.7 |
| 255 | 7    | Andrey Jean-Pierre          | 1959 | M60  | ACPM Matran               | 44:28.9 | 19:10.0 |
| 256 | 362  | Guillebeau André            | 1973 | M50  | LAT Sense                 | 45:02.1 | 19:43.2 |



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|-----|------|------------------------|------|------|-----------------------|---------|---------|
| 257 | 323  | Wenger Killian         | 1997 | M20  |                       | 45:09.1 | 19:50.2 |
| 258 | 255  | Remy Charles-Henry     | 1953 | M70  | CA Portugais Fribourg | 46:21.0 | 21:02.1 |
| 259 | 4    | Alleyn Rudy            | 1965 | M50  | CA Portugais Fribourg | 46:35.7 | 21:16.8 |
| 260 | 391  | Jaquet Pierre          | 1995 | M20  | Broc                  | 48:09.5 | 22:50.6 |
| 261 | 405  | Raemy Bruno            | 1954 | M60  | ACPM Matran           | 48:48.3 | 23:29.4 |
| 262 | 59   | Chavallaz Bernardin    | 1943 | M70  | CAG Farvagny          | 48:49.5 | 23:30.6 |
| 263 | 392  | Zbinden Hermann        | 1953 | M70  | LAT Sense             | 49:40.3 | 24:21.4 |
| 264 | 231  | Philipona Jean-Charles | 1972 | M50  | CS Marsens            | 50:17.1 | 24:58.2 |
| 265 | 112  | Francey Jérôme         | 1988 | M20  | CA Marly              | 51:23.8 | 26:04.9 |
| 266 | 421  | Fürst René             | 1960 | M60  | AC Murten             | 52:40.8 | 27:21.9 |
| 267 | 429  | Ledoux Frédéric        | 1972 | M50  | Vevey                 | 52:58.9 | 27:40.0 |
| 268 | 229  | Petrulli Salvatore     | 1946 | M70  | CA Portugais Fribourg | 54:15.9 | 28:57.0 |
| 269 | 247  | Polaert Fabien         | 1975 | M40  |                       | 55:24.3 | 30:05.4 |
| 270 | 328  | Yersin Samuel          | 1942 | M70  |                       | 57:42.6 | 32:23.7 |

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|    |     |                          |      |     |                               |         |        |
|----|-----|--------------------------|------|-----|-------------------------------|---------|--------|
| 1  | 360 | Belay Addisalem          | 1995 | F20 | Athle St-Julien (France)      | 27:24.6 |        |
| 2  | 200 | Monney Marion            | 2000 | F20 | CAG Farvagny / Trilogie Sport | 30:26.8 | 3:02.2 |
| 3  | 379 | Ryter Joanna             | 1994 | F20 | Triathlon Club Valais         | 30:44.8 | 3:20.2 |
| 4  | 57  | Chaudoye Laura           | 1988 | F20 | ADN Coaching                  | 30:56.7 | 3:32.1 |
| 5  | 388 | Halliger Regula          | 1979 | F40 | AT Rechthalten                | 31:00.2 | 3:35.6 |
| 6  | 32  | Bourke Martignoni Joanna | 1971 | F50 | CAG Farvagny                  | 31:44.4 | 4:19.8 |
| 7  | 161 | Huber Anouk              | 2005 | F19 | Athletic Team Rechthalten     | 32:03.6 | 4:39.0 |
| 8  | 380 | Traina Manuela           | 1982 | F40 | AT Rechthalten                | 32:07.6 | 4:43.0 |
| 9  | 34  | Bouzon Slavka            | 1977 | F40 | Team Bouzon                   | 32:15.1 | 4:50.5 |
| 10 | 243 | Pittet Celine            | 1993 | F20 | CS Vallée du Flon             | 32:53.5 | 5:28.9 |
| 11 | 63  | Clément Sandrine         | 1975 | F40 | SA Bulle                      | 33:00.2 | 5:35.6 |
| 12 | 209 | Morgado Madalena         | 1978 | F40 | CA Portugais Fribourg         | 33:20.3 | 5:55.7 |
| 13 | 245 | Pochon Alina             | 1997 | F20 |                               | 33:34.1 | 6:09.5 |
| 14 | 442 | Hannesen Nafissa         | 1973 | F50 | CA Marly                      | 33:35.0 | 6:10.4 |
| 15 | 202 | Mooser Elyne             | 2004 | F19 | SC Im Fang                    | 33:36.7 | 6:12.1 |
| 16 | 111 | Fragnière Noémie         | 1990 | F20 | SA Bulle                      | 33:42.2 | 6:17.6 |
| 17 | 303 | Suter Valérie            | 1976 | F40 | CA Rosé                       | 33:57.5 | 6:32.9 |
| 18 | 152 | Gumy Alexandrine         | 1981 | F40 | LAT Sense                     | 34:21.8 | 6:57.2 |
| 19 | 369 | Luquet Constance         | 2000 | F20 | B3 Bulle Triathlon            | 34:34.6 | 7:10.0 |
| 20 | 38  | Bucher Nadège            | 1991 | F20 | CS Broc                       | 34:35.6 | 7:11.0 |
| 21 | 172 | Kolly Elodie             | 1990 | F20 | CARC Romont                   | 34:46.4 | 7:21.8 |
| 22 | 446 | Latty Joane              | 1991 | F20 | Romont                        | 34:48.7 | 7:24.1 |
| 23 | 122 | Genoud Axelle            | 2005 | F19 |                               | 34:50.2 | 7:25.6 |
| 24 | 296 | Simon Christelle         | 1977 | F40 | CAG Farvagny                  | 36:03.9 | 8:39.3 |
| 25 | 248 | Pons Débora              | 1998 | F20 | CS Vallée du Flon             | 36:06.0 | 8:41.4 |



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|----|------|-------------------------------|------|------|------------------------------|---------|---------|
| 26 | 101  | Ecoffey Sarah                 | 1993 | F20  | Pringy                       | 36:10.2 | 8:45.6  |
| 27 | 327  | Yerly Elsa                    | 2003 | F20  | FSG Sâles                    | 36:12.4 | 8:47.8  |
| 28 | 409  | Seydoux Loris                 | 2002 | F20  | Neyruz                       | 36:19.2 | 8:54.6  |
| 29 | 355  | Brodard Agnès                 | 1996 | F20  | FSG Sâles / Gr. course Ollon | 36:24.8 | 9:00.2  |
| 30 | 390  | Turrini Laura                 | 1994 | F20  | SAB                          | 36:31.6 | 9:07.0  |
| 31 | 424  | Gurtner Valérie               | 1994 | F20  | SC-Lys                       | 36:34.6 | 9:10.0  |
| 32 | 292  | Schwartz Valérie              | 1997 | F20  | Athletic Team Rechthalten    | 36:57.8 | 9:33.2  |
| 33 | 279  | Schafer Daniela               | 1981 | F40  | LAT Sense                    | 37:01.2 | 9:36.6  |
| 34 | 293  | Schöpfer Corina               | 1994 | F20  | LAT Sense                    | 37:02.8 | 9:38.2  |
| 35 | 274  | Sallin Marianne               | 1963 | F60  | LAT Sense                    | 37:03.3 | 9:38.7  |
| 36 | 440  | Guex Carine                   | 1992 | F20  | ACPM Matran                  | 37:17.4 | 9:52.8  |
| 37 | 313  | Vial Clémence                 | 2007 | FCA  | CS Marsens                   | 37:23.8 | 9:59.2  |
| 38 | 215  | Oberson Solène                | 1996 | F20  | FSG Sâles                    | 37:28.2 | 10:03.6 |
| 39 | 365  | Cuennet Désirée               | 1996 | F20  | SAB                          | 37:36.1 | 10:11.5 |
| 40 | 72   | Da Silva Anabela              | 1973 | F50  | CA Portugais Fribourg        | 37:36.4 | 10:11.8 |
| 41 | 437  | Levrat Marie                  | 1998 | F20  | Vuadens                      | 37:37.2 | 10:12.6 |
| 42 | 375  | Frossard Chantal              | 1973 | F50  | SAB                          | 37:38.7 | 10:14.1 |
| 43 | 214  | Oberson Isabelle              | 1972 | F50  |                              | 38:01.4 | 10:36.8 |
| 44 | 198  | Meyer Sandra                  | 1988 | F20  |                              | 38:12.9 | 10:48.3 |
| 45 | 118  | Gardoni-Deffontaine Bénédicte | 1967 | F50  | CA Portugais Fribourg        | 38:29.8 | 11:05.2 |
| 46 | 444  | Hank Babette                  | 1974 | F40  | FSG Bulle                    | 38:34.8 | 11:10.2 |
| 47 | 22   | Bersier Chantal               | 1977 | F40  | A Travers Cugy               | 38:35.1 | 11:10.5 |
| 48 | 86   | Diserens Céline               | 1984 | F20  |                              | 38:36.4 | 11:11.8 |
| 49 | 267  | Rouiller Olivia               | 2001 | F20  | CA Marly                     | 38:38.6 | 11:14.0 |
| 50 | 324  | Wohlhauser Elodie             | 1986 | F20  | CAG Farvagny                 | 38:41.7 | 11:17.1 |
| 51 | 23   | Berthoud Alicia               | 1999 | F20  | CS Vallée du Flon            | 38:44.7 | 11:20.1 |
| 52 | 148  | Guillebeau Claudia            | 1973 | F50  | LAT Sense                    | 38:54.1 | 11:29.5 |
| 53 | 144  | Gremaud Mathilde              | 2003 | F20  | CS Marsens                   | 39:02.6 | 11:38.0 |
| 54 | 342  | Rime Mila                     | 2008 | FCB  | CS Marsens                   | 39:02.8 | 11:38.2 |
| 55 | 282  | Scheurer Isabelle             | 1972 | F50  | CARC Romont                  | 39:04.3 | 11:39.7 |
| 56 | 177  | Kolly Audrey Carole           | 1991 | F20  | ACPM Matran                  | 39:06.3 | 11:41.7 |
| 57 | 435  | Waldweger Jana                | 1956 | F60  | CAG Farvagny                 | 39:09.3 | 11:44.7 |
| 58 | 213  | Nöchel Ann-Christin           | 1993 | F20  | Team Catogne                 | 39:14.2 | 11:49.6 |
| 59 | 216  | Oberson Audrey                | 2007 | FCA  | CS Marsens                   | 39:15.8 | 11:51.2 |
| 60 | 188  | L'homme Emma                  | 1994 | F20  | SA Bulle                     | 39:22.8 | 11:58.2 |
| 61 | 291  | Schuwey Lena                  | 2008 | FCB  | SC Im Fang                   | 39:24.5 | 11:59.9 |
| 62 | 394  | Kapeller Gwendoline           | 2006 | FCA  | CAG Farvagny                 | 39:26.0 | 12:01.4 |
| 63 | 249  | Progin Axelle                 | 1998 | F20  | B3 Bulle Triathlon           | 39:30.2 | 12:05.6 |
| 63 | 1    | Abril Caroline                | 1996 | F20  | CARC Romont                  | 39:30.2 | 12:05.6 |
| 65 | 331  | Zbinden Chiara                | 2009 | FCB  | Marsens                      | 39:41.6 | 12:17.0 |
| 66 | 367  | Krantz Laurine                | 2000 | F20  | CS Marsens                   | 39:42.7 | 12:18.1 |
| 67 | 290  | Schuler Cosette               | 1997 | F20  | Team Lysalp                  | 39:47.8 | 12:23.2 |
| 68 | 124  | Girard Elsa                   | 1995 | F20  | FSG Sâles                    | 39:48.9 | 12:24.3 |



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|-----|------|---------------------------|------|------|---------------------------|---------|---------|
| 69  | 300  | Sturny Evelyne            | 1981 | F40  | LAT Sense                 | 39:49.8 | 12:25.2 |
| 70  | 276  | Savary Lomée              | 2006 | FCA  | SA bulle                  | 39:55.8 | 12:31.2 |
| 71  | 79   | Delacour Véronique        | 1966 | F50  | A Travers Cugy            | 40:02.8 | 12:38.2 |
| 72  | 281  | Schaller Anita            | 1962 | F60  | CA Marly                  | 40:03.0 | 12:38.4 |
| 73  | 228  | Perroud Adrienne          | 1996 | F20  | FSG Sâles                 | 40:05.0 | 12:40.4 |
| 74  | 91   | Douhéret Cynthia          | 1994 | F20  |                           | 40:15.6 | 12:51.0 |
| 75  | 186  | Lopes Cyntia              | 1993 | F20  |                           | 40:19.0 | 12:54.4 |
| 76  | 339  | Deillon Christine         | 1979 | F40  | CS Vallée du Flon         | 40:27.6 | 13:03.0 |
| 77  | 44   | Bérard Violette           | 1975 | F40  | CARC Romont               | 40:29.4 | 13:04.8 |
| 78  | 68   | Crausaz Delphine          | 1990 | F20  | A Travers Cugy            | 40:31.8 | 13:07.2 |
| 79  | 426  | Michel Séverine           | 1980 | F40  | La Tour-de-Trême          | 40:31.9 | 13:07.3 |
| 80  | 182  | Lebraud Marion            | 1995 | F20  |                           | 40:32.0 | 13:07.4 |
| 81  | 10   | Ayer Chantal              | 1965 | F50  | CAG Farvagny              | 40:37.2 | 13:12.6 |
| 82  | 251  | Progin-Grangier Cécile    | 1976 | F40  | SA Bulle                  | 40:46.8 | 13:22.2 |
| 83  | 90   | Dorthe Rachel             | 1970 | F50  | CARC Romont               | 40:53.6 | 13:29.0 |
| 84  | 70   | Cuche Lucia               | 2008 | FCB  | CA Portugais Fribourg     | 41:19.2 | 13:54.6 |
| 85  | 110  | Fragnière Ursula          | 1968 | F50  | CS Marsens                | 41:22.2 | 13:57.6 |
| 86  | 102  | Ecoffey Clémence          | 2000 | F20  | CS Marsens                | 41:23.8 | 13:59.2 |
| 87  | 64   | Cochard Sarah             | 1973 | F50  | CAG Farvagny              | 41:27.7 | 14:03.1 |
| 88  | 56   | Chassot Sandra            | 1977 | F40  | CS Vallée du Flon         | 41:29.8 | 14:05.2 |
| 89  | 306  | Thomann Eva               | 2000 | F20  |                           | 41:31.1 | 14:06.5 |
| 90  | 76   | Decorvet Véronique        | 1974 | F40  |                           | 41:38.1 | 14:13.5 |
| 91  | 307  | Torche Anne-Marie         | 1961 | F60  | CAG Farvagny              | 41:44.8 | 14:20.2 |
| 92  | 192  | Marro Céleste             | 2007 | FCA  | Cs marsens                | 41:52.3 | 14:27.7 |
| 93  | 15   | Balesi Corinne            | 1979 | F40  |                           | 41:53.1 | 14:28.5 |
| 94  | 14   | Baldeck Tra               | 1981 | F40  | CARC Romont               | 41:53.4 | 14:28.8 |
| 95  | 275  | Sansonnens Edmée-Angeline | 1982 | F40  | Athletic Team Rechthalten | 41:54.3 | 14:29.7 |
| 96  | 164  | Jenni Loreline            | 2006 | FCA  |                           | 42:03.3 | 14:38.7 |
| 97  | 69   | Cuche Christel            | 1972 | F50  | CA Portugais Fribourg     | 42:32.2 | 15:07.6 |
| 98  | 396  | Rey Anais                 | 1996 | F20  | A Travers Cugy            | 42:42.2 | 15:17.6 |
| 99  | 85   | Dervey Ludmilla           | 1989 | F20  |                           | 42:46.0 | 15:21.4 |
| 100 | 75   | De Gasparo Corinne        | 1971 | F50  | LAT Sense                 | 42:50.5 | 15:25.9 |
| 101 | 139  | Goutte Aurélie            | 1981 | F40  | CS Vallée du Flon         | 42:56.3 | 15:31.7 |
| 102 | 71   | Curat Mahault             | 1997 | F20  | A Travers Cugy            | 43:02.3 | 15:37.7 |
| 103 | 329  | Zahno Angela              | 1995 | F20  | Athletic Team Rechthalten | 43:08.2 | 15:43.6 |
| 104 | 223  | Papaux Zoé                | 2004 | F19  | CS Vallée du Flon         | 43:28.5 | 16:03.9 |
| 105 | 208  | Moret Charlotte           | 1992 | F20  |                           | 43:43.9 | 16:19.3 |
| 106 | 285  | Schouwey Maeva            | 2001 | F20  | CS Hauteville             | 43:46.8 | 16:22.2 |
| 107 | 31   | Both Camille              | 1996 | F20  | CS Neirivue               | 43:57.9 | 16:33.3 |
| 108 | 18   | Bard Orélie               | 2001 | F20  |                           | 44:15.4 | 16:50.8 |
| 109 | 94   | Dudan Noémie              | 1993 | F20  |                           | 44:15.6 | 16:51.0 |
| 110 | 371  | Papaux Mélanie            | 1994 | F20  | Lessoc Tour du Lac        | 44:17.5 | 16:52.9 |
| 111 | 266  | Rouiller Cindy            | 1992 | F20  |                           | 44:17.9 | 16:53.3 |



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|-----|------|----------------------|------|------|---------------------|---------|---------|
| 112 | 100  | Détrée Léa           | 1997 | F20  |                     | 44:24.5 | 16:59.9 |
| 113 | 272  | Ruffieux Chloé       | 1994 | F20  |                     | 44:26.8 | 17:02.2 |
| 114 | 264  | Rossier Jocelyne     | 1992 | F20  | CS Broc             | 44:27.2 | 17:02.6 |
| 115 | 189  | Magnin Elodie        | 2006 | FCA  | CS Hauteville       | 44:32.8 | 17:08.2 |
| 116 | 399  | Simon Margot         | 2003 | F20  | Villargiroud        | 44:35.7 | 17:11.1 |
| 117 | 145  | Gremaud Camille      | 2005 | F19  |                     | 44:44.1 | 17:19.5 |
| 118 | 344  | Oberson Mélanie      | 1981 | F40  | CS Marsens          | 44:59.1 | 17:34.5 |
| 119 | 181  | Lagger Adeline       | 1991 | F20  | CS Le Pâquier       | 45:20.4 | 17:55.8 |
| 120 | 97   | Dutoit Christelle    | 1979 | F40  |                     | 45:37.9 | 18:13.3 |
| 121 | 195  | Menoud Alice         | 2009 | FCB  | CS Marsens          | 46:03.4 | 18:38.8 |
| 122 | 41   | Buffet Alison        | 1998 | F20  |                     | 46:03.9 | 18:39.3 |
| 123 | 351  | Savary Julie         | 2007 | FCA  | VBC Bulle           | 46:26.6 | 19:02.0 |
| 124 | 140  | Grand Marion         | 1974 | F40  | CAG Farvagny        | 46:39.6 | 19:15.0 |
| 125 | 133  | Gobet Papaux Carole  | 1979 | F40  | CARC Romont         | 47:08.4 | 19:43.8 |
| 126 | 168  | Joye Muriel          | 1992 | F20  |                     | 47:16.7 | 19:52.1 |
| 127 | 180  | Lagger Jessica       | 1982 | F40  |                     | 47:19.5 | 19:54.9 |
| 128 | 6    | Andrey Annie         | 1980 | F40  |                     | 47:35.8 | 20:11.2 |
| 129 | 237  | Piller Valentine     | 2007 | FCA  |                     | 47:39.9 | 20:15.3 |
| 130 | 35   | Brodard Elisa        | 2009 | FCB  |                     | 47:40.4 | 20:15.8 |
| 131 | 24   | Berthoud Noémie      | 2004 | F19  |                     | 47:50.4 | 20:25.8 |
| 132 | 241  | Pinho Christine      | 1970 | F50  | CAG Farvagny        | 47:55.5 | 20:30.9 |
| 133 | 438  | Colliard Christine   | 1958 | F60  | St-Martin           | 47:56.5 | 20:31.9 |
| 134 | 9    | Arena Ambre          | 2003 | F20  |                     | 47:58.6 | 20:34.0 |
| 135 | 260  | Rollot Pauline       | 1986 | F20  | CSPL                | 48:09.8 | 20:45.2 |
| 136 | 427  | Décrind Sarah        | 1996 | F20  | La Roche            | 48:10.6 | 20:46.0 |
| 137 | 358  | Perazzini Gwendoline | 1979 | F40  | Puidoux             | 48:36.5 | 21:11.9 |
| 138 | 414  | Descloux Sandra      | 1991 | F20  | Vuisternens-en-Ogoz | 48:48.5 | 21:23.9 |
| 139 | 413  | Dubey Gladis         | 1989 | F20  | Billens             | 48:48.8 | 21:24.2 |
| 140 | 135  | Gogniat Marie-Claire | 1954 | F60  |                     | 49:02.2 | 21:37.6 |
| 141 | 169  | Jungo Anita          | 1952 | F60  | LAT Sense           | 49:08.1 | 21:43.5 |
| 142 | 242  | Pittet Christine     | 1964 | F50  |                     | 50:13.8 | 22:49.2 |
| 143 | 230  | Philipona Christine  | 1972 | F50  | CS Marsens          | 50:17.1 | 22:52.5 |
| 144 | 353  | Menoud Océane        | 2009 | FCB  | Romanens            | 50:43.0 | 23:18.4 |
| 145 | 98   | Dutoit Mallauray     | 2000 | F20  |                     | 50:59.1 | 23:34.5 |
| 146 | 80   | Delacour Cindy       | 1976 | F40  |                     | 51:46.4 | 24:21.8 |
| 147 | 236  | Pilet Christine      | 1970 | F50  |                     | 52:06.2 | 24:41.6 |